

## Man Eating Bugs

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*Man Eating Bugs: The Art and Science of Eating Insects* is a non-fiction book by Peter Menzel and Faith D'Alusio.

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### Book summary

The authors traveled to 13 countries to taste insects. The book talks about eating insects and how to harvest them. The insects in the book include *Theraphosa blondi* (a bird-eating tarantula), jumil stinkbugs, witchetty grub, and silkworms. Faith recommends that people who are new to insect eating start with insects that crisp up well when roasted and avoiding things like worms, which are too chewy, or cicadas, which are too fleshy and tough.<sup>[1]</sup>

### Reception

It was reviewed by Whole Earth,<sup>[2]</sup> New Scientist,<sup>[3]</sup> and Salt Lake Tribune.<sup>[4]</sup>

### See also

- Entomophagy
- The Eat-A-Bug Cookbook*

### References

- Austin Chronicle (http://www.austinchronicle.com/gyrobase/Issue/story?oid=oid%3A521699)
- Whole Earth (http://www.highbeam.com/doc/1G1-19777385.html)
- New Scientist (http://www.newscientist.com/article/mg16121795.700-yum-yum-yum.html)
- Salt Lake Tribune (http://nl.newsbank.com/nl-search/we/Archives?p\_product=SLTB&p\_theme=sltb&p\_action=search&p\_maxdocs=200&p\_topdoc=1&p\_text\_direct-0=100F2B9F897949B2&p\_field\_direct-0=document\_id&p\_perpage=10&p\_sort=YMD)

### External links

- The Independent (http://www.independent.co.uk/life-style/eating-insects-tickle-your-taste-buds-1070582.html)
- Book review - Man Eating Bugs (http://opengrowd.com/book/book-review-man-eating-bug-art-and-science-eating-insects)

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Categories: 1998 books | Books about food and drink | Insects as food | Food and drink publication stubs

Man Eating Bugs



<b>Author</b>	Peter Menzel and Faith D'Alusio
<b>Country</b>	United States
<b>Language</b>	English
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<b>Publication date</b>	1998
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Man Eating Bugs: The Art and Science of Eating Insects is a non-fiction book by Peter Menzel and Faith D'Alusio. Contents. 1 Book summary. Book summary. The authors traveled to 13 countries to taste insects. The book talks about eating insects and how to harvest them. The insects in the book include Theraphosa blondi (a bird-eating tarantula), jumil stinkbugs, witchetty grub, and silkworms. Free Shipping on orders over \$35. Buy Man Eating Bugs : The Art and Science of Eating Insects at Walmart.com. Not because I am interested in eating bugs or insects - but because this topic came up during our group read of Half of a Yellow Sun and this made me curious. I knew already about the fact that bugs are a very good protein source and I have heard about roasted grasshoppers and have seen scorpions in a candy (Aargh, my son ate that).