



# Faith Regional Health Services

Health Resource Center  
(402) 644-7348

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Adolescent Health</b>			
Body Image for Boys	Cambridge Educational		
Boundaries in dating : making dating work	Cloud, Henry. / Townsend, John Sims, 1952-		
Caring for your teenager : the complete and authoritative guide	Greydanus, Donald E. / Bashe, Philip. / American Academy of Pediatrics.		
Chicken soup for the teenage soul : 101 stories of life, love, and learning	Canfield, Jack, 1944- / Hansen, Mark Victor. / Kirberger, Kimberly, 1953-		
Chicken soup for the teenage soul II : 101 more stories of life, love, and learning	Canfield, Jack, 1944- / Hansen, Mark Victor. / Kirberger, Kimberly, 1953-		
Chicken soup for the teenage soul III : more stories of life, love, and learning	Canfield, Jack, 1944- / Hansen, Mark Victor. / Kirberger, Kimberly, 1953-		
Chicken soup for the teenage soul IV : stories of life, love, and learning	Canfield, Jack, 1944-		
Coping with Stress (adolescents)	Packard, Gwen		
Dangerous dating : helping young women break out of abusive relationships	Gaddis, Patricia Riddle.		
Girltalk : all the stuff your sister never told you	Weston, Carol.		
Healthy teens, body and soul : a parent's complete guide to adolescent health	Marks, Andrea, M.D. / Rothbart, Betty.		
How to say it to teens : talking about the most important topics of their lives	Heyman, Richard D.		
The myth of maturity : what teenagers need from parents to become adults	Apter, T. E.		
Private and personal : questions and answers for girls only	Weston, Carol.		
Queen Bees & Wannabees : Helping your daughter survive cliques, gossip, boyfriends & other realities of adolescence	Wiseman, Rosalind		
Raising Strong Daughters	Gadeberg, Jeanette		
Science of the sexes : Growing up	Discovery channel		
Science of the sexes - 2 part series : Different by design	Discovery channel		
Sex and sensibility : the thinking parents guide to talking about sex	M.S., Deborah M. Roffman,.		
The sex lives of teenagers : revealing the secret world of adolescent boys and girls	Ponton, Lynn E.		
Talking to your kids about sex	Laaser, Mark R.		
The teen health book : a parents' guide to adolescent health and well-being	Lopez, Ralph I.		
Teen species - 3 part series : Almost grown	TLC		
Teen species - 3 part series : Boys	TLC		
Teen species - 3 part series : Girls	TLC		
Ten talks parents must have with their children about sex an	Schwartz, Pepper. / Cappello, Dominic.		

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Title	Author	Location	Order
<b>Category: Adolescent Health</b>			
**Ten talks parents must have with their children about sex an	Schwartz, Pepper. / Cappello, Dominic.		
The Unplanned Pregnancy Book : For Teens and College Students	Williams-Wheeler, Dorrie		
Too Old for This, Too Young For That! : Your survival guide for the middle-school years	Mosatche, Harriet S. / Unger, Karen		
What to do for teen health : easy to read, easy to use	Mayer, Gloria G. / Kuklierus, Ann.		
Why do they act that way? : a survival guide to the adolescent brain for you and your teen	Walsh, David Allen. / Bennett, Nat.		
<b>Category: Aging</b>			
Accepting life's transitions	FFH		
Achieving Optimal Memory	Nelson, Aaron		
Age happens : Psychological and physiological aspects of aging	Aquarius		
Aging Well	Vaillant, George E.		
And thou shalt honor : the caregiver's companion	McLeod, Beth Witrogen, 1948-		
Caregiving : the spiritual journey of love, loss, and renewal	McLeod, Beth Witrogen, 1948-		
Caring for your parents	WGBH Boston Video		
Caring for yourself while caring for your aging parents : how to help, how to survive	Berman, Claire.		
Coming of age gracefully	AAL		
Coping with your difficult older parent : a guide for stressed-out children	Lebow, Grace. / Kane, Barbara, 1949- / Lebow, Irwin.		
Dr. Andrew Weil's Healthy Aging	Acadia		
Elder rage : or, take my father ... please! ; how to survive caring for aging parents	Marcell, Jacqueline.		
The encyclopedia of senior health and well-being (Facts on File library of health and living)	Kandel, Joseph. / Adamec, Christine A., 1949-		
Ending elder abuse : a family guide	Sandell, Diane S., 1937- / Hudson, Lois, 1933-		
Focus on the family complete guide to caring for aging loved the official book of the Focus on the Family Physicians Resource Council.			
Focus on the family complete guide to caring for aging loved the official book of the Focus on the Family Physicians Resource Council.	Focus on the Family Physicians Resource Council		
Growing older & wiser : Coping with expectations, challenges, and change in the later years	Billig, Nathan		
Healthy aging : a lifelong guide to your physical and spiritual well-being 1st Knopf ed.	Weil, Andrew.		
Home sweet home : How to help older adults live independently	AAL		
How to care for aging parents : a complete guide	Morris, Virginia.		
Mayo Clinic on healthy aging	Creagan, Edward T. / Mayo Clinic.		
Nutrition & Aging : A journey of discovery	Aquarius		

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<b>Category: Aging</b>			
Physical and mental issues in aging sourcebook : basic consumer health information on physical and mental disorders associated with the ag (Health reference series)	Swanson, Jenifer.		
Rules for Aging : A wry and witty guide to life	Rosenblatt, Roger		
Rules for Aging : A wry and witty guide to life	Rosenblatt, Roger		
Simple changes : the boomer's guide to a healthier, happier life	Porter, L. Joe, 1938-		
Successful Aging	Rowe M.D., John W. / Kahn Ph.D., Robert L.		
When someone you love needs nursing home care : the complete guide	Bornstein, Robert F. / Languirand, Mary A.		
When someone you love needs nursing home care : the complete guide	Bornstein, Robert F. / Languirand, Mary A.		
When your parent needs you : Guide to positive growth when caring for aging parents	Aquarius		
<b>Category: Alternative Medicine</b>			
Acupressure : The timeless art of self healing			
Alternative medicine	Discovery channel production		
Alternative Medicine : The definitive guide	Goldberg		
Alternative medicine and spinal cord injury : beyond the banks of the mainstream	Johnston, Laurance.		
**Alternative medicine for dummies (--For dummies)	Dillard, James. / Ziporyn, Terra Diane, 1958-		
Alternatives Uncovered - 6 volume series : Volume 1	Discovery Health		
Alternatives Uncovered - 6 volume set : Volume 2	Discovery Health		
Alternatives Uncovered - 6 volume set : Volume 3	Discovery Health		
Alternatives Uncovered - 6 volume set : Volume 4	Discovery Health		
Alternatives Uncovered - 6 volume set : Volume 5	Discovery Health		
Alternatives Uncovered - 6 volume set : Volume 6	Discovery Health		
Encyclopedia of natural medicine	Murray, Michael T. / Pizzorno, Joseph E.		
Encyclopedia of nutritional supplements : the essential guide for improving your health naturally	Murray, Michael T.		
Mediatation : Alternative Therapies: a scientific exploration	FFH		
The natural pharmacy	Liningner, Schuyler W.		
Professional's handbook of complementary & alternative medic	Springhouse Corporation.		
**Reflexology : The timeless art of self healing	Goldhil Video		
Reflexology basics	Brown, Denise		
<b>Category: Alzheimer's</b>			
A Caregiver's Guide to Alzheimers (Agendas for aging)	Shanks, Lela Knox.		

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Title	Author	Location	Order
<b>Category: Alzheimer's</b>			
Alzheimer's activities : hundreds of activities for men and women with Alzheimer's disease and related disorders	FitzRay, B. J., 1941-		
Alzheimer's disease	Dash, Paul, 1954- / Villemarette-Pittman, Nicole, 1976-		
Alzheimer's disease : a guide for families and caregivers	D., Lenore Powell, Ed.		
Alzheimer's disease : the dignity within : a handbook for caregivers, family, and friends	Callone, Patricia R.		
Alzheimer's Disease : What everyone should know	National Family Caregivers Association		
Alzheimer's: A practical guide for caregivers	Milner-Fenwick		
Alzheimers: The Answers You Need	Davies, Helen D. / Jensen, Michael P.		
The best friends approach to Alzheimer's care	Bell, Virginia. / Troxel, David.		
The complete guide to Alzheimer's-proofing your home	Warner, Mark L., 1948-		
Courage to care : a caregiver's guide through each stage of alzheimer's	Parrent, Joanne.		
Dementia : Putting together the pieces of the puzzle	Aquarius		
The encyclopedia of memory and memory disorders (Facts on File library of health and living)	Turkington, Carol. / Harris, Joseph, 1951 Dec. 20-		
Enhancing the quality of life in advanced dementia	Volicer, Ladislav. / Bloom-Charette, Lisa.		
Failure-free activities for the Alzheimer's patient : a guidebook for caregivers	Sheridan, Carmel.		
Failure-free activities for the Alzheimer's patient : a guidebook for caregivers	Sheridan, Carmel.		
Family guide to alzheimer's disease - 5 part series : Vol. 1 - Understanding alzheimer's	Lifeview		
Family guide to alzheimer's disease - 5 part series : Vol. 2 - behavioral issues	Lifeview		
Family guide to alzheimer's disease - 5 part series : Vol. 3 - Daily Llife	Lifeview		
Family guide to alzheimer's disease - 5 part series : Vol. 4 - Family caregiving	Lifeview		
Family guide to alzheimer's disease - 5 part series : Vol. 5 - Transitions	Lifeview		
Grandpa doesn't know it's me	Guthrie, Donna. / Arnsteen, Katy Keck.		
Grandpa doesn't know it's me	Guthrie, Donna. / Arnsteen, Katy Keck.		
Learning to speak Alzheimer's : a groundbreaking approach for everyone dealing with the disease	Coste, Joanne Koenig.		
Living with Alzheimers	Films for the humanities and sciences		
Losing My Mind : An Intimate Look at Life with Alzheimer's	DeBaggio, Thomas		
Losing My Mind : An Intimate Look at Life with Alzheimer's	DeBaggio, Thomas		
Management of challenging behaviors in dementia	Mahoney, Ellen, 1948- / Volicer, Ladislav. / Hurley, Ann, DSc.		
Mayo Clinic on Alzheimer's disease	Petersen, Ronald C., 1946- / Mayo Clinic.		

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Title	Author	Location	Order
<b>Category: Alzheimer's</b>			
My journey into Alzheimer's disease	Davis, Robert, 1933- / Davis, Betty.		
New hope for people with Alzheimer's and their caregivers (New hope series)	Shimer, Porter.		
Shining a Light on Alzheimer's Disease	Alzheimer's Association		
Taking the steps: Healthy brain aging	Alzheimer's Association		
Talking to Alzheimer's : simple ways to connect when you visit with a family member or friend	Strauss, Claudia J., 1952-		
Talking to Alzheimer's : simple ways to connect when you visit with a family member or friend	Strauss, Claudia J., 1952-		
The 36-Hour Day : A family guide for persons with alzheimer's disease	Mace, Nancy L. / Rabins, Peter V.		
The 36-Hour Day : A family guide to caring for persons with alzheimer's disease	Mace, Nancy L. / Rabins, Peter V.		
The Forgetting : A portrait of Alzheimer's	PBS Video		
The forgetting: alzheimer's portrait of an epidemic	Shenk, David		
There's Still a Person in There : The complete guide to treating and coping with alzheimer's	Castleman, Michael / Gallagher-Thompson Ph.D., Delores / Naythons M.D., Matthew		
Until the trees are bare : Losing one's parents to dementia	Lay-Dopyera, Margaret		
Waiting for the morning : A mother and daughter's journey through alzheimer's disease	Sibley, Brenda Parris		
What if it's not Alzheimer's : a caregiver's guide to dementia	Radin, Lisa, 1944- / Radin, Gary, 1969-		
When someone you love has alzheimer's : What you must know, what you can do, what you should expect...	Larkin, Marilyn		
Younger people with dementia : planning, practice, and development	Cox, Sylvia. / Keady, John, 1961-		
<b>Category: Arthritis</b>			
Arthritis	Clough, John D.		
Arthritis - Osteoarthritis	Time Life		
Arthritis 101 : answers to your questions about arthritis.			
The Arthritis Foundation's guide to alternative therapies	Horstman, Judith. / Arnold, William J., 1945-		
The Arthritis Foundation's guide to alternative therapies	Horstman, Judith. / Arnold, William J., 1945-		
Arthritis Foundation's guide to good living with osteoar, Th	Arthritis Foundation.		
Arthritis Foundation's guide to good living with osteoar, Th	Arthritis Foundation.		
Arthritis Foundation's guide to good living with osteoar, Th	Arthritis Foundation.		
Arthritis Foundation's guide to good living with rheumat, Th	Arthritis Foundation.		
The Arthritis Foundation's guide to managing your arthritis	Dunkin, Mary Anne.		
The arthritis helpbook : a tested self-management program for coping with arthritis and fibromyalgia	Lorig, Kate. / Fries, James F.		

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Title	Author	Location	Order
<b>Category: Arthritis</b>			
Arthritis of the hip & knee : the active person's guide to taking charge	Allen, Ronald J. (Ronald Jay), 1948- / Brander, Victoria Anne. / Stulberg, S. David.		
Conquering rheumatoid arthritis : the latest breakthroughs and treatments	Lee, Thomas F.		
Conquering rheumatoid arthritis : the latest breakthroughs and treatments	Lee, Thomas F.		
Exercises for arthritis	O'Driscoll, Erin.		
The first year--rheumatoid arthritis : an essential guide for the newly diagnosed (The complete first year series)	McNeil, M. E. A.		
Good Living With Osteoarthritis	Arthritis Foundation.		
Keeping a secret : A story about juvenile rheumatoid arthritis	Murphy-Melas, Elizabeth		
Living with arthritis	Milner-Fenwick		
Living with Arthritis	Films for the humanities and sciences		
Living with Arthritis (Healthy Mind Healthy Body TV series)			
Living with rheumatoid arthritis	Shlotzhauer, Tammi L. / McGuire, James L.		
Mayo Clinic on arthritis	Hunder, Gene G. / Mayo Clinic.		
Raising a child with arthritis : a parents guide.	Arthritis Foundation.		
Rheumatoid arthritis : everything you need to know	Lahita, Robert G. (Robert George), 1945-		
Rheumatoid Arthritis : Living with Rheumatoid Arthritis	Films for the humanities and sciences		
Rheumatoid Arthritis : Living with Rheumatoid Arthritis	Films for the humanities and sciences		
Strong Women and Men Beat Arthritis	Baker, Kristin / Roubenoff, Ronenn / Lindner, Lawrence		
Strong Women and Men Beat Arthritis : The Scientifically Proven Program That Allows People With Arthritis to Take Charge of Their Disease	Nelson, Miriam E., Ph.D. / Baker, Kristin R., Ph.D. / Roubenoff, Ronenn, Md.		
Wear and tear : stop the pain and put the spring back in your body	Arnot, Robert Burns.		
Your child with arthritis : a family guide for caregiving	Tucker, Lori B.		
<b>Category: Audio</b>			
Beethoven's Moonlight			
CD Player			
CD Player			
CD Player			
Celtic Harp			
Celtic Hymns : Traditional hymns performed by Celtic ensemble Reta Ceol			
Celtic Whispers	Millar, Will		
Classical Guitar			
Daydream			
Dinner Music : Romantic saxophone quintet			
Dreamsurf : Ocean waves for relaxation			

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Title	Author	Location	Order
<b>Category: Audio</b>			
Inner Peace			
Italian love songs			
Malt shop memories			
Mozart : For Relaxation			
Oasis : Classics for the bath			
Ocean Waves			
Piano Classics	Hilliard, Aubrey		
Piano Memories			
Praise & Worship			
Pure Relaxation			
Rain and Thunder			
Relax : Calming melodies and gentle waves.	Reflexions of nature		
Relaxing Celtic			
Relaxing Tides			
Rest & Relaxation	Smith, Montgomery		
Rest & Relaxation	Smith , Mongomery		
The Romantic Pan Flute			
**Sleep : Reflections of Nature			
**Spirit Dreams	Tomas Walker		
Spirit Flutes	Maracle, David R.		
Waterfalls			
Yoga			
<b>Category: Brain &amp; Spinal Cord</b>			
Brain aneurysms and vascular malformations : A guide for patients and families	Nussbaum, Eric		
The brain disorders sourcebook	Cicala, Roger.		
The brain disorders sourcebook	Cicala, Roger.		
Brain Fitness Program	PBS DVD Video		
The encyclopedia of the brain and brain disorders (Facts on File library of health and living)	Turkington, Carol. / Turkington, Carol. Brain encyclopedia.		
I Can't Remember Me : Recovery After Traumatic Brain Injury	Martin-Urban, Judy / Martin Larson, Courtney		
Inside the head : New dimensions in brain research	Films for the humanities and sciences		
Mind wide open : your brain and the neuroscience of everyday life	Johnson, Steven.		
Music therapy and traumatic brain injury : a light on a dark night	Gilbertson, Simon. / Aldridge, David, 1947-		
Spinal cord injury : guide for living	palmer, sara / kriegsman, kay harris / palmer, jeffrey		
Synaptic Self : How our brains become who we are	LeDoux, Joseph		
The brain, our universe within - 3 part series : Matter over mind	Discovery channel		
The brain, our universe withing - 3 part series : Evolution and perception	Discovery channel		
The brain, our universe withing - 3 part series : Memory and renewal	Discovery channel		

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<b>Category: Brain &amp; Spinal Cord</b>			
The Secret Life of the Brain	PBS DVD Video		
Your Brain : The Missing Manual, How to get the most from your mind.	MacDonald, Matthew		
<b>Category: Cancer</b>			
100 Q&A about bladder cancer	Ellsworth, Pamela. / Carswell, Brett.		
100 questions & answers about bone marrow and stem cell tran	Carrier, Ewa. / Ledingham, Gracy.		
100 questions & answers about bone marrow and stem cell tran	Carrier, Ewa. / Ledingham, Gracy.		
100 questions & answers about breast surgery	Disa, Joseph J. / Keuchel, Marie Czenko.		
100 questions & answers about cancer symptoms and cancer tre	Kelvin, Joanne Frankel. / Tyson, Leslie B.		
100 questions & answers about caring for family or friends w	Rose, Susannah. / Hara, Richard.		
100 questions & answers about caring for family or friends w	Rose, Susannah. / Hara, Richard.		
100 Questions & Answers About Caring for Family or Friends with Cancer	Rose, Susannah. / Hara, Richard.		
100 Questions & Answers About Caring for Family or Friends with Cancer	Rose, Susannah. / Hara, Richard.		
100 questions & answers about colorectal cancer	Bub, David S. / Rose, Susannah. / Wong, W. Douglas.		
100 questions & answers about colorectal cancer	Bub, David S. / Rose, Susannah. / Wong, W. Douglas.		
100 questions & answers about esophageal cancer	Ginex, Pamela. / Hanson, Jacqueline. / Frazzitta, Bart L.		
100 questions & answers about leukemia	Ball, Edward D. (Edward David), 1950- / Lelek, Gregory A.		
100 questions & answers about leukemia	Ball, Edward D. (Edward David), 1950- / Lelek, Gregory A.		
100 questions & answers about lung cancer	Parles, Karen. / Schiller, J. H. (Joan H.), 1954-		
100 questions & answers about lung cancer	Parles, Karen. / Schiller, J. H. (Joan H.), 1954-		
100 questions & answers about lymphoma	Holman, Peter, M.D. / Garrett, Jodi. / Jansen, William D.		
100 questions & answers about lymphoma	Holman, Peter, M.D. / Garrett, Jodi. / Jansen, William D.		
100 questions & answers about melanoma and other skin cancer	McClay, Edward F. / McClay, Mary-Eileen T. / Smith, Jodie.		
100 questions & answers about melanoma and other skin cancer	McClay, Edward F. / McClay, Mary-Eileen T. / Smith, Jodie.		
100 questions & answers about mesothelioma	Pass, Harvey I. / Roy, Laura. / Vento, Susan.		
100 questions & answers about myeloma	Bashey, Asad, 1960- / Huston, James W.		
100 questions & answers about ovarian cancer	Dizon, Don S. / Abu-Rustum, Nadeem R. / Brown, Andrea Gibbs.		
100 questions & answers about pancreatic cancer	O'Reilly, Eileen. / Kelvin, Joanne Frankel.		
100 questions & answers about pancreatic cancer	O'Reilly, Eileen. / Kelvin, Joanne Frankel.		



