

# **Defensive Soccer Tactics**

**By Jens Bangsbo; Birger Peitersen**

**Offensive Soccer Tactics by Jens Bangsbo, Birger -**

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Providing soccer tactics for coaches and players.Â Rondo Drill for precise passing under pressure and a quick transition from defense into offense! See all. Recommendations and reviews. Recommended by 7 people. Informative resource for coaches. Defensive team tactics may be as straightforward as deciding where to first engage and pressure the opponentsâ€™ buildup play. If you decide that your opponents are highly skillful in possession of the ball and can play cleverly and quickly through a team that lacks compactness, you may decide to defend deeper with the first serious defense against the player on the ball taking place around the halfway line and with your strikers exerting that pressure. So what are soccer tactics? Itâ€™s easy really, a tactic or strategy is more or less they style in which a team plays. Some teams keep the ball, others play long ball, and some play a more defensive game while others are more attack minded. One coachâ€™s tactics can be completely different from the next and the beauty of it is both can have success. Tactics can include a teamâ€™s formation, areas on the field to exploit, how they play when they have the ball and when they donâ€™t and many other factors as well.

Defensive team tactics may be as straightforward as deciding where to first engage and pressure the opponents'™ buildup play. If you decide that your opponents are highly skillful in possession of the ball and can play cleverly and quickly through a team that lacks compactness, you may decide to defend deeper with the first serious defense against the player on the ball taking place around the halfway line and with your strikers exerting that pressure. The defensive soccer drills and games in this section will help you coach your players to work as a unit at the back. We look at how your players should.Â Soccer Coach Weekly offers proven and easy to use soccer drills, coaching sessions, practice plans, small-sided games, warm-ups, training tips and advice. We've been at the cutting edge of soccer coaching since we launched in 2007, creating resources for the grassroots youth coach, following best practice from around the world and insights from the professional game. It would not be wrong if one said that even sound defensive tactics can win matches for a team. These tactics are not just about tackling the attacker, but it is also about helping your own team score goals. They say that offense is the best form of defense. But for soccer players, it is all about defending your goal to strengthen the attacking prowess. No wonder players like Rio Ferdinand, Gary Neville, and Mikael Silvestre have played pivotal roles in the smashing success rates for Arsenal F.C. and Manchester United.

Defensive Soccer Tactics provides complete coverage of individual and team defensive systems, strategies, and tactics, with more than 100 diagrams that illustrate proper defensive positioning. No other book offers the depth of information in Defensive Soccer Tactics. Learn to assess the defensive system and st Prepare your defense for the most challenging offensive attacks! There are various individual skills and team tactics needed to play effective football. Football is in theory a very simple game, as illustrated by Kevin Keegan's famous assertion that his tactics for winning a match were to "score more goals than the opposition". However, well-organised and well-prepared teams are often seen beating teams with supposedly more skillful players, even over time. Coaching manuals and books generally cover not only individual skills but tactics as well. Defensive team tactics may be as straightforward as deciding where to first engage and pressure the opponents's™ buildup play. If you decide that your opponents are highly skillful in possession of the ball and can play cleverly and quickly through a team that lacks compactness, you may decide to defend deeper with the first serious defense against the player on the ball taking place around the halfway line and with your strikers exerting that pressure.