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Title	Author	Location	Order
<b>Category: Cancer</b>			
100 questions & answers about prostate cancer	Ellsworth, Pamela. / Heaney, John A. / Gill, Oliver.		
100 questions & answers about prostate cancer	Ellsworth, Pamela. / Heaney, John A. / Gill, Oliver.		
100 questions & answers about your child's cancer	Carroll, William L. / Reisman, Jessica B.		
100 Questions & Answers for Women Living with Cancer	Krychman M.D., Michael L.		
100 Questions and Answers about Brain Tumors	Stark-Vance, Virginia.		
100 Questions and Answers About Breast Cancer	Brown, Zora / Leffall, LaSalle D.		
100 Questions and Answers about Kidney Cancer	Campbell, Steven C.		
100 questions and answers about liver cancer	Abou-Alfa, Ghassan K. / DeMatteo, Ronald.		
100 questions and answers about ovarian cancer 2nd ed.	Dizon, Don S. / Abu-Rustum, Nadeem R.		
A Friend for Life : A story and activity book for kids with cancer	Cancervive		
A Man's Guide to Women's Breast Cancer : Partners in Hope			
Adult leukemia : a comprehensive guide for patients and families (Patient-centered guides)	Lackritz, Barb (Barbara B.), 1938-		
Adult leukemia : a comprehensive guide for patients and families (Patient-centered guides)	Lackritz, Barb (Barbara B.), 1938-		
Adult Primary Liver Cancer : The official patient's sourcebook	Parker, James / Parker, Philip		
Affirmations for Living Beyond Cancer	Siegel, Bernie S.		
After Breast Cancer : Answers to the Questions You're Afraid to Ask	Mayer, Musa		
After cancer treatment : heal faster, better, stronger (A Johns Hopkins Press health book)	Silver, J. K. (Julie K.), 1965-		
**After mastectomy : healing physically and emotionally	Benedet, Rosalind Dolores.		
American Cancer Society's complementary and alternative cancer methods handbook.	American Cancer Society.		
American Cancer Society's complete guide to prostate cancer	Bostwick, David G. / American Cancer Society.		
American Cancer Society's complete guide to prostate cancer	Bostwick, David G. / American Cancer Society.		
American Cancer Society's Guide to complementary and alterna	American Cancer Society.		
American Cancer Society's guide to pain control : understanding and managing cancer pain.	American Cancer Society.		
Angels & monsters : a child's eye view of cancer	Murray, Lisa. / Howard, Billy. / American Cancer Society.		
The art of caregiving : how to lend support and encouragement to those with cancer	Barry, Michael S.		
Back to Work After Breast Cancer			
Back to work after breast cancer	Www.cancerinfo.net		
Beating Cancer with Nutrition	Quillin, Patrick		
Because Someone I Love Has Cancer : Kids' Activity Book			

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Title	Author	Location	Order
<b>Category: Cancer</b>			
The best news about radiation therapy : how to cope and survive	Kornmehl, Carol L.		
Betty Crocker's living with cancer cookbook	Crocker, Betty.		
Betty Crocker's living with cancer cookbook	Crocker, Betty.		
Blessings of Cancer : Holding Hands with Jesus	Thomas, Shelli		
The Boobs : A bunch of outrageous breast-cancer survivors	Kempner-Fisher, Ann		
Breast Cancer	Time Life		
Breast cancer : Prevention and treatment	FFH		
<b>**Breast Cancer : What I Wish I Knew</b>			
Breast cancer answers	Feinberg, Bruce A.		
The breast cancer book of strength and courage : inspiring stories to see you through your journey	Panneton, Judie. / Bodai, Ernie.		
The breast cancer care book : a survival guide for patients and loved ones	Knox, Sally M., 1954- / Grant, Janet Kobobel.		
The breast cancer care book : a survival guide for patients and loved ones	Knox, Sally M., 1954- / Grant, Janet Kobobel.		
Breast Cancer Early Detection: Know the Facts, Know for Sure	Milner-Fenwick		
Breast cancer husband : how to help your wife (and yourself) through diagnosis, treatment, and beyond	Silver, Marc, 1951-		
<b>Breast Cancer Journey : Your personal guidebook 2</b>			
The breast cancer survival manual : a step-by-step guide for the woman with newly diagnosed breast cancer	Link, John S. / Forsthoff, Cynthia. / Waisman, James.		
<b>Breast Cancer Survivors and the Men Who Love Them</b>			
Breast Cancer Survivors and the Men Who Love Them	Cancervive		
Breast Cancer: Surviving and Winning	Milner-Fenwick		
<b>**The breast reconstruction guidebook : issues and answers from research to recovery</b>			
Butterfly Kisses and Wishes on Wings	McVicker, Ellen		
Cancervive parent's and teacher's guide	Keeney, Susan Nassium		
Can survive : reclaiming your life after cancer	Nessim, Susan. / Ellis, Judith. / Nessim, Susan. Cancervive.		
Cancer : 50 essential things to do	Anderson, Greg, 1947- / Anderson, Greg, 1947- 50 essential things to do / when the doctor says it's cancer.		
Cancer : 50 Essential Things to Do	Anderson, Greg		
Cancer : A Medical & Spiritual Guide for Patients & Their Families	Fintel M.D., William A. / McDermott, PhD, Gerald R.		
Cancer and faith	Carmody, John.		
<b>Cancer and the Lord's Prayer.</b>			
Cancer Conquerer : An Incredible Journey to Wellness	Anderson, Greg		
Cancer guided imagery program for cancer chemotherapy : Tap into the healing power of the body and mind connection	Body and Mind		

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Title	Author	Location	Order
<b>Category: Cancer</b>			
Cancer guided imagery program for cancer radiation : Tap into the healing power of the body and mind connection	Body and Mind		
Cancer happens : coming of age with cancer (A Capital discoveries book)	Gifford, Rebecca.		
Cancer has its privileges : Stories of hope and laughter	Clifford, Christine		
Cancer in the family : helping children cope with a parent's illness	Heiney, Sue P.		
Cancer in the family : helping children cope with a parent's illness	Heiney, Sue P.		
A Cancer Rainbow : Snapshots from my journey			
Cancer Survival Cookbook : 200 quick & easy receipes with helpful eating hints	Weihofen, Donna L. / Marino, Christina		
The cancer survival guide : practical help, spiritual hope	Strom, Kay Marshall, 1943-		
Cancer Survival Toolbox : An audio resource program			
**Cancer Treatment Side Effects	FFH		
Cancer with God : My Experience with Stage 4 Cancer	Scruggs, Terri LaGuardia		
**Cancer-Causing Agents			
Cancers of the mouth and throat : a patient's guide to treatment	Lydiatt, William M., 1962. / Johnson, Perry J., 1964-		
Caregiving : a step-by-step resource for caring for the person with cancer at home	Houts, Peter S. / Bucher, Julia A. / American Cancer Society.		
Celebrating the Journey : The spirit of cancer survivors	Cancervive		
Celebrating the Journey : The Spirit of Cancer Survivors			
Cervical cancer	FFH		
The chemotherapy & radiation therapy survival guide	McKay, Judith. / McKay, Judith. Chemotherapy survival guide. / Hirano, Nancee.		
The chemotherapy & radiation therapy survival guide	McKay, Judith. / McKay, Judith. Chemotherapy survival guide. / Hirano, Nancee.		
Chemotherapy: an introduction to treatment	Milner-Fenwick		
Chicken soup for the breast cancer survivor's soul : stories to inspire, support and heal	Canfield, Jack, 1944- / Hansen, Mark Victor. / Kelly, Mary Olsen.		
**Chicken soup for the soul : the cancer book	Canfield, Jack.		
**Chicken soup for the soul - Breast Cancer : important facts and inspiring stories	Creagan, Edward T.		
Chicken soup for the surviving soul : 101 stories of courage and inspiration from those who have survived cancer	Canfield, Jack, 1944-		
Chicken soup for the surviving soul : 101 stories of courage and inspiration from those who have survived cancer	Canfield, Jack, 1944-		
Childhood cancer : a handbook from St. Jude Children's Research Hospital	Steen, Grant. / Mirro, Joseph.		
Childhood cancer survivors : a practical guide to your future (Patient-centered guides)	Keene, Nancy. / Hobbie, Wendy, 1959- / Ruccione, Kathy, 1946-		

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Title	Author	Location	Order
<b>Category: Cancer</b>			
Childhood Leukemia : A guide for families, friends & caregivers	Keene, Nancy		
Childhood leukemia : a guide for families, friends & caregivers (Patient-centered guides)	Keene, Nancy.		
Childhood liver cancer : The official parent's sourcebook	Parker, James / Parker, Philip		
Choices	Morra, Marion E. / Potts, Eve.		
Christians and Cancer : A journey of hope	Wilson, Mike		
Colon & Rectal Cancer	Time Life		
Colon & rectal cancer : a patient's guide to treatment	Ruggieri, Paul, 1959-		
Colon Cancer Answers : Understanding and fighting colon cancer	Feinberg, Bruce A.		
Colorectal cancer	FFH		
Comeback	Dravecky, Dave		
Coming to terms with cancer : a glossary of cancer-related terms	Laughlin, Edward H.		
Complete guide to colorectal cancer American Cancer Society's complete guide to colorectal cancer	Levin, Bernard. / Ades, Terri B. / Brook, Durado.		
Consumers guide to cancer drugs	Wilkes, Gail M. / Ades, Terri B. / American Cancer Society.		
Coping with cancer	Cefrey, Holly.		
Coping with lymphedema	Swirsky, Joan. / Nannery, Diane Sackett.		
Couples Confronting Cancer : Keeping Your Relationship Strong	Fincannon, Joy L. / Bruss, Katherine V.		
Crossing Divides : A couple's story of cancer, hope and hiking Montana's Continental Divide	Bischke, Scott		
Dance like nobody's watching	Rosen, Marion		
The Deadly skin cancer : Guarding against melanoma	Aquarius		
Dear God, They Say It's Cancer : A companion guide for women on the breast cancer journey	Thompson, Janet		
**Don't bet against me! : beating the odds against breast cancer and in life	Favre, Deanna. / Hunt, Angela Elwell, 1957-		
Dr. Patrick Walsh's Guide to Surviving Prostate Cancer	Walsh, Patrick C., M.D. / Worthington, Janet Farrar		
Dr. susan love's breast book	Love, susan m. / Lindsey, karen		
Dr. susan love's breast book	Love, susan m. / Lindsey, karen		
Eating well through cancer : easy recipes & recommendations during & after treatment	Clegg, Holly Berkowitz. / Miletello, Gerald.		
Eating well, staying well during and after cancer	Bloch, Abby S.		
Eating well, staying well during and after cancer	Bloch, Abby S.		
Everyone's guide to cancer therapy : how cancer is diagnosed, treated, and managed day to day	Dollinger, Malin. / Dollinger, Malin. Everyone's guide to cancer / therapy.		
Facing cancer together : how to help your friend or loved one	Brown, Pamela N., 1959-		
Facing Cancer Together : How to help your friend or loved one	Brown, Pamela N., 1959- / Dravecky, Dave		
Family Caregiver's Journal	Bruce, Hank		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Cancer</b>			
Family Caregiver's Journal	Bruce, Hank		
Fighting for our future : how young women find strength, hope, and courage while taking control of breast cancer	Murphy, Beth, 1969-		
Finding the "CAN" in Cancer	Emerson, Nancy		
Finding the "CAN" in cancer	Emerson, Nancy / Leight, Pam / Moonan, Susan		
Finding the "CAN" in cancer	Emerson, Nancy / Leight, Pam / Moonan, Susan		
Finding the Light in Cancer's Shadow	Eib, Lynn.		
Finding the Light in Cancer's Shadow	Eib, Lynn.		
Getting Better, Not Bitter : A spiritual prescription for breast cancer	Ladun, Brenda		
Gilda's disease : sharing personal experiences and a medical perspective on ovarian cancer	Piver, M. Steven. / Wilder, Gene, 1935-		
Going the distance: Facing lung cancer together	Www.livingwithit.org		
Healing Wisdom : Insight & Inspiration for Anyone Facing Illness	Anderson, Greg		
Helping your children cope with your cancer : a guide for parents and families	Van Dernoot, Peter. / Case, Madelyn.		
Here & now : inspiring stories of cancer survivors	Dorfman, Elena, 1965- / Adams, Heidi Schultz.		
Hope for the journey through cancer : inspiration for each day	Ortega, Yvonne, 1943-		
Hope in the face of cancer	Givler, Amy, 1958-		
Hope in the face of cancer	Givler, Amy, 1958-		
Hope in the Face of Cancer : A Survival Guide for the Journey you Did Not Choose	Givler, Amy, 1958-		
The hope tree : kids talk about breast cancer	Numeroff, Laura Joffe. / Harpham, Wendy Schlessel. / McPhail, David, 1940- ill.		
How to help children through a parent's serious illness	McCue, Kathleen. / Bonn, Ron.		
I Can Cope: The Challenge of Cancer	American Cancer Society		
I'd Rather Do Chemo than Clean out the Garage	Di Giacomo, Fran		
Inflammatory Breast Cancer	Phoenixville, PA Community TV Production		
Inflammatory Breast Cancer : A disease in disguise	Inflammatory breast cancer research foundation		
Informed decisions : the complete book of cancer diagnosis, treatment, and recovery	Eyre, Harmon J. / Lange, Dianne. / Morris, Lois B.		
Just get me through this! : the practical guide to breast cancer	Cohen, Deborah A. / Gelfand, Robert M.		
Just get me through this! : the practical guide to breast cancer	Cohen, Deborah A. / Gelfand, Robert M.		
Kathy's hats : a story of hope	Krisher, Trudy. / Westcott, Nadine Bernard, ill.		
Kidney Cancer: A New Approach (Healthy Mind Healthy Body TV series)			
Kids tell Kid : What its like when your mother or father has cancer	Cancervive		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Cancer</b>			
Kids Tell Kids : What its like when your brother or sister has cancer	Cancervive		
Leukemia	FFH		
Leukemia (Diseases and people)	Silverstein, Alvin. / Silverstein, Virginia B. / Nunn, Laura Silverstein.		
Life After Cancer Treatment : Facing Forward Series	U.S. Department of Health & Human Services		
Life Matters : A journey of hope and survival	Cancervive		
**Live strong : inspirational stories from cancer survivors-- from diagnosis to treatment and beyond	Lance Armstrong Foundation.		
Living beyond breast cancer : a survivor's guide for when treatment ends and the rest of your life begins	Weiss, Marisa C. / Weiss, Ellen.		
Living beyond breast cancer : a survivor's guide for when treatment ends and the rest of your life begins	Weiss, Marisa C. / Weiss, Ellen.		
Living for Tomorrow : A positive approach to the treatment of cervical cancer	Wilson, Margaret		
Living well with lymphedema 1st ed.	Ehrlich, Ann, 1938- / Vinjé-Harrewijn, Alma. / McMahon, Elizabeth.		
Living with childhood cancer : a practical guide to help parents cope	Woznick, Leigh A. / Goodheart, Carol D.		
Long Goodbye			
Lung cancer : a guide to diagnosis and treatment	Scott, Walter, 1954-		
Lung cancer : making sense of diagnosis, treatment, and options (Patient-centered guides)	Johnston, Lorraine, 1950-		
Lung cancer : making sense of diagnosis, treatment, and options (Patient-centered guides)	Johnston, Lorraine, 1950-		
Lung Cancer : Myths, facts, choices - and hope	Henschke, Claudia / McCarthy, Peggy		
Lung Cancer: A Family Up in Smoke : The Kathy Black Story	Ne HHS		
Lymphedema : a breast cancer patient's guide to prevention and healing	Burt, Jeannie. / White, Gwen, P.T.		
**Lymphedema : understanding and managing lymphedema after cancer treatment	American Cancer Society.		
MDS : myelodysplastic syndrome	Films for the humanities and sciences		
Navigating breast cancer : A guide for the newly diagnosed	Shockney, Lillie		
Navigating breast cancer : A guide for the newly diagnosed	Shockney, Lillie		
Navigating through a strange land : a book for brain tumor patients and their families	Roloff, Tricia Ann, 1958-		
Navigating through a strange land : a book for brain tumor patients and their families	Roloff, Tricia Ann, 1958-		
The new cancer survivors : living with grace, fighting with spirit	Spingarn, Natalie Davis.		
Non-Hodgkin's lymphomas : making sense of diagnosis, treatment, and options (Patient-centered guides)	Johnston, Lorraine, 1950-		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Cancer</b>			
Not now.....I'm having a No Hair Day : Humor & Healing for people with cancer	Clifford, Christine		
One Move at a Time! : Exercise for women recovering from breast cancer surgery.	Clifford, Christine		
Our mom has cancer	Ackermann, Abigail. / Ackermann, Adrienne.		
Ovarian cancer : the silent killer	FFH		
Ovarian cancer : your guide to taking control (Patient-centered guides)	Conner, Kristine, 1968- / Langford, Lauren, 1950-2000.		
The paper chain	Blake, Claire. / Blanchard, Eliza, 1950- / Parkinson, Kathy.		
Partners In Hope: A Man's Guide to Women's Breast Cancer	Canervive		
Plant a Geranium in your Cranium	Johnson, Barbara		
Pray for a cure Bible. 2nd ed.			
Praying through cancer : set your heart free from fear : a 90 day devotional for women	Sorensen, Susan. / Geist, Laura.		
Preventing skin cancer	Educational video network		
Prostate & cancer : a family guide to diagnosis, treatment & survival	Marks, Sheldon, 1956-		
Prostate & cancer : a family guide to diagnosis, treatment & survival	Marks, Sheldon, 1956-		
Prostate Cancer	Time Life		
Prostate cancer stories - men don't cry	FFH		
The prostate cancer treatment book : advice from leading prostate experts from the nation's top medical institutions	Grimm, Peter D. / Blasko, John C. / Sylvester, John E.		
Radiation Therapy	Milner-Fenwick		
Radiation therapy : What to expect	Medical Resources Plus		
Realities of chemotherapy	Milner-Fenwick		
Reconstructing Natalie	Walker, Laura Jensen		
Reflections on Psalm 23 : For People With Cancer	Curtis, Ken		
Reflections on the Lord's Prayer for people with cancer	Curtis, Ken		
Screening for Colorectal Cancer	Milner-Fenwick		
Skin Cancer	Time Life		
Stand By Me : A guidebook of practical ways to encourage a hurting friend	Dravecky, Dave & Jan		
Straight talk about breast cancer from diagnosis to recovery	Braddock, Suzanne W., 1942-		
Strength 4 Your Journey : Taking Control of Your Cancer			
Stronger than Cancer	Payton, Connie		
Take Charge: For Men Newly Diagnosed with Prostate Cancer	Milner-Fenwick		
Thanks for the Mammogram! : Fighting cancer with faith, hope and a healthy dose of laughter	Walker, Laura Jensen		
That Cancer Experience: Who Are You Now?	American Cancer Society		
The Cancer Conquerer with Bible Study Guide	Anderson, Greg		
The Cancer Experience : Who Are You Now?			

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Cancer</b>			
The Challenge of Cancer : Myths and Realities	American Cancer Society		
The dangers of melanoma	Dartmouth-Hitchcock Medical Center Production		
The first step to cancer survival : An audio resource program			
The Great Physician's Rx for Cancer	Rubin, Jordan		
The New Normal : A resource for parents of a child diagnosed with cancer.	Childhood cancer campaign		
The Official Patient's Sourcebook on Cervical Cancer : A Revised and Updated Directory for the Internet Age	Parker, James N.		
The Rainbow Feelings of Cancer	Martin, Carrie / Martin, Chia		
The Ties That Bind: : When Your Partner has Breast Cancer			
The ties that bind: when your partner has breast cancer	Www.cancerinfo.net		
The Year My Mother Was Bald	Speltz, Ann		
There is Life After Breast Cancer	DeVries, Attie		
There's no place like hope : A guide to beating cancer in mind-sized bites	Girard, Vickie		
To run the race with Joy	Rice, Sandy, 1943-		
**Top ten cancer myths	Discovery channel production		
Understanding colon cancer (Understanding health and sickness series)	Adrouny, A. Richard, 1952-		
Understanding lumpectomy : a treatment guide for breast cancer	Benedet, Rosalind Dolores. / Rounsaville, Mark C.		
Understanding Melanoma			
Understanding Prostate Cancer (Healthy Mind Healthy Body TV series)			
Uplift : secrets from the sisterhood of breast cancer survivors	Delinsky, Barbara.		
Voices of lymphedema : stories, advice, and inspiration from patients and therapists	Ehrlich, Ann B. (Ann Beard) / McMahan, Elizabeth.		
We Celebrate Tomorrow: Latinas Living Beyond Breast Cancer			
What Cancer Cannot Do : Stories of Hope and Encouragement	Ten Elshof, Phyllis		
What is cancer, anyway? : Explaining cancer to children of all ages.	Carney, Karen L.		
What is cancer, anyway? : Explaining cancer to children of all ages.	Carney, Karen L.		
What to eat if you have cancer : healing foods that boost your immune system Updated 2nd ed.	Keane, Maureen, 1950- / Chace, Daniella.		
What you really need to know about moles and melanoma (A Johns Hopkins Press health book)	Schofield, Jill R. / Robinson, William A.		
What you really need to know about moles and melanoma (A Johns Hopkins Press health book)	Schofield, Jill R. / Robinson, William A.		
When doctors confront cancer : On the edge of being...	Glaxo Wellcome		



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Library Materials by Category

Title	Author	Location	Order
<b>Category: Cancer</b>			
When God & cancer meet : true stories of hope and healing	Eib, Lynn.		
When God & cancer meet : true stories of hope and healing	Eib, Lynn.		
When Mama Wore a Hat	Schick, Eleanor		
When the focus is on care : palliative care and cancer	Foley, Kathleen M., 1944- / American Cancer Society.		
When your friend gets cancer : how you can help	Harwell, Amy. / Tomasik, Kristine.		
**Why I Wore Lipstick to My Mastectomy	Lucas, Geralyn		
Why, Charlie Brown Why? : A story about what happens when a friend is very ill.	Schulz, Charles M.		
Women With Recurrent Breast Cancer and Their Daughters			
Women with recurrent breast cancer and their daughters			
You and leukemia : a day at a time	Baker, Lynn S. / Roland, Charles G. / Gilchrist, Gerald S.		
You've just been told you have cancer	Milner-Fenwick		
Your breast cancer treatment handbook : a patient's guide to understanding the disease, treatment options, and the physical and e (EduCare library series)	Kneece, Judy C.		
Zink	Bennett, Cherie		
Zink : The myth, the legend, the zebra			
Zink the zebra : a special tale	Weil, Kelly. / Jocham, Jay, ill.		
<b>Category: Caregiving</b>			
Caregiving : The spiritual journey of love, loss and renewal	McLeod, Beth Witrogen		
Chicken soup for the caregiver's soul : stories to inspire caregivers in the home, the community and the world	Canfield, Jack, 1944- / Hansen, Mark Victor. / Thieman, LeAnn.		
Daily comforts for caregivers	Samples, Pat.		
The home care companion's quick tips for caregivers	Karpinski, Marion.		
<b>Category: Chronic Pain</b>			
101 questions and answers about carpal tunnel syndrome : what it is, how to prevent it , and where to turn for treatment	McCabe, Steven J.		
All about fibromyalgia	Wallace, Daniel J. (Daniel Jeffrey), 1949- / Wallace, Janice Brock.		
Alternative treatments for fibromyalgia & chronic fatigue sy insights from practitioners and patients	Skelly, Mari. / Helm, Andrea.		
arthritis foundation's guide to good living with fibromy, Th			
arthritis foundation's guide to good living with fibromy, Th			
Back Pain : Lower back	Time Life		
Back Pain Exercise : Complete workout for better living	Time Life		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Chronic Pain</b>			
Back problems (Alternative answers to)	Howard, Nigel, 1958-		
Beginning the Road to Recovery Fibromyalgia	Moeller, Mary		
Chronic fatigue syndrome, fibromyalgia and other invisible i the comprehensive guide	Berne, Katrina H. / Berne, Katrina H..		
Chronic Myofascial Pain Syndrome : A guide to the trigger points	Running on empty. Devin, Starlanyl		
The chronic pain solution : the comprehensive, step-by-step guide to choosing the best of alternative and conventiona	Dillard, James. / Hirschman, Leigh Ann.		
The Chronic pain solution : Your personal path to pain relief	Dillard, James N.		
Conquering carpal tunnel syndrome : and other repetitive strain injuries : a self-care program	Butler, Sharon J., 1950- / Freeman, Jacqueline Entwistle.		
A delicate balance : living sucessfully with chronic illness	Wells, Susan Milstrey.		
Fibromyalgia & Chronic Myofascial Pain : A Survival Manual	Starlanyl, Devin / Copeland, Mary Ellen		
Fibromyalgia & chronic myofascial pain syndrome : a survival manual	Starlanyl, Devin. / Copeland, Mary Ellen.		
The Fibromyalgia Adovcate : Getting the support you need to cope with fibromyalgia and myofascial pain syndrome	Starlanyl, Devin J., M.D.		
The fibromyalgia help book : practical guide to living better with fibromyalgia	Fransen, Jenny 1955- / Russell, I. Jon, 1943-		
The Fibromyalgia Nutrition Guide	Moeller, Mary		
It's not carpal tunnel syndrome : RSI theory and therapy for computer professionals	Damany, Suparna / Bellis, Jack		
Living with chronic pain	Schneider, Jennifer P.		
Living with Chronic Pain			
Low Back Pain	Films for the humanities and sciences		
Management of pain - 3 part series	FFH		
Managing Low Back Pain			
Managing pain before it manages you	Caudill, Margaret.		
Mayo Clinic on chronic pain	Swanson, David W. / Mayo Clinic.		
Overcoming fibromyalgia! : guide for recovery, A	Moeller, Mary / Crook, William / Shaw, William		
Overcoming fibromyalgia! : guide for recovery, A	Moeller, Mary / Crook, William / Shaw, William		
Pain Management			
Pain Management: The 3 R's	Milner-Fenwick		
Parting the Fog : The personal side of fibromyalgia/chronic fatigue syndrome	Jones, Sue		
Parting the Fog : The personal side of fibromyalgia/chronic fatigue syndrome	Jones, Sue		
Physiology of pain - 3 part series : Vol. 1	FFH		
Polio and post-polio syndrome	Aquarius productions		
Psychology of pain - 3 part series	FFH		
Repetitive strain injury : a computer user's guide	Pascarelli, Emil F., 1930- / Quilter, Deborah, 1950-		
Stricken : voices from the hidden epidemic of chronic fatigue syndrome	Munson, Peggy.		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Chronic Pain</b>			
**Taking control of TMJ : your total wellness program for recovering from temporomandibular joint pain, whiplash, f	Uppgaard, Robert O.		
Trigger point therapy for myofascial pain : the practice of informed touch	Finando, Donna. / Finando, Steven J. / Finando, Donna. Informed touch.		
The trigger point therapy workbook : your self-treatment guide for pain relief (New Harbinger self-help workbook)	Davies, Clair. / Davies, Amber.		
World of pain : Coping and Caring	Discovery channel production		
Yoga for Back Care	Gaiam		
<b>Category: Dental</b>			
The complete guide to better dental care	Taintor, Jerry F. / Taintor, Mary Jane.		
A consumer's guide to dentistry	Christensen, Gordon J.		
Dental Health	Films for the humanities and sciences		
How many teeth? (A Let's-read-and-find-out book)	Showers, Paul. / Kelley, True, ill.		
Open wide : tooth school inside	Keller, Laurie.		
What to do for healthy teeth : easy to read, easy to use	Mestman, Sadie S. / Herman, Ariella D.		
<b>Category: Diabetes</b>			
101 consejos para estar sano teniendo diabetes (y evitar las	Schade, David S., 1942- / University of New Mexico. Diabetes Care Team. / American Diabetes Association.		
101 tips for raising healthy kids with diabetes	Hieronymus, Laura. / Geil, Patti Bazel.		
487 really cool tips for kids with diabetes	Loy, Spike Nasmyth, 1980- / Loy, Bo Nasmyth, 1982-		
487 really cool tips for kids with diabetes	Loy, Spike Nasmyth, 1980- / Loy, Bo Nasmyth, 1982-		
America's Best Cookbook : for Kids with Diabetes	Bartley, Colleen, 1953-		
America's best cookbook for kids with diabetes	Bartley, Colleen, 1953-		
**American Diabetes Association complete guide to diabetes : the ultimate home diabetes reference.	American Diabetes Association.		
American Diabetes Association guide to raising a child with	Siminerio, Linda M. / Betschart-Roemer, Jean, 1948- / Siminerio, Linda M. Raising a child with		
American Dietetic Association guide to eating right when you	Powers, Margaret A., RD. / American Dietetic Association.		
American medical association diabetes type ii.			
American Medical Association guide to living with diabetes : preventing and treating type 2 diabetes : essential information you and your family need to know	Metzger, Boyd E. / Kotulak, Donna. / Brick, Pam.		
Better homes and gardens new diabetic cookbook.	Better Homes and Gardens Books (Firm)		
Betty Crocker's diabetes cookbook : everyday meals, easy as 1-2-3.	Crocker, Betty.		
Betty Crocker's diabetes cookbook : everyday meals, easy as 1-2-3.	Crocker, Betty.		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Diabetes</b>			
Betty Crocker's diabetes cookbook : everyday meals, easy as 1-2-3.	Crocker, Betty.		
Change one for diabetes : the natural solution program for lowering your blood sugar, losing weight, and living a h	Harper, Pat. / Laliberte, Richard.		
Cocinando para Latinos con diabetes = Diabetic cooking for L	Fuste, Olga V., 1953- / American Diabetes Association.		
Cooking Up Fun : for Kids with Diabetes	American Diabetes Association		
Cooking up fun for kids with diabetes	Geil, Patti Bazel. / Ross, Tami.		
Diabetes (Chicken soup for the soul healthy living)	Canfield, Jack, 1944- / Hansen, Mark Victor. / Hoogwerf, Byron.		
Diabetes : Teens Fight Back	Films for the humanities and sciences		
Diabetes & Depression	Milner-Fenwick		
Diabetes & heart : healthy cookbook	American Heart Association. / American Diabetes Association.		
Diabetes & Heart Healthy Cookbook : More than 160 delicious receipes for everything from snacks to desserts.			
Diabetes A to Z : what you need to know about diabetes-- simply put.	American Diabetes Association.		
Diabetes and Heart Disease			
Diabetes and Nutrition : Dining Out	Milner-Fenwick		
**Diabetes and weight control: change for a lifetime	Milner-Fenwick		
Diabetes Care for Babies, Toddlers, and Preschoolers	Betschart, Jean		
Diabetes cookbook	British Diabetic Association. / American Diabetes Association.		
The diabetes food & nutrition bible : a complete guide to planning, shopping, cooking, and eating	Warshaw, Hope S., 1954- / Webb, Robyn.		
The diabetes menu cookbook : delicious special-occasion recipes for family and friends	Scott-Goodman, Barbara. / Doner, Kalia.		
Diabetes Skin and Foot Care : In Step			
Diabetes snacks, treats, & easy eats : 130 recipes you'll make again and again	Grunes, Barbara. / Yoakam, Linda R.		
Diabetes tipo 2 : Su guia' para una via saludable	American Diabetes Association		
Diabetes: Making Lifestyle Changes	Milner-Fenwick		
Diabetes: Cambiando su Estilo de Vida : Diabetes: Making lifestyle changes	Milner-Fenwick		
The diabetic athlete	Colberg, Sheri, 1963-		
dinosaur tamer and other stories for children with diabe, Th	Mazur, Marcia Levine, 1933- / Banks, Peter, 1955- / Keegan, Andrew, 1949-		
Emotional aspects of diabetes	Milner-Fenwick		
Even little kids get diabetes	Pirner, Connie White. / Westcott, Nadine Bernard, ill.		
The everything diabetes book : from diagnosis and diet to insulin and exercis, all you need to live a healthy, active li (The everything series)	Ford-Martin, Paula. / Blumer, Ian.		
The first year--type 2 diabetes : an essential guide for the newly diagnosed	Becker, Gretchen.		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Diabetes</b>			
The first year--type 2 diabetes : an essential guide for the newly diagnosed	Becker, Gretchen.		
The fitness book for people with diabetes : a project of the American Diabetes Association Council on Exercise	Hornsby, W. Guyton. / American Diabetes Association. Council on / Exercise.		
Gestational diabetes	Milner-Fenwick		
Gestational diabetes : what to expect.	American Diabetes Association.		
Gestational diabetes : what to expect.	American Diabetes Association.		
Growing up with Diabetes : What children want their parents to know	McAuliffe, Alicia.		
Growing up with Diabetes : What Children Want Their Parents To Know	McAuliffe, Alicia.		
Guide to Health Fast-Food Eating	Warshaw, Hope S., 1954-		
Hypoglycemia for dummies (--For dummies)	Chow, Cheryl. / Chow, James.		
Introduction to pattern management	Milner-Fenwick		
It's Time to Learn About Diabetes : Workbook on Diabetes for Children	Betschart, Jean		
The Johns Hopkins guide to diabetes : for today and tomorrow (A Johns Hopkins Press health book)	Saudek, Christopher D. / Rubin, Richard R. / Shump, Cynthia S.		
The Joslin Diabetes quick and easy cookbook : 200 recipes for 1 to 4 people	Giedt, Frances Towner. / Polin, Bonnie Sanders, 1941- / Joslin Diabetes Center.		
The Joslin Diabetes quick and easy cookbook : 200 recipes for 1 to 4 people	Giedt, Frances Towner. / Polin, Bonnie Sanders, 1941- / Joslin Diabetes Center.		
Kids talk about diabetes : Important issues for kids with diabetes	Aquarius		
Life with Diabetes : Lacie the Lizards Adventure	Sheppard, Dana / Jones, Troy		
Living with Juvenile Diabetes : The Worst Day	Juvenile Diabetes Research Foundation		
Managing Type 2 Diabetes in Young People	Milner-Fenwick		
Monitoring your blood glucose: key concepts	Milner-Fenwick		
Moving Forward: Type 2 Diabetes in Young People	Milner-Fenwick		
Mr. Food every day's a holiday diabetic cookbook : more quick & easy recipes everybody will love	Ginsburg, Art.		
Mr. Food's comida Rapida y facil para personas con diabetes Mas de 150 recetas que a todos les encantara	American Diabetes Association		
My sister Rose has diabetes	Beatty, Monica Driscoll, 1956- / Parkinson, Kathy, ill.		
The new family cookbook for people with diabetes	American Diabetes Association.		
One pot meals for people with diabetes	Glick, Ruth, 1942- / Baggett, Nancy, 1943-		
Parenting a Child with Diabetes	Loring, Gloria.		
Parenting a child with diabetes : a practical, empathetic guide to help you and your child live with diabetes	Loring, Gloria.		
Pre-Diabetes: Your Path to Preventing Type 2 Diabetes			

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Diabetes</b>			
Pre-Diabetes: Your Path to Preventing Type 2 Diabetes	Milner-Fenwick		
Prediabetes : what you need to know to keep diabetes away	Becker, Gretchen. / Becker, Gretchen.		
Preventing Long Term Complications of Diabetes	Milner-Fenwick		
Real Life Parenting : of Kids with Diabetes	American Diabetes Association.		
Real life parenting of kids with diabetes	Loy, Virginia Nasmyth, 1949-		
Sarah and Puffle : A Story for Children about Diabetes	Mulder, Linnea		
Staying in balance : An introduction to type 1 diabetes for kids and their parents	Milner-Fenwick		
Sweet Kids : How to balance Diabetes Control and Good Nutrition with Family Peace	American Diabetes Association		
Taking diabetes to school (Special kids in school ; first)	Gosselin, Kim.		
Tell me what to eat if I have diabetes	Magee, Elaine.		
The Challenge of Childhood Diabetes : Family Strategies for Raising a Health Child	Plunkett, Laura / Weltner, Linda		
The Eating Well Diabetes Cookbook	Hendley, Joyce		
The Other Diabetes : Living & eating well with type 2 diabetes	Hiser, Elizabeth		
Type 1 diabetes : a guide for children, adolescents, young adults--and their caregivers	Hanas, Ragnar.		
The type 2 diabetic woman	Rosenthal, M. Sara.		
Understanding Insulin : 2nd edition	Milner-Fenwick		
What is Diabetes - type 2? : 4th Edition	Milner-Fenwick		
What is Diabetes? (Type 2) : 4th edition			
What to eat if you have diabetes : a guide to adding nutritional therapy to your treatment plan	Keane, Maureen, 1950- / Chace, Daniella.		
<b>Category: Digestive health</b>			
The Crohn's disease and ulcerative colitis fact book	Banks, Peter A. / Present, Daniel H. / Steiner-Grossman, Penny.		
Eating for acid reflux : a handbook and cookbook for those with heartburn	Sklar, Jill. / Cohen, Annabel.		
Eating for acid reflux : a handbook and cookbook for those with heartburn	Sklar, Jill. / Cohen, Annabel.		
Eating for IBS : 175 delicious, nutritious, low-fat, low-residue recipes to stabilize the touchiest tummy	Van Vorous, Heather.		
ERCP	Milner-Fenwick		
The first year -- IBS (irritable bowel syndrome) : an essential guide for the newly diagnosed	Van Vorous, Heather.		
Gastroesophageal Reflux Disease			
Gastrointestinal health : a self-help nutritional program to prevent, cure, or alleviate irritable bowel syndrome,	Peikin, Steven R.		
Healing heartburn (A Johns Hopkins Press health book)	Cheskin, Lawrence J. / Lacy, Brian E.		
Heartburn : extinguishing the fire inside	Wolfe, M. Michael. / Nesi, Thomas J.		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Digestive health</b>			
Inflammatory bowel disease : a guide for patients and their families	Stein, Stanley H. / Rood, Richard P. / Crohn's & Colitis Foundation of America.		
Kids with celiac disease : a family guide to raising happy, healthy, gluten-free children	Korn, Danna.		
Living with chronic heartburn : a guide for patients	Pacheco, Paulo, M.D., 1967-		
Living with Crohn's Disease	FFH		
Mayo clinic on digestive health	King, John E.		
Mayo clinic on digestive health	King, John E., M.D.		
Straight from the gut : living with Crohn's disease and ulcerative colitis (Patient-centered guides)	Kalibjian, Cliff, 1969-		
Tell me what to eat if I have acid reflux : nutrition you can live with	Magee, Elaine.		
Tell me what to eat if I have irritable bowel syndrome : nutrition you can live with	Magee, Elaine.		
Ulcers and GERD	FFH		
Understanding irritable bowel syndrome (Understanding illness & health)	Darnley, Simon. / Millar, Barbara.		
<b>Category: Disability</b>			
2002 official parent's sourcebook on Down Syndrome : A revised and updated directory for the Internet age	Parker, James N. / Parker, Philip M.		
A Bird's-Eye View : of Life with ADD and ADHD: Advice From Young Survivors	Zeigler Dendy, Chris A. / Zeigler, Alex		
The ADD & ADHD answer book	Ashley, Susan, PhD.		
ADHD & me : what I learned from lighting fires at the dinner table	Taylor, Blake E. S.		
ADHD - living without brakes	Kutscher, Martin L.		
Adolescents with Down Syndrome : toward a more fulfilling life	Pueschel, Siegfried M. / ^Sustrovà, Maria.		
Amyotrophic lateral sclerosis	Miller, Robert G. (Robert Gordon), 1942- / Gelinas, Deborah F. (Deborah Faith), 1956- / O'Connor, Patricia, 1954-		
Amyotrophic lateral sclerosis : a guide for patients and families	Mitsumoto, Hiroshi. / Munsat, Theodore L., 1930-		
Andy and His Yellow Frisbee (autism) : Tech Tots	Thompson, Mary		
Answers to questions teachers ask about sensory integration	Koomar, Jane / Kranowitz, Carol Stock		
Asperger Syndrome & You Child : Unlocking your child's potential	Powers, Michael D.		
Asperger's syndrome : a guide for parents and professionals	Attwood, Tony.		
Autism	Aquarius		
Autism Aspergers, solving the relationship puzzle : a new developmental program that opens the door to lifelong social & emotional growth	Gutstein, Steven E.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Disability</b>			
Autism: now what do I do? : No nonsense roadmap to fast-tracking your child's medically necessary autism tx	SKF books		
Autistic spectrum disorders : understanding the diagnosis and getting help (Patient-centered guides)	Waltz, Mitzi. / Waltz, Mitzi. Pervasive developmental disorde		
Autistic spectrum disorders : understanding the diagnosis and getting help (Patient-centered guides)	Waltz, Mitzi. / Waltz, Mitzi. Pervasive developmental disorders.		
Babies with Down syndrome : a new parents' guide (The special-needs collection)	Stray-Gundersen, Karen.		
Baby fingers : I Want-- : teaching your baby to sign (Baby fingers)	Heller, Lora.		
Baby signs : how to talk with your baby before your baby can talk New ed.	Acredolo, Linda P. / Goodwyn, Susan. / Abrams, Douglas.		
Book of Possibilities - Activities using simple technology : Tech Tots	Canfield, Helen		
Can you hear a rainbow? : the story of a deaf boy named Chris (A Rehabilitation Institute of Chicago learnin)	Heelan, Jamee Riggio. / Simmonds, Nicola, ill.		
Cerebral palsy : A complete guide for caregiving	Miller, Freeman / Bachrach, Steven / Boos, Marilyn		
Cerebral palsy : What every parent should know	FFH		
Cerebral Palsy : What teachers need to know			
The child with special needs : encouraging intellectual and emotional growth	Greenspan, Stanley I. / Wieder, Serena. / Simons, Robin.		
Childhood speech, language, and listening problems : what every parent should know	Hamaguchi, Patricia McAleer, 1959-		
**Children with autism : a parent's guide	Powers, Michael D.		
Children with cerebral palsy : a parent's guide	Geralis, Elaine.		
Children with fragile X syndrome : a parents' guide (The special needs collection)	Weber, Jayne Dixon.		
Children with spina bifida : a parent's guide (The special needs collection)	Lutkenhoff, Marlene.		
Children with Tourette syndrome : a parents' guide (Special needs collection)	Haerle, Tracy.		
Children with visual impairments : a parents' guide (The Special needs collection)	Holbrook, M. Cay, 1955-		
Choices in deafness : a parents' guide to communication options	Schwartz, Sue.		
Choosing a wheelchair : a guide for optimal independence (Patient-centered guides)	Karp, Gary, 1955-		
Common threads : celebrating life with Down Syndrome	Kidder, Cynthia S. / Skotko, Brian.		
The consumer handbook on hearing loss and hearing aids : a bridge to healing	Carmen, Richard.		
Cory stories : a kid's book about living with ADHD	Kraus, Jeanne R., 1950- / Martin, Whitney, 1968- ill.		
Creative Play Activities for Children w/ Disabilities : Tech Tots	Morris, Lisa Rappaport / Schulz, Linda		
Danny and the Merry-Go-Round (cerebral palsy) : Tech Tots	Holcomb, Nan		
Delicate Threads : Tech Tots	Staub, Debbie PhD		



## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Disability</b>			
Differences in common : straight talk on mental retardation, Down syndrome, and life	Trainer, Marilyn.		
Dillon is different: Fragile X Syndrome	ABC News		
Does my child have a speech problem?	Martin, Katherine L., 1960-		
Down syndrome : visions for the 21st century	Cohen, William I. / Nadel, Lynn. / Madnick, Myra E.		
Downs syndrome: a parent's perspective : Helping new families with a child who has down syndrome	Aquarius		
The encyclopedia of blindness and vision impairment (Facts on File library of health and living)	Sardegna, Jill.		
Expecting Adam - a story about Down Syndrome	Beck, Martha		
Facing autism : giving parents reasons for hope and guidance for help	Hamilton, Lynn M.		
Facing autism : giving parents reasons for hope and guidance for help	Hamilton, Lynn M.		
Fetal alcohol syndrome : a guide for families and communities	Streissguth, Ann Pytkowicz.		
Fetal alcohol syndrome : a guide for families and communities	Streissguth, Ann Pytkowicz.		
Fetal alcohol syndrome : a guide for families and communities	Streissguth, Ann Pytkowicz.		
Fragile X			
Fragile X syndrome : a guide for teachers	Saunders, Suzanne, lecturer.		
Freedom Chasers : Teens & young adults strive for independence	Aquarius		
From the Heart - On Being the Mother of a Child w/ Special N Tech Tots	Marsh, Jayne		
The gift of ADHD activity book : 101 ways to turn your child's problems into strengths	Honos-Webb, Lara.		
The gift of ADHD : how to transform your child's problems into strengths	Honos-Webb, Lara.		
Handling the young child with cerebral palsy at home	Finnie, Nancie R. / Finnie, Nancie R. Handling the young cerebral / palsied child at home.		
He's my Brother : Tech Tots	Lasker, Joe		
The highly sensitive child : helping our children thrive when the world overwhelms them	Aron, Elaine.		
Hydrocephalus : a guide for patients, families, and friends (Patient-centered guides)	Toporek, Chuck, 1965- / Robinson, Kellie, 1967-		
I'm the Big Sister Now (cerebral palsy) : Tech Tots	Emmert, Michelle		
Imagine Me on a Sit-Ski : Tech Tots	Moran, George		
Including students with special needs : a practical guide for classroom teachers	Friend, Marilyn Penovich, 1953- / Bursuck, William D.		
Keys to Parenting a Child with Cerebral Palsy : Tech Tots	Leonard, Jane		
The late talker : what to do if your child isn't talking yet	Agin, Marilyn C. / Geng, Lisa F. / Nicholl, Malcolm J.		
Learning to slow down and pay attention : a book for kids about ADHD 3rd ed.	Nadeau, Kathleen G. / Dixon, Ellen B. / Beyl, Charles, ill.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Disability</b>			
Let me hear your voice : a family's triumph over autism	Maurice, Catherine.		
Life on wheels : for the active wheelchair user (Patient-centered guides)	Karp, Gary, 1955-		
Like sound through water : a mother's journey through auditory processing disorder	Foli, Karen J.		
Listen with the heart : relationships and hearing loss	Harvey, Michael A.		
Listen with the heart : relationships and hearing loss	Harvey, Michael A.		
Living with a Brother or Sister with special needs : a book for sibs	Meyer, Donald J. (Donald Joseph), 1951- / Vadasy, Patricia F.		
Living with hearing loss	Dugan, Marcia B.		
Living with Spina Bifida : A guide for families and professionals	Sandler, Adrian M.D.		
Missing words : the family handbook on adult hearing loss	Thomsett, Kay, 1952- / Nickerson, Eve, 1920-		
Moses goes to the circus	Millman, Isaac.		
My Brother, Mathew : Tech Tots	Thompson, Mary		
My First Baby Signs : Talk to your baby before your baby can talk!			
My friend Isabelle	Woloson, Eliza. / Gough, Bryan, ill.		
My hearing loss and me : We get along most of the time	Anderson, John		
My perfect son has cerebral palsy : A mother's guide for helpful hints	Kennedy, Marie A.		
The new language of toys : teaching communication skills to children with special needs	Schwartz, Sue.		
The official parent's sourcebook on hydrocephalus : A revised and updated directory for the Internet age	Parker, James / Parker, Phillip M.		
Oliver's high five	Brown, Beverly Swerdlow. / Ott, Margot J., 1955- ill.		
Our FAScinating jouney	Kulp, Jodee		
The out-of-sync child has fun : activities for kids with sensory integration dysfunction	Kranowitz, Carol Stock.		
The out-of-sync child : recognizing and coping with sensory integration dysfunction	Kranowitz, Carol Stock.		
parent's guide to asperger syndrome and high-functioning a, how to meet the challenges and help your child thrive	Ozonoff, Sally. / Dawson, Geraldine. / McPartland, James.		
**A parent's guide to Down syndrome : toward a brighter future	Pueschel, Siegfried M.		
Parenting children with ADHD : 10 lessons that medicine cannot teach 1st ed.	Monastra, Vincent J.		
The parents' guide to cochlear implants	Chute, Patricia M. / Nevins, Mary Ellen.		
Princess Pooh : Tech Tots	Muldoon, Kathleen M.		
Profiles of success : Successful adults achieving with learning disabilities	Silver, Larry B.		
A quiet world : living with hearing loss	Myers, David G.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
Category: <b>Disability</b>			
Rolling Along with Goldilocks & the Three Bears : Tech Tots	Meyer, Cindy		
Russ and the Apple Tree Surprise - Down Syndrome story : Tech Tots	Rickert, Janet Elizabeth		
Sam's Just Sam	Morse, Linda		
The sensory-sensitive child : practical solutions for out-of-bounds behavior	Smith, Karen A. (Karen Ann), 1957- / Gouze, Karen R.		
Shelley, The Hyperactive Turtle : Tech Tots	Moss, Deborah M		
Signing for kids	Flodin, Mickey.		
Signing illustrated : the complete learning guide	Flodin, Mickey.		
Sometimes miracles hide : stirring letters from those who discovered God's blessings in a special child	Carroll, Bruce.		
Sotos Syndrome : A Handbook for Families - 2nd edition	Anderson, Rebecca		
Special children, challenged parents : the struggles and rewards of raising a child with a disability	Naseef, Robert A.		
Special kids need special parents : a resource for parents of children with special needs	Lavin, Judith Loseff.		
A special raccoon : helping a child learn about handicaps and love	Carlisle, Kim.		
SPINAbilities : a young person's guide to spina bifida	Lutkenhoff, Marlene. / Oppenheimer, Sonya.		
Straight talk about autism : Examines key issues	Aquarius		
Struggling with life: Asperger's syndrome	FFH		
Susan laughs	Willis, Jeanne. / Ross, Tony, ill.		
Taking Tourette syndrome to school	Krueger, Tira		
**Teaching reading to children with Down syndrome : a guide for parents and teachers (Topics in Down syndrome)	Oelwein, Patricia L.		
Teaching teens with ADD and ADHD : a quick reference guide for teachers and parents 1st ed.	Zeigler Dendy, Chris A.		
The best I can be : Living with Fetal Alcohol Syndrome	Kulp, Liz		
The new language of toys: teaching communication skills to children with special needs			
The Tinnitus handbook : A self-help guide	Habets, Bill		
Tourette's syndrome : finding answers and getting help (Patient-centered guides)	Waltz, Mitzi.		
Uncommon Fathers - Reflections on Raising a Child w/ a Disab Tech Tots	Meyer, Donald J.		
Understanding mental retardation (Understanding health and sickness series)	Ainsworth, Patricia, M.D. / Baker, Pamela C., 1950-		
Veronica's First Year - Down Syndrome story : Tech Tots	Rheingrover, Jean Sasso		
Views from our Shoes - essays from brothers & sisters : Tech Tots	Meyer, Donald		
We'll Paint the Octopus Red (Down Syndrome) : Tech Tots	Stuve-Bodeen, Stephanie		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Disability</b>			
When the brain can't hear : unraveling the mystery of auditory processing disorder	Bellis, Teri James.		
Yoga for the Special Child : Tech Tots	Sumar, Sonia		
You will dream new dreams : Inspiring personal stories by parents of children with disabilities	Klein, Stanley D. / Schive, Kim		
You will dream new dreams : Inspiring personal stories by parents of children with disabilities	Klein, Stanley D. / Schive, Kim		
<b>Category: Divorce</b>			
Dinosaur's Divorce : A guide for changing families	Krasny Brown, Laurene / Brown, Marc		
Divorce : A survivor's guide for kids	Cambridge Educational		
The Fresh Start divorce recovery workbook : a step-by-step program for those who are divorced or separated	Burns, Bob, 1950- / Whiteman, Tom. / Fresh Start Seminars, Inc.		
Getting up, getting over, getting on : a 12 step guide to divorce recovery	McWade, Micki.		
Helping your kids cope with divorce the sandcastles way	Neuman, M. Gary. / Bashe, Patricia Romanowski, 1949-		
I don't want to talk about it	Ransom, Jeanie Franz, 1957- / Finney, Kathryn Kunz, 1960- ill.		
It's not your fault, KoKo Bear : a read-together book for parents & young children during divorce	Lansky, Vicki. / Prince, Jane, ill.		
On your own again : the down-to-earth guide to getting through a divorce or separation and getting on with yo	Anderson, Keith, 1946- / MacSkimming, Roy, 1944-		
Parenting after divorce : a guide to resolving conflicts and meeting your children's needs	Stahl, Philip Michael.		
Raising Children of Divorce : Practical help for parents	Aquarius		
There's only one of me!	Hutchins, Pat, 1942-		
What about the kids? : raising your children before, during, and after divorce	Wallerstein, Judith S. / Blakeslee, Sandra.		
<b>Category: Domestic Violence</b>			
**But I love him : protecting your teen daughter from controlling, abusive dating relationships	Murray, Jill, Dr.		
**Child sexual abuse : disclosure, delay, and denial	Pipe, M-E (Margaret-Ellen)		
The courage to heal workbook : for women and men survivors of child sexual abuse	Davis, Laura, 1956-		
Defending our lives : getting away from domestic violence and staying safe	Murphy-Milano, Susan.		
**The domestic violence sourcebook : everything you need to know	Berry, Dawn Bradley.		
The emotionally abused woman	Engel, Beverly.		
**Healing the trauma of domestic violence : A workbook for women	Kubany, Edward / Mccaig, Mari		
Hidden Victims: Children of Domestic Violence	Discovery Education		
Hope of awakening : Empowering victims of domestic violence	JIST works		
In love & in danger : A teen's guide to breaking free of abusive relationships	Levy, Barrie		

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Title	Author	Location	Order
<b>Category: Domestic Violence</b>			
Please Tell! : A Child's Story about Sexual Abuse			
Recognizing Child Abuse	Meridian education corporation		
Surviving domestic violence : voices of women who broke free	Weiss, Elaine.		
Verbal abuse survivors speak out : on relationship and recovery	Evans, Patricia.		
The verbally abusive relationship : how to recognize it and how to respond	Evans, Patricia.		
When violence begins at home : a comprehensive guide to understanding and ending domestic abuse	Wilson, K. J. (Karen J.)		
<b>Category: Drugs/ Alcohol</b>			
The A-Z encyclopedia of alcohol and drug abuse	Nordgren, Thomas, 1953-		
Abusing Over-The-Counter Drugs	Human Relations Media		
Adolescent drug & alcohol abuse : how to spot it, stop it, and get help for your family (Patient-centered guides)	Babbit, Nikki, 1941-		
Alcohol and Pregnancy : Fetal Alcohol Syndrome and Fetal Alcohol Effects	Discovery Education		
Alcoholic Blackouts and the Brain	Discovery Education		
**The Alcoholic Family	Steinglass, Peter, M.D. / Bennett, Linda / Wolin, Steven		
Alcoholics Anonymous			
Binge Drinking Blowout: The extreme dangers of alcohol abuse	Discovery Education		
Buzzed : the straight facts about the most used and abused drugs from alcohol to ecstasy	Kuhn, Cynthia. / Swartzwelder, Scott. / Wilson, Wilkie.		
Choices & consequences : what to do when a teenager uses alcohol	Schaefer, Dick. / Espeland, Pamela, 1951-		
**Confront Drunk Driving	Human Relations Media		
Dangerous drugs : an easy-to-use reference for parents and professionals (A Hazelden guidebook)	Falkowski, Carol L.		
Dangerous drugs : an easy-to-use reference for parents and professionals (A Hazelden guidebook) 1st ed.	Falkowski, Carol L.		
Deadly Highs : Dangers of drug use	Discovery Channel		
Disease of Alcoholism Update	Discovery Education		
**Drinking : a love story	Knapp, Caroline, 1959-2002.		
Drugs: Uses & Abuse - 8 part series : THC	Cambridge Educational		
Drugs: uses & abuses - 8 part series : Inhalants	Cambridge educational		
Drugs: uses & abuses - 8 part series : Narcotics	Cambridge Educational		
Drugs: uses & abuses - 8 part series : PCP and Ketmine	Cambridge educational		
Drugs: uses & abuses - 8 part series : Psychedelics and hallucinogens	Cambridge educational		
Drugs: uses & abuses - 8 part series : Stimulants	Cambridge Educational		
Drugs: Uses and abuses - 8 part series : Sedatives	Cambridge educational		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Drugs/ Alcohol</b>			
Drugs: Uses and abuses - 8 part series : Steroids	Cambridge Educational		
The dual diagnosis recovery sourcebook : a physical, mental, and spiritual approach to addiction with an emotional disorder	Ortman, Dennis C.		
Ecstasy - happiness in a pill? : A 48 hours/MTV news report	CBS News		
Heroin: The Road of Addiction	Human Relations Media		
Huffing: The latest facts about inhalant abuse	Human Relations Media		
Illegal drugs : a complete guide to their history, chemistry, use, and abuse (The Sagebrush medical guides)	Gahlinger, Paul M.		
Just say know : talking with kids about drugs and alcohol	Kuhn, Cynthia. / Swartzwelder, Scott. / Wilson, Wilkie.		
Marijuana : what's a parent to believe? (The informed parent)	Cermak, Timmen L.		
Marijuana in the New Millenium	Discovery Education		
Meth : the home-cooked menace	Johnson, Dirk.		
Meth Madness : Study guide, complete video program, bonus features	Educational Video Netowrk		
**Methamphetamine and amphetamines (Drugs)	Aretha, David.		
Physical Effects of Alcohol			
Prescription Drug Abuse	Educational Video Network		
**Prescription drug addiction : the hidden epidemic : a guide to coping and understanding	Colvin, Rod, 1950-		
Prescription for Trouble : Grades 6 - 12	Discovery Education		
Prescription for trouble : Prescription drug abuse	Discovery channel		
Psychedelics encyclopedia	Stafford, Peter G. / Bigwood, Jeremy, 1948-		
Pumped : straight facts for athletes about drugs, supplements, and training	Kuhn, Cynthia. / Swartzwelder, Scott. / Wilson, Wilkie.		
Ruined Lives II: The Dangers of Methamphetamine	Discovery Education		
Rules of Recovery - Addiction	Discovery Education		
Rushing, Crashing, Dying: The Meth Epidemic	Human Relations Media		
**Smoking : Staying Quit			
Speed and Methamphetamine : Drug dangers	Littell, Mary Ann		
Speed Trap : Fighting a deadly drug	Cambridge Educational / FFH		
Street Drugs : A Drug Identification Guide			
Street Drugs : A Drug Identification Guide			
Street Drugs - english & spanish version : A drug identification guide			
Teens under the influence : the truth about kids, alcohol, and other drugs : how to recognize the problem, and what t	Ketcham, Katherine, 1949- / Pace, Nicholas A.		
Teens under the influence : the truth about kids, alcohol, and other drugs : how to recognize the problem, and what t	Ketcham, Katherine, 1949- / Pace, Nicholas A.		
The Myths of Marijuana Debunked	Human Relations Media		
The New Face of Drugs	DrugTalk		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Drugs/ Alcohol</b>			
The New Face of Drugs : A Wake-Up Call for Parents and Teens	DrugTalk		
**Tobacco and Death: Perfect Together	Human Relations Media		
Too Much: The Extreme Dangers of Binge Drinking	Human Relations Media		
Under the influence : Info. on alcohol	Discovery channel		
What's Wrong With Methamphetamine?			
When the drug war hits home : healing the family torn apart	Stamper, Laura.		
When your unborn child is on drugs, alcohol or tobacco	Milner-Fenwick		
Women and alcoholism	FFH		
<b>Category: Eating Disorders</b>			
Anatomy of a Food Addiction : The brain chemistry of overeating	Katherine, Anne M.A.		
Binge no more : Your guide to overcoming disordered eating	Nash, Joyce		
The body betrayed : women, eating disorders, and treatment	Zerbe, Kathryn J., 1951-		
Bulimia : a guide for family and friends	Sherman, Roberta Trattner, 1949- / Thompson, Ron A.		
Diary of an anorexic girl	Menzie, Morgan.		
**Dying to be thin : Anorexia, bulimia	NOVA		
The eating disorder sourcebook : a comprehensive guide to the causes, treatments, and prevention of eating disorders	Costin, Carolyn.		
**Eating disorders	Aquarius		
Handbook of treatment for eating disorders	Garner, David M., 1947- / Garfinkel, Paul E., 1946-		
Hungry Hearts : Recognizing and preventing eating disorders	Paraclete video productions		
Hungry Hearts : Recognizing and preventing eating disorders	Aquarius		
**Perfect Illusions : Eating disorders and the family	KCTS		
Stick figure : a diary of my former self	Gottlieb, Lori.		
Wasted : A memoir of anorexia and bulimia	Marya Hornbacher		
When dieting becomes dangerous : a guide to understanding and treating anorexia and bulimia	Michel, Deborah Marcontell, 1964- / Willard, Susan G., 1945-		
When your child has an eating disorder : a step-by-step workbook for parents and other caregivers	Natenshon, Abigail, 1947-		
<b>Category: Exercise/Fitness</b>			
10 Minute Solution : Fitness Ball Workouts			
15 minute everyday pilates 1st American ed.	Ungaro, Alycea.		
**30 Day Shred	Michaels, Jillian		
The 90-day fitness walking program	Fenton, Mark. / Bauer, Seth.		
A.M. and P.M. Yoga : for beginners	Gaiam		
ACSM fitness book	American College of Sports Medicine.		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Exercise/Fitness</b>			
ACSM's guidelines for exercise testing and prescription	American College of Sports Medicine. / Whaley, Mitchell H., 1955- / Brubaker, Peter H., 1961-		
The active woman's health and fitness handbook	Swedan, Nadya.		
Ageless Yoga : Yoga exercises for improving your life at any age!	Reichmann, Rosie		
American Heart Association fitting in fitness : hundreds of simple ways to put more physical activity into your life.	American Heart Association.		
The American Yoga Association's easy does it yoga : the safe and gentle way to health and well-being	Christensen, Alice. / American Yoga Association.		
Back Care Basics : A doctor's gentle yoga program for back adn neck pain relief	Mary Pullig Schatz, M.D.		
The body challenge success program for the whole family	Peeke, Pamela.		
Book of body maintenance and repair	Moffat, Marilyn. / Vickery, Steve. / American Physical Therapy Association (1921-		
<b>CARDIO</b>			
Chicken soup to inspire the body and soul : motivation and inspiration for living and loving a healthy lifestyle	Canfield, Jack, 1944-		
Classical Pilates Technique : The Complete Mat Workout Series	Leikens, Bob / Ungaro, Alycea / Fiasca, Peter		
Complete Aerobics and Weight Training	The Firm Body Sculpting System2		
The complete waterpower workout book : programs for fitness, injury prevention, and healing	Huey, Lynda. / Forster, Robert, RPT.		
Complete yoga	Weller, Stella		
**The Culprit & the Cure	Willett, Walter		
**The Culprit & the Cure	Willett, Walter		
**Dance Off the Inches : Hip Hop Party			
<b>DANCE: : core cross train</b>			
Discover Tai Chi : AM & PM Workouts	Scott Cole		
Eat smart, walk strong Leslie Sansone's eat smart, walk strong : the secrets to effortless weight loss	Sansone, Leslie.		
The everything total fitness book : a complete program to help you look--and feel--great (An everything series book)	Karpay, Ellen.		
The everything weight training book : tone, shape, and strengthen your body, look your best in no time	Archer, Shirley Sugimura.		
<b>Exercise: Healthy Heart (Time Life series)</b>			
Exercise and the older individual	Milner-Fenwick		
Exercise physiology : energy, nutrition, and human performance	McArdle, William D. / Katch, Frank I. / Katch, Victor L.		
Exercise: Getting Active, Staying Active : GN-38	Milner-Fenwick		
Firm Up Fast Walk : WalkAerobics	Sansone, Leslie.		



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Title	Author	Location	Order
<b>Category: Exercise/Fitness</b>			
Fit and fabulous after 40 : A 5-part program for turning back the clock	Austin, Denise		
Fitness & health 6th ed.	Sharkey, Brian J. / Gaskill, Steven E., 1952- / Sharkey, Brian J. Fitness and health.		
Fitness & health 6th ed.	Sharkey, Brian J. / Gaskill, Steven E., 1952- / Sharkey, Brian J. Fitness and health.		
Fitness and health	Sharkey, Brian J.		
The fitness factor : every woman's key to a lifetime of health and well-being	Callahan, Lisa.		
Fitness over fifty	Knopf, Karl G. / Downs, Steve B.		
Fitness Over Fifty : An Exercise from the National Institute on Aging			
Gotta minute : the ultimate guide of one-minute workouts for anyone, anytime, anywhere	Nygaard, Bonnie. / Hopper, Bonnie.		
The great dumbbell handbook : Quick reference guide to dumbbell exercises	Jespersen, Michael / Potvin, Andre		
Griffith's instructions for patients	Moore, Stephen W. / Griffith, Jo A. / Griffith, H. Winter (Henry Winter), 1926-		
Health heart exercise : Complete workout for better living	Time Life		
healthy back exercise book. The : Achieving & maintaining a healthy back	Fielding, Deborah / Fielding, Simon		
The healthy heart walking book : A complete program for a lifetime of fitness	American heart association		
The healthy heart walking book : A complete program for a lifetime of fitness	American heart association		
KICKBOX: : core cross train			
Kids & sports : everything you and your child need to know about sports, physical activity, and good heal (A Newmarket parenting guide)	Small, Eric. / Spear, Linda.		
Mayo Clinic on healthy weight	Hensrud, Donald D. / Mayo Clinic.		
More than stretch - for older adults and senior	Aquarius		
On the Ball : Pilates Workout for Beginners	Garcia, Lizbeth		
Pilates : Abs workout	Gaiam		
Pilates : Achieving your potential for health, strengths, flexibility, and stamina	Mckone, Walter		
Pilates : Beginning mat workout	Gaiam		
Pilates : body in motion	Ungaro, Alycea. / Sadur, Russell.		
Pilates : For Every Body	Austin, Denise		
Pilates : Intermediate mat workout	Gaiam		
The Pilates body : the ultimate at home guide to strengthening, lengthening, and toning your body --without	Siler, Brooke, 1968-		
The Pilates body : the ultimate at home guide to strengthening, lengthening, and toning your body --without machines	Siler, Brooke, 1968-		
Pilates Complete for Weight Loss : Interactive Personal Trainer	Bodywisdommedia		
Pilates Complete for Weight Loss : Over 15 fat burning workouts			

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Exercise/Fitness</b>			
Pilates Complete Sculpt and Tone : Interactive Personal Trainer	Bodywisdommedia		
Pilates on the ball : the world's most popular workout using the exercise ball	Craig, Colleen.		
Power Yoga : Total Body	Gaiam		
Reflexology and Massage			
Safe Back Workout : Flexibility, breathing and relaxation routine	Rehabilitation of the spine		
Safe Back Workout : Glutes and Thighs	Rehabilitation of the spine		
Safe Back Workout : Low Back and Abdominals	Rehabilitation of the spine		
Safe Back Workout : Low Back Remobilization and Reactivation	Rehabilitation of the spine		
Simply Pilates : Book & DVD	Pohlman, Jennifer		
Simply Pilates : Book & DVD	Pohlman, Jennifer		
Simply Yoga : Book & DVD	Pettinato, yolanda		
The spirited walker : fitness walking for clarity, balance, and spiritual connection	Kortge, Carolyn Scott.		
Sports injury handbook : professional advice for amateur athletes	Levy, Allan M. / Fuerst, Mark.		
The sports medicine bible : prevent, detect, and treat your sports injuries through the latest medical techniques	Micheli, Lyle J., 1940- / Jenkins, Mark, 1962-		
Strength training past 50	Westcott, Wayne L., 1949- / Baechle, Thomas R., 1943-		
Strength training past 50 (Ageless athlete series)	Westcott, Wayne L., 1949- / Baechle, Thomas R., 1943-		
Stretch & Strengthen : A safe, comprehensive exercise program to balance your muscle strength with lifelong flex	Alter, Judy		
Stretching : 20th anniversary	Anderson, Bob, 1945-		
Stretching : 20th anniversary	Anderson, Bob, 1945-		
**Stretching for fitness, health & performance : complete handbook for all ages & fitness levels	Oswald, Christopher A. / Bacso, Stanley N.		
Strong women, strong backs : an essential program for a strong, healthy, pain-free back and toned mid-section	Nelson, Miriam E. / Lindner, Lawrence.		
Structure & function of the body	Thibodeau, Gary A., 1938- / Patton, Kevin T.		
T'ai Chi : A.M and P.M.	Gaiam		
The No Sweat Exercise Plan : Lose Weight, Get Healthy, and Live Longer	Simon, Harvey B. (Harvey Bruce), 1942-		
The total back book	Sutcliffe, Jenny.		
Ultimate core ball workout : strengthening and sculpting exercises with over 200 step-by-step photos	Detz, Jeanine.		
**Ultimate fitness : the quest for truth about exercise and health	Kolata, Gina Bari, 1948-		
the Ultimate workout log : An exercise diary and fitness guide	Schlosberg, Suzanne		
**Walk Away the Pounds	Sansone, Leslie.		
Walk Away the Pounds : 30 Minute Walk	Sansone, Leslie.		
**Walk Away the Pounds : Walk & Jog	Sansone, Leslie.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Exercise/Fitness</b>			
Walk Away the Pounds : Walk and Kick Power Series	Sansone, Leslie.		
Walk Away the Pounds for Abs : The ultimate in-home walking system	Sansone, Leslie.		
Walking magazine's the complete guide to walking for health	Fenton, Mark.		
Walking magazine's the complete guide to walking for health	Fenton, Mark.		
Walking magazine's the complete guide to walking for health	Fenton, Mark.		
Water workouts : a guide to fitness, training, and performance enhancement in the water	Tarpinian, Steve. / Awbrey, Brian J.		
Weight Control: Losing weight and keeping it off : GN-39	Milner-Fenwick		
The wellness guide to lifelong fitness	White, Timothy P. / University of California, Berkeley.		
When working out isn't working out : a mind	Gerrish, Michael.		
Working It Out	Milner-Fenwick		
<b>**YOGA</b>			
Yoga : A system for harmonizing the mind, body and spirit	Brown, Christina		
Yoga : mastering the basics	Anderson, Sandra. / Sovik, Rolf.		
Yoga & Pilates : Total Body Toner	Solomon, Louise		
Yoga Basics	Gaiam		
<b>**Yoga Complete for Weight Loss</b>	Bodywisdommedia		
Yoga for busy people : increase energy and reduce stress in minutes a day	Groves, Dawn, 1955-		
Yoga for Stress Relief	Bodywisdommedia		
Yoga Mind & Body	MacGraw, ali		
Yoga over 50 : the way to vitality, health, and energy in the prime of life	Stewart, Mary, 1933- / Lousada, Sandra.		
YogaKids	Gaiam Kids		
You on a Diet : Take Inches Off Your Waist!	Roizen, Michael F.		
You on a Diet Workout	Roizen, Michael F. / Oz, Mehmet, 1960-		
<b>YOU: The Owner's Manual Workout</b>			
The young athlete : a sports doctor's complete guide for parents	Metzl, Jordan D., 1966- / Shookhoff, Carol.		
<b>Category: General health</b>			
100 questions and answers about plastic surgery	Gerber, Diane. / Kuechel, Marie Czenko.		
365 Days of Hope : Encouragement for those facing loss, pain and disappointment			
52 Fun Family Devotions : Exploring and Discovering God's Word	Nappa, Mike and Amy		
The 7 habits of highly effective people : powerful lessons in personal change	Covey, Stephen R.		
A Healthy Food Guide for People with Chronic Kidney Disease	Harvey, Kathy Schiro. / American Dietetic Association. Renal Practice / Group.		
A Roadmap to Diversity - 10/19/05 : Multicultural videoconference - St. Elizabeths	Telehealth		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: General health</b>			
Above the Clouds			
Acland's Human Anatomy : DVD 1 - The Upper Extremity	LLW		
Acland's Human Anatomy : DVD 2 - The Lower Extremity	LWW		
Acland's Human Anatomy : DVD 3 - The Trunk	LWW		
Acland's Human Anatomy : DVD 4 - The Head and Neck, Part 1	LWW		
Acland's Human Anatomy : DVD 5 - The Head and Neck, Part 2	LWW		
Acland's Human Anatomy : The Internal Organs - DVD 6	Acland, Robert D.		
**Adrenal Fatigue : the 21st century stress syndrome 1st ed.	Wilson, James L. / Smart Publications.		
**Allergies and Hay Fever	Films for the humanities and sciences		
Alopecia Areata : Understanding and Coping with Hair Loss	Thompson, Wendy / Shapiro, Jerry		
American Medical Association complete medical encyclopedia	American Medical Association.		
The American Medical Association family medical guide	Clayman, Charles B.		
Anatomical Chart Series : 48 Laminated Classic Anatomical Charts	LWW		
Anemia in women : self-help and treatment	Gomez, Joan. / Gomez, Jean. How to cope with anaemia.		
The anesthesia fact book : everything you need to know before surgery	Sweeny, Frank.		
Antibiotics: the double-edged sword	FFH		
The architecture and design of man and woman : the marvel of the human body, revealed	Tsiaras, Alexander. / Werth, Barry.		
Assert yourself! : developing power-packed communication skills to make your points clearly, confidently, and persuasively	Contini, Lisa.		
At Home with Jesus : Devotions for Children	Wiechmann Moldstad, Joslyn		
Atlas of human anatomy	Netter, Frank H. (Frank Henry), 1906-1991. / Hansen, John T.		
Attitude is everything : 10 life-changing steps to turning attitude into action	Harrell, Keith D.		
The Bald Truth	Discovery Health		
Basics of First Aid : What should I do?	Cambridge Educational		
Beyond chaos : one man's journey alongside his chronically ill wife	Piburn, Gregg.		
Body Atlas - 5 part series : Disc 1 - In the womb, glands and hormones	Ambrose video		
Body Atlas - 5 part series : Disc 2 - Muscle and bone, breath of life	Ambrose Video		
Body Atlas - 5 part series : Disc 3 - skin, the food machine, taste and smell	Ambrose Video		
Body Atlas - 5 part series : Disc 4 - visual reality, defend and repair, sex	Ambrose Video		
Body Atlas - 5 part series : Disc 5 - human pump, now hear this, the brain	Ambrose Video		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: General health</b>			
**Body mind spirit : tapping the healing power within you : a 30-day program	Johnson, Richard P.		
Body mind spirit : tapping the healing power within you : a 30-day program	Johnson, Richard P.		
Body Story : Body snatchers & breaking down	Discovery channel		
Body Story : Out of control, spreading menace & teen dreams	Discovery channel		
Body Story - 3 part series : Beast within and crash	Discovery		
Bone Marrow and Blood Stem Cell Transplants : A guide for patients	Stewart, Susan K.		
Burn brightly without burning out : Balancing your career with the rest of your life	Biggs, dick		
Caffeine : Fact & fallacy	Aruna, Augustine		
Career opportunities in health care	Field, Shelly.		
Challenging change : five steps for dealing positively with change	DeForest, Holly.		
Chicken soup for the nurse's soul : 101 stories to celebrate, honor, and inspire the nursing profession	Canfield, Jack, 1944-		
<b>Chronic Fatigue Syndrome</b>			
Clifford visits the hospital	Bridwell, Norman.		
Coaching knock your socks off service	Zemke, Ron. / Anderson, Kristin, 1962-		
**Colonoscopy	Milner-Fenwick		
The colors of care : what are those doctors thinking?	Freeman, Jerome W.		
<b>Common Childhood Illnesses : Diagnosis and Treatment</b>			
The complete home wellness handbook : home remedies, prevention, self-care	Swartzberg, John Edward, 1945- / Margen, Sheldon.		
Confronting CJD (Crutzfeldt-Jakob Disease)	Crutzfeldt-Jakob Foundation		
Connecting generations : the sourcebook for a new workplace	Raines, Claire.		
**Conquering Bladder and Prostate Problems : The authoritative guide for men and women	Blaivas, Jerry G., M.D.		
Coping with Peripheral Neuropathy : How to handle stress, disability, anxiety, fatigue, depression, pain and relationships	Berman, Scott, MD, CIDP		
Coumadin therapy and you	DuPont		
Cracking the code of life : Human DNA	NOVA		
Creating a healthy household : the ultimate guide for healthier, safer, less-toxic living	Bower, Lynn Marie.		
Dealing with Different, Diverse & Difficult People : Get the results you want from the people you live with at work			
Deep Vein Thrombosis	FFH		
The definitive book of body language Bantam hardcover ed.	Pease, Allan. / Pease, Barbara.		
Do Not Lose Heart : Meditations of Encouragement & Comfort	Dravecky, Dave & Jan		
Don't Throw Away Tomorrow : Living God's Dream for Your Life	Schuller, Robert H.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
Category: <b>General health</b>			
Dr. Sanjiv Chopra's liver book : a comprehensive guide to diagnosis, treatment, and recovery	Chopra, Sanjiv.		
Drug Resistant Pneumonia (Healthy Mind Healthy Body TV series)			
Dwarf Standing Tall	Discovery Health		
Eat, Drink, and Be Healthy : The Harvard Medical School Guide to Healthy Eating	Willett, Walter		
Effective leadership and management in nursing 6th ed.	Sullivan, Eleanor J., 1938- / Decker, Phillip J.		
Emergency First Aid : Infant & Toddler - Volume 1 Accidents	Apogee Productions Ltd.		
Encyclopedia of the human body	Walker, Richard, 1951-		
Exercise Considerations for Patients with Heart Failure - 4/4/06 Videoconference			
Exploring personality styles : a guide for better understanding yourself and your colleagues	Dobson, Michael Singer.		
Feeling dizzy : understanding and treating vertigo, dizziness, and other balance disorders	Blakley, Brian W. / Siegel, Mary-Ellen.		
Fire safety (Adventures in the roo world. Young roo series)	Gross, Pati Myers.		
Fish! : a remarkable way to boost morale and improve results	Lundin, Stephen C., 1941- / Paul, Harry, 1950- / Christensen, John, 1959-		
Flipping the switch : unleash the power of personal accountability using the QBQ!	Miller, John G., 1958-		
**Flipping the switch : unleash the power of personal accountability using the QBQ!	Miller, John G., 1958-		
**Flipping the switch : unleash the power of personal accountability using the QBQ!	Miller, John G., 1958-		
**Flipping the switch : unleash the power of personal accountability using the QBQ!	Miller, John G., 1958-		
Flipping the switch : unleash the power of personal accountability using the QBQ!	Miller, John G., 1958-		
Following the clues: a visit to the doctor and the library			
Following the clues: a visit to the doctor and the library (Narrated in English, Spanish and Sudanese-Nuer)			
Following the clues: A visit to the doctor and the library (in spanish) : In Spanish			
Following the clues: a visit to the doctor and the library (Sudanese-Nuer version) : Narrated in Sudanese-Nuer			
Franklin goes to the hospital	Jennings, Sharon.		
Frozen shoulder workbook : trigger point therapy for overcoming pain & regaining range of motion	Davies, Clair.		
Gale encyclopedia of medicine	Longe, Jacqueline L. / Blanchfield, Deirdre S. / Gale Research Company.		
Gale encyclopedia of medicine	Longe, Jacqueline L. / Blanchfield, Deirdre S. / Gale Research Company.		
Gale encyclopedia of medicine	Longe, Jacqueline L. / Blanchfield, Deirdre S. / Gale Research Company.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
Category: <b>General health</b>			
Gale encyclopedia of medicine	Longe, Jacqueline L. / Blanchfield, Deirdre S. / Gale Research Company.		
Gale encyclopedia of medicine	Longe, Jacqueline L. / Blanchfield, Deirdre S. / Gale Research Company.		
Gallstones	Time Life		
Generations at work : managing the clash of veterans, boomers, xers, and nexters in your workplace	Zemke, Ron. / Raines, Claire. / Filipczak, Bob.		
Glimpses of Heaven : Reflections on Your Eternal Hope	Dravecky, Dave & Jan / Sorenson, Amanda		
Good to great : why some companies make the leap--and others don't	Collins, James C. (James Charles), 1958-		
Good to great : why some companies make the leap--and others don't	Collins, James C. (James Charles), 1958-		
Good to Great : Why some companies make the leap...and others don't	Collins, Jim		
Good to Great : Why Some Companies Make the Leap...and Others Don't	Collins, Jim		
Guidelines for Spiritual Care in Hospice	National Hospice and Palliative Care Organization		
Guillain-Barré syndrome : from diagnosis to recovery (American Academy of Neurology (AAN) quality of life guides)	Parry, Gareth J. / Steinberg, Joel S.		
The habit change workbook : how to break bad habits and form good ones	Claiborn, James. / Pedrick, Cherry.		
Hair Loss Answers	Panagotacos, Peter		
Harmony : A guide to emotional well-being	AAL		
The Harvard Medical School family health guide	Komaroff, Anthony L. / Harvard Medical School.		
Healing bodies and souls : a practical guide for congregations	Hale, W. Daniel (William Daniel), 1950- / Koenig, Harold George.		
Healing words : the power of apology in medicine	Woods, Michael S.		
Health at home : your complete guide to symptoms, solutions & self-care	Powell, Don R. / American Institute for Preventive Medicine.		
Health Body Healthy Mind : Kidney Cancer: The Silent Destroyer			
Health-care careers for the 21st century	Wischnitzer, Saul. / Wischnitzer, Edith.		
Healthwise handbook : A self-care manual for you	Kemper, donald		
The healthy house : how to buy one, how to build one, how to cure a sick one	Bower, John, 1949-		
Hepatitis C	Films for the humanities and sciences		
Hidden costs, value lost : uninsurance in America (Insuring health)	Institute of Medicine (U.S.). Committee on th / Consequences of Uninsurance.		
Home safe home : creating a healthy home environment	Dadd-Redalia, Debra, 1955-		
How the immune system works	Sompayrac, Lauren.		
Human Body : A Visual Guide	McMillan, Beverly		
Hypothyroidism : Type 2	Starr, Mark		
I Can Be Safe : A First Look At Safety	Thomas, Pat		
I can be safe : a first look at safety (A first look at ... book)	Thomas, Pat, 1959- / Harker, Lesley, ill.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
Category: <b>General health</b>			
I Quit, But Forgot to Tell You : Attacking the Spreading Virus of Disengagement	Kabachnick, Terri		
**IBS: Irritable Bowel Syndrome			
Identifying and Avoiding Asthma Triggers	Milner-Fenwick		
The immune system your magic doctor : a guide to the immune system for the curious of all ages	Garvy, Helen. / Bessie, Dan.		
Instant icebreakers : 50 powerful catalysts for group interaction and high-impact learning	Christian, Sandy Stewart. / Tubesing, Nancy Loving.		
The interstitial cystitis survival guide : your guide to the latest treatment options and coping strategies	Moldwin, Robert M.		
It's Time To Call 911 : What to do in an Emergency			
The Johns Hopkins consumer guide to medical tests : what you can expect, how you should prepare, what your results mean	Margolis, Simeon, 1931-		
Johns Hopkins family health book	Klag, Michael J. / Johns Hopkins University.		
The Johns Hopkins medical guide to health after 50 : the latest recommendations from the Hopkins specialists	Margolis, Simeon, 1931-		
Journey of Hope : Walking with hope through life's valleys	Reel Productions		
Killer Flu	Discovery Health		
Knee Replacement			
Laughter from heaven	Johnson, Barbara (Barbara E.)		
Leadership the Challenge : Third Edition	Kouzes, Jim / Posner, Barry		
Learning to laugh at work : the power of humor in the workplace	McGraw, Robert.		
A Legacy of 21st Century Leadership : A guide for creating a climate of leadership throughout your organization	Wallce Les, PhD / Trinkka, James, PhD		
A life worth living : a doctor's reflections on illness in a high-tech era 1st ed.	Martensen, Robert L. (Robert Lawrence)		
Little visits 1-2-3 : devotions for families with infant to pre-school children	Simon, Mary Manz, 1948-		
Little Visits for Families	Jahsmann, Allan Hart / Simon, Martin P. / Simon, Mary Manz		
The liver disorders sourcebook	Worman, Howard J.		
Living and Dying with Muscular Dystrophy	Films for the humanities and sciences		
Living well with hypothyroidism : what your doctor doesn't tell you-- that you need to know	Shomon, Mary J.		
Living with Allergies & Hay Fever			
Living with grief : diversity and end-of-life care (Living with grief)			
Lou Gehrig's Disease : Insights into ALS			
Love, medicine & miracles : lessons learned about self-healing from a surgeon's experience with exceptional patients	Siegel, Bernie S.		
Low back pain			
Lower limb amputation : a guide to living a quality life	Cristian, Adrian, 1964-		



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Library Materials by Category

Title	Author	Location	Order
<b>Category: General health</b>			
Lyme Disease			
Managing for Dummies	Nelson, Bob / Economy, Peter / Blanchard, Ken		
Managing transitions : making the most of change	Bridges, William, 1933-		
Mayo Clinic family health book 3rd ed.	Litin, Scott C. / Mayo Clinic.		
Mayo healthquest : guide to self-care	Hagen, Philip T. / Mayo Foundation for Medical Education and / Research.		
The Merck manual of medical information	Beers, Mark H. / Fletcher, Andrew J.		
Mind, Body, Soul & Money : Putting your life in balance	Jean-Murat, Carolle		
Motivation Lombardi style			
Multicultural education in a pluralistic society	Gollnick, Donna M. / Chinn, Philip C., 1937-		
My amazing body : a first look at health and fitness (A first look at-- book)	Thomas, Pat, 1959- / Harker, Lesley.		
My ear hurts! : a complete guide to understanding and treating your child's ear infections	Friedman, Ellen M. / Barassi, James P.		
The Nebraska Foundation Databook : 2nd Edition	Pearson, Ford T.		
<b>**New fears for food : Emerging diseases</b>	Cambridge educational		
No dragons for tea : Fire safety for kids	Pendziwol, Jean / Gourbault, Martine		
No dragons for tea : Fire safety for kids	Pendziwol, Jean / Gourbault, Martine		
No more kidney stones	Rodman, John S., 1946- / Seidman, Cynthia. / Jones, Rory.		
The non-surgical facelift book : a guide to facial rejuvenation procedures	Byun, Michael, 1965- / Mendelsohn, Jon, 1966- / Truswell, William, 1946-		
The One minute manager	Blanchard, Kenneth / Johnson, Spencer		
The one minute manager	Blanchard, Kenneth H. / Johnson, Spencer.		
Osteoporosis			
Overcoming overactive bladder : your complete self-care guide	Newman, Diane Kaschak. / Wein, Alan J.		
Parasites - Eating us Alive	Discovery Channel		
<b>Patient Safety</b>			
The patient's guide to medical tests : everything you need to know about the tests your doctor orders	Segen, J. C. / Wade, Josie.		
Peace, love & healing : bodymind communication and the path to self-healing : an exploration	Siegel, Bernie S.		
Peripheral neuropathy : when the numbness, weakness, and pain won't stop (American Academy of Neurology (AAN) quality of life guides)	Latov, Norman.		
Photographic atlas of the body	Science Photo Library.		
Placebo: mind over medicine?	Discovery channel		
Pressure Ulcers	FFH		
Primer on kidney diseases	Greenberg, Arthur, 1950- / Cheung, Alfred K. / National Kidney Foundation.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: General health</b>			
Professional guide to diseases.	Lippincott Williams & Wilkins. Springhouse / Division.		
Providing Culturally and Linguistically Competent Health Care	Joint Commission		
QBQ! : the question behind the question	Miller, John G., 1958-		
**QBQ! : the question behind the question : practicing personal accountability in work and in life	Miller, John G., 1958-		
QBQ! : the question behind the question : practicing personal accountability in work and in life	Miller, John G., 1958-		
QBQ! : the question behind the question : practicing personal accountability in work and in life	Miller, John G., 1958-		
**QBQ! : the question behind the question : practicing personal accountability in work and in life	Miller, John G., 1958-		
**QBQ! : the question behind the question : practicing personal accountability in work and in life	Miller, John G., 1958-		
**QBQ! : the question behind the question : practicing personal accountability in work and in life	Miller, John G., 1958-		
Raynaud's phenomenon	Coffman, Jay D. (Jay Denton), 1928-		
Recovering from your crime-related injuries	US Department of Justice / Office for victims of crime		
**Recovery of your self-esteem : a guide for women	Hillman,Carolynn.		
Regaining bladder control : what every woman needs to know	Rogers, Rebecca G. (Rebecca Glenn), 1959- / Shagam, Janet Yagoda. / Kleinschmidt, Shelley.		
Restless legs syndrome : relief and hope for sleepless victims of a hidden epidemic	Yoakum, Robert, 1922-		
**Reversing Memory Loss	Mark, Vernon / Mark, Jeffrey		
Riding for the Brand : The Power of Purposeful Leadership	Whitt, Jim		
Risk-taking : 50 ways to turn risks into rewards	Caroselli, Marlene.		
Robert K. Greenleaf : a life of servant leadership	Frick, Don M., 1946-		
Salud! : a latina's guide to total health	Delgado, Jane L. / National Hispanic Women's Health Initiative.		
Scared Silent: Exposing & Ending Child Abuse	Discovery Education		
Secrets of the Frontline Superstars	Caroselli, Marlene		
**Sexual assault : will I ever feel okay again?	Scott, Kay. / Scott, Kay. Raped.		
A shared destiny : community effects of uninsurance (Insuring health)	Institute of Medicine (U.S.). Committee on th / Consequences of Uninsurance.		
Shedding the Past : Gastric bypass surgery and its complications	FFH		
Silos, politics, and turf wars : a leadership fable about destroying the barriers that turn colleagues into competitors 1st ed.	Lencioni, Patrick, 1965-		
The sinusitis help book : a comprehensive guide to a common problem : questions, answers, options	Williams, M. Lee.		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: General health</b>			
Smooth Pulse			
Spasmodic torticollis handbook : a guide to treatment and rehabilitation	Pathak, Mayank. / Frei, Karen. / Truong, Daniel, M.D.		
Stand up for your life : A practical step-by-step plan to build inner confidence and personal power	Richardson, Cheryl		
Staying in Control of Your Asthma	Milner-Fenwick		
Stop drop and roll	Cuyler, Margery. / Howard, Arthur, ill.		
Surgery and its alternatives : how to make the right choices for your health	McLanahan, Sandra A. / McLanahan, David J.		
The surgery book	Youngson, R. M. / Diagram Group.		
The surgery handbook : a guide to understanding your operation	Ruggieri, Paul, 1959-		
Take time for your life : A 7-step program for creating the life you want	Richardson, Cheryl		
Teamwork	Glenn Parker		
The 21 Indispensable Qualities of a Leader : Becoming the Person Others Will Want to Follow	Maxwell, John C.		
The first year - hypothyroidism: an essential guide for the newly diagnosed : The complete first year series	Pratt, Maureen.		
**The Gift for All People : Thoughts on God's Great Grace	Lucado, Max		
The girls with no hair : A story about alopecia areata	Murphy-melas, Elizabeth		
The Mentoring Advantage : How to Help Your Career Soar to New Heights	Grout, Pam		
The official patient's sourcebook on smell and taste disorder	Parker, James N., M.D. / Parker, Philip M., Ph.D.		
The Secret Life of the Brain	PBS DVD Video		
The Transformational Power of Purpose : Finding and Fulfilling Your Purpose in Life	Whitt, Jim		
The Transformational Power of Purpose : Finding and Fulfilling Your Purpose in Life	Whitt, Jim		
The Transformational Power of Purpose : Finding and Fulfilling Your Purpose in Life	Whitt, Jim		
The Worth of a Man	Dravecky, Dave		
Things You Should Know Before Entering the Hospital			
Thyroid Disorder	Time Life		
Thyroid disorders : a Cleveland clinic guide	Skugor, Mario, 1961- / Wilder, Jesse Bryant.		
**The thyroid solution : a mind-body program for beating depression and regaining your emotional and physical heal	Arem, Ridha.		
The thyroid sourcebook : everything you need to know	Rosenthal, M. Sara.		
A time for listening and caring : spirituality and the care of the chronically ill and dying	Puchalski, Christina M.		
Tinnitus : a self-management guide for the ringing in your ears	Henry, Jane L. / Wilson, Peter H.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: General health</b>			
Toxics A to Z : a guide to everyday pollution hazards	Harte, John, 1939-		
Transcultural health care : a culturally competent approach	Purnell, Larry D. / Paulanka, Betty J.		
Travel Medicine: Be Prepared	Films for the humanities and sciences		
Ulcers : Gastrointestinal	Time Life		
Under the mask : a guide to feeling secure and comfortable during anesthesia and surgery	Cottrell, James E. / Golden, Stephanie.		
Understanding anemia (Understanding health and sickness series)	Uthman, Ed.		
Understanding Asthma Medications	Milner-Fenwick		
Understanding Hepatitis A			
Understanding Hepatitis B			
Understanding Kidney Disease			
Unknown World : The odyssey of life	NOVA / FFH		
Upper GI Endoscopy	Milner-Fenwick		
Varicose veins : a guide to prevention and treatment	Baron, Howard C. / Ross, Barbara A.		
Varicose veins and spider veins : myths and realities : a conservative and common-sense approach to unwanted leg veins	Musson, Robert A.		
The Wellness book : the comprehensive guide to maintaining health and treating stress-related illness	Benson, Herbert, 1935- / Stuart, Eileen M. / Harvard Medical School. Mind/Body Medical		
What about me? : when brothers and sisters get sick	Peterkin, Allan. / Middendorf, Frances, ill.		
What to expect when you go to the dentist (What to expect kids)	Murkoff, Heidi Eisenberg. / Rader, Laura, ill.		
What to expect when you go to the doctor (What to expect kids)	Murkoff, Heidi Eisenberg. / Rader, Laura, ill.		
When you can't come back : A story of courage & grace	Dravecky, Dave & Jan / Gire, Ken		
Who Moved My Cheese?	Johnson, Dr. Spencer		
Why Don't We Do It In Our Sleeves?	OtoRhinoLounsburgology Productions		
Working with your doctor : getting the healthcare you deserve	Keene, Nancy.		
You The Owner's Manual : With Dr. Mehmet Oz	Discovery Health		
You--the owner's manual : an insider's guide to the body that will make you healthier and younger	Roizen, Michael F. / Oz, Mehmet, 1960-		
Your child in the hospital : a practical guide for parents (Patient-centered guides)	Keene, Nancy. / Prentice, Rachel.		
Your child in the hospital : a practical guide for parents (Patient-centered guides)	Keene, Nancy. / Prentice, Rachel.		
Your thyroid : a home reference	Wood, Lawrence C. / Cooper, David S. / Ridgway, E. Chester.		
Your thyroid : a home reference	Wood, Lawrence C. / Cooper, David S. / Ridgway, E. Chester.		
<b>Category: Grief</b>			
A broken heart still beats : After your child dies	McCracken, Anne / Semel, Mary		
A Grace Disguised : How the Soul Grows Through Loss	Sittser, Jerry		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Grief</b>			
A time to mourn, a time to dance : Help for the losses in life	AAL		
After the darkest hour, the sun will shine again : a parent's guide to coping with the loss of a child	Mehren, Elizabeth.		
After the darkest hour, the sun will shine again : a parent's guide to coping with the loss of a child	Mehren, Elizabeth.		
After the death of a child : Living with loss through the years	Finkbeiner, Ann K.		
After the tears : A gentle guide to help children understand death	Garrison Oaks		
Awakening from Grief : Finding the way back to joy	Welshons, John E.		
**Badger's parting gifts	Varley, Susan.		
The bereaved parent	Schiff, Harriet Sarnoff.		
Chicken soup for the grieving soul : stories about life, death, and overcoming the loss of a loved one	Canfield, Jack, 1944- / Hansen, Mark Victor.		
Chicken soup for the grieving soul : stories about life, death, and overcoming the loss of a loved one	Canfield, Jack, 1944- / Hansen, Mark Victor.		
Companioning the Bereaved : A soulful guide for caregivers	Wolfelt, Alan D.		
Dying at home : a family guide for caregiving (A Johns Hopkins Press health book)	Sankar, Andrea.		
Embracing butterflies: reflections on living and the end-of- End-of-life	Terra Nova films		
An empty cradle, a full heart : reflections for mothers and fathers after miscarriage, stillbirth, or infant death	Lafser, Christine O'Keeffe.		
An empty cradle, a full heart : reflections for mothers and fathers after miscarriage, stillbirth, or infant death	Lafser, Christine O'Keeffe.		
Empty cradle, broken heart : surviving the death of your baby	Davis, Deborah L., 1955-		
Final gifts : understanding the special awareness, needs, and communications of the dying	Callanan, Maggie. / Kelley, Patricia, 1945-		
Finding your way after your spouse dies	Felber, Marta.		
Forbidden grief : the unspoken pain of abortion	Burke, Theresa Karminski. / Reardon, David C.		
Getting to the other side of grief : overcoming the loss of a spouse	Zonnebelt-Smeenge, Susan J., 1948- / De Vries, Robert C., 1942-		
Gone from my sight : The dying experience	Karnes, Barbara		
The grieving child : a parent's guide 2nd ed.	Fitzgerald, Helen.		
Guiding your child through grief	Emswiler, Mary Ann. / Emswiler, James P.		
Healing after loss : daily meditations for working through grief	Hickman, Martha Whitmore, 1925-		
Healing after loss : daily meditations for working through grief	Hickman, Martha Whitmore, 1925-		
The healing choice : your guide to emotional recovery after an abortion	De Puy, Candace. / Dovitch, Dana.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Grief</b>			
Healing conversations : what to say when you don't know what to say	Guilmartin, Nance, 1955-		
Healing through the dark emotions : the wisdom of grief, fear, and despair	Greenspan, Miriam.		
**Help me say goodbye : activities for helping kids cope when a special person dies	Silverman, Janis L.		
**Helping children cope with the loss of a loved one : a guide for grownups	Kroen, William C. / Espeland, Pamela, 1951-		
How do we tell the children? : a step-by-step guide for helping children two to teen cope when someone dies	Schaefer, Dan. / Lyons, Christine.		
How to go on living when someone you love dies	Rando, Therese A.		
**I miss you : a first look at death (A first look at ... book) 1st ed.	Thomas, Pat, 1959- / Harker, Lesley, ill.		
I miss you : a first look at death (A first look at ... book) 1st ed.	Thomas, Pat, 1959- / Harker, Lesley, ill.		
I wasn't ready to say goodbye : surviving, coping, and healing after the sudden death of a loved one Updated ed.	Noel, Brook. / Blair, Pamela D.		
I wasn't ready to say goodbye : surviving, coping, and healing after the sudden death of a loved one Updated ed.	Noel, Brook. / Blair, Pamela D.		
I'll hold you in heaven	Hayford, Jack W. / Hayford, Jack W. Early flight.		
Innovation in end-of-life care : Practical strategies & international perspectives	Soloman, Mildred / Romer, Anna / Heller, Karen		
Life after loss : a practical guide to renewing your life after experiencing major loss	Deits, Bob, 1933-		
Living with grief : children and adolescents (Living with grief)			
Living with grief when illness is prolonged	Doka, Kenneth J. / Davidson, Joyce.		
Miscarriage, women sharing from the heart	Allen, Marie, 1954- / Marks, Shelly.		
Mommy please don't cry : There are no tears in heaven	Deymaz, Linda		
Mother-to-Mother Postpartum Depression Support Book : Real stories from women who lived through it and recovered	Poulin, Sandra		
No time to say goodbye : Surviving the suicide of a loved one	Fine, Carla		
On Children and Death : How children and their parents can and do cope with death	Kubler-Ross, Elisabeth		
On death and dying : What the dying have to teach doctors, nurses, clergy, and their own families	Kubler-Ross, Elisabeth		
Pressing On...When You'd Rather Press Stop!	Streck, Leland W.		
Protecting your library's digital sources : the essential guide to planning and preservation	Kahn, Miriam (Miriam B.) / Rosof, Barbara D.		
**Sad Isn't Bad : A Good-Grief Guidebook for Kids Dealing With Loss	Mundy, Michaelene.		
Seasons of grief and healing	Miller, James E., 1945-		
SIDS & infant death survival guide : information & comfort for grieving family & friends & professionals who seek to help them	Horchler, Joani Nelson, 1956- / Morris, Robin Rice, 1962- / Horchler, Joani Nelson, 1956- SIDS survival		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Grief</b>			
Silenced angels : the medical, legal, and social aspects of shaken baby syndrome	Peinkofer, J. (Jim)		
A silent sorrow : pregnancy loss : guidance and support for you and your family	Kohn, Ingrid. / Moffitt, Perry-Lynn. / Wilkins, Isabelle A.		
Stacy had a little sister	Old, Wendie C. / Friedman, Judith, 1945- ill.		
Staying in charge : practical plans for the end of your life	Kaplan, Karen Orloff. / Lukas, Christopher.		
Sudden infant death syndrome : An update	FFH		
Talking about death	Morris, Virginia		
**Tear Soup : A Recipe For Healing After Loss	Schwiebert, Pat. / DeKlyen, Chuck		
Tear Soup : A Recipe For Healing After Loss	Schwiebert, Pat. / DeKlyen, Chuck		
The Next Place	Hanson, Warren		
The Next Place	Hanson, Warren		
Toward a better death	FFH		
Understanding Your Grief : Ten essential touchstones for finding hope and healing your heart	Wolfelt, Alan D.		
We had an angel instead : we were gonna have a baby, but we had an angel instead	Schwiebert, Pat.		
**We had an angel instead : we were gonna have a baby, but we had an angel instead 1st ed.	Schwiebert, Pat.		
We had an angel instead : we were gonna have a baby, but we had an angel instead	Schwiebert, Pat.		
When a loves one dies : Walking through grief as a teenager	Aquarius		
**When dinosaurs die : a guide to understanding death	Brown, Laurene Krasny. / Brown, Marc Tolon.		
When Someone Dies: bereavement and loss	Human Relations Media		
When the bough breaks : forever after the death of a son or daughter	Bernstein, Judith R.		
When there are no words : finding your way to cope with loss and grief	Walton, Charlie, 1940-		
Widow to Widow : Thoughtful, practical ideas for rebuilding your life	Ginsburg, Genevieve		
Without my baby : Coping with early infant loss	David Garrigus		
<b>Category: Headache</b>			
Conquering your migraine : the essential guide to understanding and treating migraines for all sufferers and their f	Diamond, Seymour, 1925- / Franklin, Mary A.		
Headache : The painful truth	Discovery channel		
Headache and your child : the complete guide to understanding and treating migraines and other headaches in childre	Diamond, Seymour, 1925- / Diamond, Amy.		
Headache help : a complete guide to understanding headaches and the medicines that relieve them	Robbins, Lawrence D. / Lang, Susan S.		
The headache sourcebook : the complete guide to managing tension, migraine, cluster, and other recurrent headaches	Paulino, Joel. / Griffith, Ceabert J.		
Headaches	FFH		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Headache</b>			
Heal your headache : the 1-2-3 program for taking charge of your pain	Buchholz, David.		
Mayo clinic on headache : managing the pain and reducing its impact on your life	Swanson, Jerry.		
Migraine and other headaches	Time Life		
Migraine and other headaches (AAN Press quality of life guide)	Young, William B. (William Boyd), 1959- / Silberstein, Stephen D.		
Migraines	Films for the humanities and sciences		
Migraines	Films for the humanities and sciences		
<b>Migraines: Understanding &amp; Treating</b>			
Understanding migraine and other headaches (Understanding health and sickness series)	Tepper, Stewart J.		
<b>Category: Heart</b>			
ABC of arterial and venous disease	Donnelly, Richard / London, Nick		
Angina Pectoris	Milner-Fenwick		
Angina Pectoris : 2nd edition	Milner-Fenwick		
Are you at Risk for a Heart Attack?	American Heart Association		
Are You At Risk For a Heart Attack?			
An arrow through the heart : one woman's story of life, love, and surviving a near-fatal heart attack	Heffernan, Deborah Daw, 1952-		
An arrow through the heart : one woman's story of life, love, and surviving a near-fatal heart attack	Heffernan, Deborah Daw, 1952-		
Atrial fibrillation	Milner-Fenwick		
The blood pressure book : how to get it down and keep it down	Fortmann, Stephen P. / Breitrose, Prudence E.		
<b>Broken Heart Syndrome : Today Show segment</b>			
The cardiovascular cure : how to strengthen your self-defense against heart attack and stroke	Cooke, John P. / Zimmer, Judith.		
Cholesterol: an introduction to treatment	Milner-Fenwick		
Congestive heart failure	Milner-Fenwick		
<b>Congestive Heart Failure : 2nd edition</b>			
Controlling cholesterol for dummies (--For dummies)	Rinzler, Carol Ann. / Graf, Martin W.		
Coronary Angiography and Angioplasty	Milner-Fenwick		
Coronary Artery Disease	FFH		
Coronary heart disease : a guide to diagnosis and treatment	Cohen, Barry M. / Hasselbring, Bobbie, 1951-		
Diabetes and Heart Disease	American Heart Association		
Diagnosis: heart disease : Answers to your questions about recovery and lasting health	Farquhar, John / Spiller, Gene		
Essential guide to hypertension	American Medical Association.		
Good cholesterol, bad cholesterol : an indispensable guide to the facts about cholesterol	Hirsch, Anita, M.S.		
Good cholesterol, bad cholesterol : an indispensable guide to the facts about cholesterol	Hirsch, Anita, M.S.		



## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Heart</b>			
Heart attack: every minute counts	Milner-Fenwick		
Heart defects in children : what every parent should know	Wild, Cheryl J. / Neary, Michael J.		
Heart Disease			
Heart disease (Chicken soup for the soul healthy living)	Canfield, Jack, 1944- / Hansen, Mark Victor. / Rackner, Vicki.		
Heart disease and emotions	Milner-Fenwick		
Heart Disease and Emotions	Milner-Fenwick		
Heart Failure - Eating to Feel Better	Milner-Fenwick		
Heart Failure - Getting Started with Treatment	Milner-Fenwick		
Heart Failure - Learning to Cope	Milner-Fenwick		
Heart Failure - Staying Active	Milner-Fenwick		
Heart Failure - Understanding your Medication	Milner-Fenwick		
Heart Health			
The heart of a child : what families need to know about heart disorders in children (A Johns Hopkins Press health book)	Neill, Catherine A. / Clark, Edward B. / Clark, Carleen.		
The heart speaks : a cardiologist reveals the secret language of healing	Guarneri, Mimi.		
The heart speaks : a cardiologist reveals the secret language of healing	Guarneri, Mimi.		
Heart Surgery : First Days of Recovery			
Heart Surgery : Preparing for Discharge			
Heart Surgery : Preparing for your Surgery			
Heart Surgery - Preparing for Your Surgery : CABG ONLY version	Milner-Fenwick		
Heart Surgery: First Days of Recovery (Spanish Version)			
Heart Surgery: Preparing for Discharge (Spanish Version)			
Heart Surgery: Preparing for your Surgery (Spanish version)			
Heart surgery: preparing for your surgery : Heart Valve Surgery ONLY version	Milner-Fenwick		
High blood pressure	Milner-Fenwick		
**High Blood Pressure : An Introduction to Treatment	Milner-Fenwick		
High Blood Pressure, 3rd edition : An Introduction to Treatment	Milner-Fenwick		
High Blood Pressure: : An Introduction to Treatment			
High blood pressure: an introduction to treatment	Milner-Fenwick		
High Cholesterol: An Introduction to Treatment : 2nd Edition, HA-85	Milner-Fenwick		
**Hypertension	FFH		
ICD (Implantable Cardioverter Defibrillators)	Milner-Fenwick		
ICDs (Implantable Cardioverter Defibrillators)			
Insuficiencia Cardiaca - 2nd edition : Congestive Heart Failure - spanish version	Milner-Fenwick		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Heart</b>			
Introduction to Heart Disease Risk Factors : 2nd Edition	Milner-Fenwick		
The Invision guide to a healthy heart	Tsiaras, Alexander.		
Life After A Heart Attack	FFH		
Living well with heart disease	Fairview Health Services. Cardiovascular Serv / Unit.		
<b>Managing Cholesterol</b>			
Mayo clinic on high blood pressure	Sheps, Sheldon G.		
Men Managing Heart Disease	Milner-Fenwick		
Metabolic Syndrome	Milner-Fenwick		
Mysterious Human Heart : Episode one: endlessly beating	Ambrose video		
Mysterious Human Heart : Episode three: the silent killer	Ambrose video		
Mysterious Human Heart : Episode two: the spark of life			
<b>On the Upbeat - Living with Heart Failure</b>			
Pacemakers	Milner-Fenwick		
Pacemakers	Milner-Fenwick		
Pacemakers			
Preparing to leave the hospital after a heart attack	Milner-Fenwick		
<b>Recovering from a Heart Attack</b>			
<b>Secondary Prevention of Heart Disease</b>			
<b>Signs and Symptoms of a Heart Attack</b>			
Signs and symptoms of a heart attack, 2nd edition	Milner-Fenwick		
<b>Stay in Circulation: : Take Steps to Learn about P.A.D.</b>			
Strong women, strong hearts : proven strategies to prevent and reduce heart disease now	Nelson, Miriam E. / Lichtenstein, Alice H. / Lindner, Lawrence.		
Success with heart failure : help and hope for those with congestive heart failure	Silver, Marc A.		
Taking charge of high blood pressure	Perry, Susan, 1950-		
The Dash Diet for Hypertension	Moore, Thomas		
Thriving with heart disease : a unique program for you and your family : live happier, healthier, longer	Sotile, Wayne M., 1951- / Cantor-Cooke, Robin.		
To your health! : a guide to heart-smart living	American Heart Association.		
Understanding anitcoagulant medications	Milner-Fenwick		
Understanding Anticoagulant Medications: Coumadin	Milner-Fenwick		
Understanding Anticoagulant Medications: Coumadin	Milner-Fenwick		
Understanding Anticoagulant Medications: Coumadin			
Understanding Your Cardiac Catheterization	Cordis		
Women and heart disease	Milner-Fenwick		
Women and Heart Disease			
Women and Heart Disease	Milner-Fenwick		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Heart</b>			
Women Managing Heart Disease	Milner-Fenwick		
The women's heart book : the complete guide to keeping your heart healthy	Pashkow, Fredric J., 1945- / Pashkow, Fredric J., 1945- Woman's heart book / Libov, Charlotte.		
You and Your Arrhythmia	Kastor, John		
<b>Category: Infectious Diseases</b>			
21st Century Collection CDC Emerging Infectious Diseases	Core Federal Information Services		
The Coming Plague : Newly emerging diseases in a world out of balance	Laurie Garrett		
Contagious and non-contagious infectious diseases sourcebook basic information about contagious diseases like measles, polio, hepatitis B, and infecti Health reference series ; v. 8	Bellenir, Karen. / Dresser, Peter D.		
Don't catch the killer: meningococcal disease : A guide for students	Aquarius		
Don't touch that doorknob! : how germs can zap you, and how you can zap back	Brown, Jack, Ph.D.		
Dr. Melissa Palmer's guide to hepatitis & liver disease	Palmer, Melissa.		
E. Coli - Confessions of a germ	Discovery channel production		
Ebola : The plague fighters	NOVA		
The encyclopedia of infectious diseases (Facts on File library of health and living)	Turkington, Carol. / Ashby, Bonnie.		
Ending AIDS : The search for a vaccine	PBS DVD Video		
Fighting meningococcal disease : Early detection can save lives	Aquarius		
The first year--hepatitis C : an essential guide for the newly diagnosed	Bruce, Cara. / Montanarelli, Lisa.		
Hepatitis A	FFH		
Hepatitis B : The enemy within	FFH		
Hepatitis C, the silent epidemic : the authoritative guide	Askari, Fred K.		
Infections and Inequalities : The modern plagues	Farmer, Paul		
Living with hepatitis B : a survivor's guide	Everson, Gregory T., 1950- / Weinberg, Hedy, 1939-		
Living with hepatitis C : everything you need to know (Your personal health series)	Heathcote, Jenny.		
Mononucleosis and other infectious diseases (21st century health and wellness)	Shader, Laurel. / Zonderman, Jon.		
Mosquito Nightmare: West Nile Virus	FFH		
Plagues & poxes : the impact of human history on epidemic disease	Bollet, Alfred J.		
Post-polio syndrome : a guide for polio survivors and their families	Silver, J. K. (Julie K.), 1965-		
Secret agents : the menace of emerging infections	Drexler, Madeline, 1954-		
The secret life of germs : observations and lessons from a microbe hunter	Tierno, Philip M.		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Infectious Diseases</b>			
Shots in the Dark : The wayward search for an AIDS vaccine	Cohen, Jon		
Super Staph : Invincible Bacteria?		Films for the humanities and sciences	
Tuberculosis - confessions of a germ		Discovery channel	
Understanding hepatitis (Understanding health and sickness series)	Achord, James L.		
West Nile virus (Diseases and disorders)	Abramovitz, Melissa, 1954-		
West Nile Virus : Protecting Yourself and Your Community	Centers for Disease Control		
<b>Category: Learning Disability</b>			
**ADD success stories : a guide to fulfillment for families with Attention Deficit Disorder : maps, guidebooks, a	Hartmann, Thom, 1951- / Ratey, John J., 1948-		
ADD/ADHD Smart Solutions : Ways to improve your child's behavior	Associated Producers, Inc.		
ADHD : A complete and authoritative guide	American Academy of Pediatrics.		
ADHD and teens : a parent's guide to making it through the tough years	Alexander-Roberts, Colleen.		
The ADHD book of lists : a practical guide for helping children and teens with attention deficit disorders	Rief, Sandra F.		
ADHD in adults : what the science says	Barkley, Russell A., 1949- / Murphy, Kevin R., 1952- / Fischer, Mariellen.		
Adult ADD : the complete handbook : everything you need to know about how to cope and live well with	Sudderth, David B. / Kandel, Joseph.		
Asperger Syndrome : What Teachers Need to Know	Winter, Matt		
Asperger Syndrome & Your Child : A parent's guide	Powers / Poland, Janet.		
Attention deficit disorder: adults : Helping adults understand their learning style	Aquarius		
**Attention Deficit Disorder: Children	Aquarius		
The autism encyclopedia	Neisworth, John T. / Wolfe, Pamela S.		
Children with Tourette Syndrome : A Parents' Guide	Marsh, Tracy Lynne		
Driven to distraction : recognizing and coping with attention deficit disorder from childhood through adulthood	Hallowell, Edward M. / Ratey, John J., 1948-		
Dyslexia : A learning disability that affects millions of Americans	Aquarius		
Dyslexia : What teachers need to know	Digital - 2000		
The encyclopedia of learning disabilities (The Facts on File library of health and livin)	Turkington, Carol. / Harris, Joseph, 1951 Dec. 20- / American BookWorks Corporation.		
Fine motor skills in children with Down syndrome : a guide for parents and professionals (Topics in Down syndrome)	Bruni, Maryanne.		
Give your ADD teen a chance : a guide for parents of teenagers with attention deficit disorder	Weiss, Lynn.		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Learning Disability</b>			
Gross motor skills in children with Down syndrome : a guide for parents and professionals (Topics in Down syndrome Special needs collection)	Winders, Patricia C.		
The Guide for Adults with Attention Deficit Disorder : The Twelve Steps			
**How to reach and teach ADD	Rief, Sandra F.		
<b>Inside Dyslexia</b>			
**Learning to slow down and pay attention : A book for kids about ADD	Nadeau, Kathleen G., Ph.D. / Dixon, Ellen B., Ph.D.		
Making the system work for your child with ADHD (Making the system work for your child)	Jensen, Peter S.		
Misunderstood Minds : Searching for success in school	WGBH Boston Video		
Negotiating the special education maze : a guide for parents & teachers 3rd ed.	Anderson, Winifred. / Chitwood, Stephen. / Hayden, Deidre.		
The oasis guide to Asperger syndrome : advice, support, insight, and inspiration	Bashe, Patricia Romanowski, 1949- / Kirby, Barbara L.		
Overcoming dyslexia : a new and complete science-based program for reading problems at any level	Shaywitz, Sally E.		
Overcoming dyslexia : a new and complete science-based program for reading problems at any level	Shaywitz, Sally E.		
Raising and educating a deaf child	Marschark, Marc.		
Sleep better! : a guide to improving sleep for children with special needs	Durand, Vincent Mark.		
Special children, challenged parents : the struggles and rewards of raising a child with a disability Rev. ed.	Naseef, Robert A.		
Teaching reading to children with Down syndrome : a guide for parents and teachers (Topics in Down syndrome)	Oelwein, Patricia L.		
Teenagers with ADD : a parents' guide (The special needs collection)	Zeigler Dendy, Chris A.		
The Elephant in the Playroom	Brodey, Denise		
Uncommon fathers : reflections on raising a child with a disability	Meyer, Donald J. (Donald Joseph), 1951-		
Views from our shoes : growing up with a brother or sister with special needs	Meyer, Donald J. (Donald Joseph), 1951-		
Working with children & families affected by substance abuse : a guide for early childhood education and human service staff	Watkins, Kathleen Pullan. / Durant, Lucius, 1932- / Center for Applied Research in Education.		
<b>Category: Leisure Reading</b>			
A Million Little Pieces	Frey, James		
**A Million Little Pieces	Frey, James		
Long goodbye : the deaths of Nancy Cruzan	Colby, William H., 1955-		
Night	Wiesel, Elie		
**No Place Like Home	Clark, Mary Higgins		
One Thousand White Women : The Journals of May Dodd	Fergus, Jim		
The Secret Life of Bees	Kidd, Sue Monk		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Leisure Reading</b>			
Stolen Lives : 20 Years in a Desert Jail	Oufkir, Malika		
The Devil Wears Prada	Weisberger, Lauren		
The Memory Keeper's Daughter	Edwards, Kim		
<b>Category: Lupus</b>			
Lupus	FFH		
The lupus book : a guide for patients and their families	Wallace, Daniel J. (Daniel Jeffrey), 1949-		
The lupus handbook for women : up-to-date information on understanding and managing the disease which affects 1 in 500 w	Dibner, Robin. / Colman, Carol.		
**The new Sjogren's syndrome handbook	Carsons, Steven E., 1950- / Harris, Elaine K.		
Taking charge of lupus : how to manage the disease and make the most of your life	Pratt, Maureen. / Hellegua, David.		
<b>Category: Men's Health</b>			
100 Questions & Answers about Prostate Cancer	Ellsworth, Pamela. / Heaney, John A.		
100 questions and answers about prostate disease	Loughlin, Kevin R. / Nimmo, John.		
American Medical Association complete guide to men's health	Perry, Angela. / American Medical Association.		
Harvard Medical School Guide to Men's Health : Lessons from teh Harvard Men's Health Studies	Simon, Harvey B. (Harvey Bruce), 1942-		
The Harvard Medical School guide to men's health	Simon, Harvey B. (Harvey Bruce), 1942- / Harvard Medical School.		
The male body : an owner's manual : the ultimate head-to-toe guide to staying healthy and fit for life	Caine, K. Winston. / Garfinkel, Perry. / Men's Health Books.		
The male body : an owner's manual : the ultimate head-to-toe guide to staying healthy and fit for life	Caine, K. Winston. / Garfinkel, Perry. / Men's Health Books.		
The prostate book : sound advice on symptoms and treatment	Rous, Stephen N. (Stephen Norman), 1931-		
Prostate Disorders : Enlarged prostate	Time Life		
<b>Category: Mental Health</b>			
A Joy I'd Never Known : One Woman's Triumph Over Panic Attacks and Depression	Dravecky, Joy / Neal, Connie		
Adolescent depression : a guide for parents (A Johns Hopkins Press health book)	Mondimore, Francis Mark, 1953-		
Adult bipolar disorders : understanding your diagnosis & getting help (Patient-centered guides)	Waltz, Mitzi.		
**The anger control workbook	McKay, Matthew. / Rogers, Peter D. (Peter Denny), 1941-		
The anger management sourcebook	Schiraldi, Glenn R., 1947- / Kerr, Melissa Hallmark.		
The anger management sourcebook	Schiraldi, Glenn R., 1947- / Kerr, Melissa Hallmark.		
The anger trap : free yourself from the frustrations that sabotage your life	Carter, Les.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Mental Health</b>			
The anger workbook (Minirth-Meier Clinic series) Anger: Myths and Truths about the Emotion	Carter, Les. / Minirth, Frank B.		
The anxiety & phobia workbook 4th ed.	Bourne, Edmund J.		
The anxiety & phobia workbook 4th ed.	Bourne, Edmund J.		
The anxiety book : Developing strength in the face of fear	Davidson, Jonathan		
The bipolar child : the definitive and reassuring guide to childhood's most misunderstood disorder	Papolos, Demitri F. / Papolos, Janice.		
Bipolar disorder : a guide for patients and families (A Johns Hopkins Press health book)	Mondimore, Francis Mark, 1953-		
Bipolar Disorder : Shifting mood swings	FFH		
The bipolar disorder survival guide : what you and your family need to know	Miklowitz, David Jay, 1957-		
Borderline personality disorder demystified : an essential guide to understanding and living with bpd	Friedel, Robert O.		
Breaking free from anger & unforgiveness	Mintle, Linda.		
Breaking the patterns of depression	Yapko, Michael		
Breaking the patterns of depression	Yapko, Michael		
Breaking The Patterns of Depression	Michael D. Yapko, PH.D		
A brilliant madness : living with manic-depressive illness	Duke, Patty, 1946- / Hochman, Gloria.		
The burden of sympathy : how families cope with mental illness	Karp, David Allen, 1944-		
Childhood depression	Aquarius		
The childhood depression sourcebook	Miller, Jeffrey A., 1965-		
Codependents' guide to the twelve steps	Beattie, Melody.		
The complete guide to mental health for women	Slater, Lauren. / Daniel, Jessica Henderson. / Banks, Amy Elizabeth.		
Concise encyclopedia of psychology	Corsini, Raymond J. / Auerbach, Alan J. / Anastasi, Anne, 1908-		
Conduct disorders : the latest assessment and treatment strategies	Eddy, J. Mark.		
Conquering panic and anxiety disorders : success stories, strategies, and other good news	Glatzer, Jenna. / Foxman, Paul.		
Coping with Schizophrenia : A guide for patients, families and caregivers	Jones, Steven / Hayward, Peter		
Cutting : Addicted to Self-Injury	Cambridge Education		
Dark Voices - Schizophrenia : Fires of the Mind	Discovery Health		
The defiant child : a parent's guide to oppositional defiant disorder	Riley, Douglas.		
The defiant child : a parent's guide to oppositional defiant disorder	Riley, Douglas.		
Depression	Time Life		
**Depression	FFH		
Depression fallout : the impact of depression on couples and what you can do to preserve the bond	Sheffield, Anne.		
Depression Out of the Shadows	PBS DVD Video		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Mental Health</b>			
The depression workbook : a guide for living with depression and manic depression	Copeland, Mary Ellen. / McKay, Matthew.		
Diagnosis : Schizophrenia, a comprehensive resource for patients, families, and helping professionals	Miller, Rachel, M.S.W. / Mason, Susan Elizabeth.		
<b>Dignosing Depression</b>			
The dissociative identity disorder sourcebook	Haddock, Deborah Bray, 1956-		
Don't panic : taking control of anxiety attacks Rev. ed.	Wilson, Robert R. (Robert Reid)		
Emotions : Learns how our emotions impact our health	Aquarius		
Encyclopedia of mental health	Kahn, Ada P. / Fawcett, Jan, 1934-		
The encyclopedia of phobias, fears, and anxieties (Facts on File library of health and living)	Doctor, Ronald M. (Ronald Manual) / Kahn, Ada P.		
Essential guide to depression	American Medical Association.		
The explosive child : a new approach for understanding and parenting easily frustrated, chronically inflexible	Greene, Ross W.		
The explosive child : a new approach for understanding and parenting easily frustrated, chronically inflexible	Greene, Ross W.		
Flight from despair - Depression & Mania : Fires of the Mind	Discovery Health		
From defiance to cooperation : real solutions for transforming the angry, defiant, discouraged child	Taylor, John F., 1944-		
From Panic to Power : Proven techniques to calm you anxieties, conquer your fears, adn put you in control of yo	Bassett, Lucinda		
Getting control : overcoming your obsessions and compulsions	Baer, Lee.		
Handbook of complementary and alternative therapies in menta	Shannon, Scott, MD.		
Helping someone with mental illness : a compassionate guide for family, friends, and caregivers	Carter, Rosalynn. / Golant, Susan K.		
Helping teens who cut : understanding and ending self-injury	Hollander, Michael.		
Helping your angry child : worksheets, fun puzzles, and engaging games to help you communicate better : a workbook f	Nemeth, Darlyne Gaynor. / Ray, Kelly Paulk. / Schexnayder, Máydél Morín.		
Helping Your Anxious Child : A step-by-step guide for parents	Rappe, Ronald M., Ph.D.		
Helping your depressed child : a step-by-step guide for parents	Barnard, Martha Underwood.		
Helping your depressed child : a step-by-step guide for parents	Barnard, Martha Underwood.		
I don't want to talk about it : overcoming the secret legacy of male depression	Real, Terrence.		
**If your child is bipolar : the parent-to parent guide to living with and loving a bipolar child	Singer, Cindy, 1965- / Gurrentz, Sheryl, 1965-		
In small doses : a memoir about accepting and living with bipolar disorder	Pollard, Marc.		



## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Mental Health</b>			
It's not me...it's my OCD : A look at behavioral therapy	Aquarius		
Journey from anxiety to freedom : moving beyond panic and phobias and learning to trust yourself	Feniger, Mani.		
Late-Life Depression	FFH		
Living without depression and manic depression : a workbook for maintaining mood stability	Copeland, Mary Ellen.		
Men Get Depression	PBS DVD Video		
Mental disorders in older adults : fundamentals of assessment and treatment	Zarit, Steven H. / Zarit, Judy M.		
Mental health disorders sourcebook : basic consumer health information about anxiety disorders, depression, and other mood dis (Health reference series)	Bellenir, Karen.		
New hope for children and teens with bipolar disorder : your friendly, authoritative guide to the latest in traditional and complementary solutio (New hope series)	Birmaher, Boris.		
**New hope for children and teens with bipolar disorder : your friendly, authoritative guide to the latest in traditional and complementary solutions (New hope series)	Birmaher, Boris.		
Obsessive-Compulsive Disorder : Extreme conditions	Discovery Channel		
Obsessive-compulsive disorders : a complete guide to getting well and staying well	Penzel, Fred.		
The OCD workbook : your guide to breaking free from obsessive-compulsive disorder	Hyman, Bruce M. / Pedrick, Cherry		
Panic : Anxiety so great, it impairs quality of life	Milner-Fenwick		
Phobias: living in terror	FFH		
Portraits: Moving Forward : A look at individuals with manic depression	Aquarius		
**Positive options for seasonal affective disorder (SAD) : self-help and treatment	Marshall, Fiona. / Marshall, Fiona. Coping with SAD. / Cheevers, Peter.		
Post-trauma stress : Reduce long-term effects and hidden emotional damage caused by violence and disaster	Parkinson, Frank		
The post-traumatic stress disorder sourcebook : a guide to healing, recovery, and growth	Schiraldi, Glenn R.. 1947-		
Power over panic : freedom from panic	Fox, Bronwyn.		
Power over panic : freedom from panic	Fox, Bronwyn.		
A primer on mental disorders : a guide for educators, families, and students	Allen, Thomas E. (Thomas Ernest), 1936-		
PTSD : Post-Traumatic Stress Disorder			
The quiet room : a journey out of the torment of madness	Schiller, Lori. / Bennett, Amanda.		
Rage to revenge: the science of violence	Discovery channel		
Raising a moody child : how to cope with depression and bipolar disorder	Fristad, Mary A. / Goldberg-Arnold, Jill S.		
Schizophrenia in children and adolescents (Cambridge child and adolescent psychiatry)	Remschmidt, Helmut. / series.		
Schizophrenia Revealed			

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Mental Health</b>			
Schizophrenia Revealed : From neurons to social interactions	Green, Michael Foster		
The secret strength of depression	Flach, Frederic F.		
The secret strength of depression	Flach, Frederic F.		
See my pain! : creative strategies and activities for helping young people who self-injure	Bowman, Susan C. / Randall, Kaye.		
<b>**Self-Esteem</b>	McKay, Matthew / Fanning, Patrick		
Surviving manic depression : a manual on bipolar disorder for patients, families, and providers	Torrey, E. Fuller (Edwin Fuller), 1937- / Knable, Michael B.		
Surviving Panic Disorder : What you need to know	Shipko M.D., Stuart		
Surviving schizophrenia : a manual for families, consumers, and providers	Torrey, E. Fuller (Edwin Fuller), 1937-		
The Addictive Personality			
Torment of schizophrenia	FFH		
Tormenting thoughts and secret rituals : the hidden epidemic of obsessive-compulsive disorder	Osborn, Ian, 1946-		
Transforming anger : the HeartMath solution for letting go of rage, frustration, and irritation	Childre, Doc Lew, 1945- / Rozman, Deborah.		
Transforming anger : the HeartMath solution for letting go of rage, frustration, and irritation	Childre, Doc Lew, 1945- / Rozman, Deborah.		
Understanding depression : what we know and what you can do about it	DePaulo, J. Raymond, M.D. / Horvitz, Leslie Alan.		
An unquiet mind	Jamison, Kay R.		
The ups and downs of raising a bipolar child : a survival guide for parents	Lederman, Judith. / Fink, Candida.		
What to do when someone you love is depressed	Golant, Mitch. / Golant, Susan K.		
What to do when your child has obsessive-compulsive disorder strategies and solutions	Wagner, Aureen Pinto.		
When someone you love has a mental illness : a handbook for family, friends, and caregivers	Woolis, Rebecca.		
When someone you love is angry	Gentry, W. Doyle (William Doyle), 1943-		
When someone you love suffers from depression	Milner-Fenwick		
Winter blues : everything you need to know to beat seasonal affective disorder	Rosenthal, Norman E.		
Winter blues : seasonal affective disorder : what it is and how to overcome it	Rosenthal, Norman E.		
<b>**Women &amp; anxiety : a step-by-step program for managing anxiety and depression</b>	De Rosis, Helen.		
<b>**Women &amp; depression : Depression is a diagnosable and treatable illness</b>	Aquarius		
<b>Category: Multiple Sclerosis</b>			
Coffee in the Cereal : The First year with multiple Sclerosis	Moorhead, Lorna J.		
Exercises for Multiple Sclerosis	Hamler, Brad		
The first year--multiple sclerosis : an essential guide for the newly diagnosed	Blackstone, Margaret.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Multiple Sclerosis</b>			
Learning about multiple sclerosis	FFH		
Managing the symptoms of multiple sclerosis	Schapiro, Randall T. / Schapiro, Randall T. Symptom management in / multiple sclerosis.		
Multiple sclerosis : a guide for families	Kalb, Rosalind.		
Multiple sclerosis : attacking the nervous system	FFH		
Multiple sclerosis : the facts you need	O'Connor, Paul, 1955- / Canadian Medical Association.		
Multiple sclerosis : the history of a disease	Murray, T. J.		
Multiple sclerosis fact book	Lechtenberg, Richard.		
Women living with multiple sclerosis	Nichols, Judith Lynn.		
Yoga and multiple sclerosis : a journey to health and healing	Fishman, Loren. / Small, Eric L.		
<b>Category: Nutrition</b>			
501 delicious heart healthy recipes	McIntosh, Susan M.		
501 delicious heart healthy recipes	McIntosh, Susan M.		
ABC's of vitamins	Cambridge Educational		
The allergy self-help cookbook : over 350 natural food recipes, free of all common food allergens	Jones, Marjorie Hurt.		
Allie the allergic elephant : A children's story of peanut allergies	Smith, Nicole		
American Dietetic Association complete food and nutrition gu	Duyff, Roberta Larson. / American Dietetic Association.		
American Heart Association cookbook. Cookbook.	American Heart Association.		
American Heart Association Low-Calorie cookbook : More than 200 delicious recipes for healthy eating	American Heart Association		
American Heart Association low-fat & luscious desserts : cakes, cookies, pies, and other temptations.	American Heart Association.		
American Heart Association low-fat, low-cholesterol cookbook delicious recipes to help lower your cholesterol.	American Heart Association.		
American Heart Association low-fat, low-cholesterol cookbook heart-healthy, easy-to-make recipes that taste great	American Heart Association.		
American Heart Association Low-Salt Cookbook : A complete guide to reducing sodium and fat in your diet	American Heart Association		
American Heart Association meals in minutes : over 200 all-new quick and easy low-fat recipes	American Heart Association.		
Anti-inflammatory foods for health : hundreds of ways to incorporate omega-3 rich, fat-fighting foods into your diet	Rowe, Barbara. / Davis, Lisa (Lisa M.)		
Battling Obesity : Kids taking charge	Aquarius		
Betty Crocker's low-fat, low-cholesterol cooking today.	Crocker, Betty.		
Bible Foods for Life	Benny Hinn Ministries		
**The Biggest Loser family cookbook : budget-friendly meals your whole family will love	Alexander, Devin. / Roberson, Melissa.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Nutrition</b>			
Busy people's low-fat cookbook	Hall, Dawn.		
Calorie Fat & Carbohydrates : The Calorie King			
Celiac Disease : A Guide to Living with Gluten Intolerance	Bower, Sylvia Llewelyn		
Childhood Obesity : Reversing the trend	FFH		
Complete guide to obesity surgery : Everything you need to know about weight loss surgery and how to succeed	Woodward, Bryan		
The complete idiot's guide to anti-inflammation diet	Cannon, Christopher P. / Vierck, Elizabeth, 1945-		
The coumadin cookbook : A guide to healthy meals when taking coumadin	Desmarais, Rene / Golden, Greg / Beynon, Gail		
Dairy-free cooking	Lanza, Louis. / Morton, Laura, 1964-		
Dash Diet Action Plan	Heller, Marla		
**Eat this, not that, supermarket survival guide : the no-diet weight loss solution	Zinczenko, David. / Goulding, Matt.		
**Eat to beat high blood pressure : simple, delicious recipes for a long, healthy life : featuring the DASH-plus plan lower y	Webb, Robyn. / Ard, Jamy D.		
Eating for Your Future : Grades 6 - 12	Discovery Education		
Eating right from 8 to 18 : nutrition solutions for parents	Nissenberg, Sandra K. / Pearl, Barbara N.		
**Eating Well Diet : Seven steps to a healthy, trimmer you	Harvey-Berino, Dr. Jean		
Exercise and nutrition connection	FFH		
Fad Diets : The weight loss merry-go-round	FFH		
The family nutrition book : everything you need to know about feeding your children-- from birth through adolescence	Sears, William, M.D. / Sears, Martha.		
Fat like me : How to win the weight war	ABC News		
Feeding Your Baby : Birth to 1			
Food alert! : the ultimate sourcebook for food safety	Satin, Morton.		
Food allergy cookbook : The foods you've always loved without the ingredients you can't have!	Gioannini, Marilyn		
**Food for Fitness : Ear Right to Train Right	Carmichael, Chris		
The food you crave : luscious recipes for a healthy life	Krieger, Ellie.		
The get with the program! Guide to good eating	Greene, Bob (Bob W.)		
Gluten-free diet : A comprehensive resource guide	Case, Shelley		
The gluten-free gourmet cooks fast and healthy : wheat-free and gluten-free with no fuss and fat	Hagman, Bette.		
Good Housekeeping light & healthy cookbook : 375 delectable recipes for everyday meals	Good Housekeeping Institute (New York, N.Y.)		
Guide to healthy restaurant eating	Warshaw, Hope S., 1954- / American Diabetes Association.		
Guide to Your Child's Nutrition	Dietz, William H / Stern, Loraine		
Guiding your overweight child: getting healthy together	Milner-Fenwick		
Healthy Habits for Kids : Nutrition - ages 7-12	Milner-Fenwick		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Nutrition</b>			
The healthy heart cookbook : over 700 recipes for every day and every occasion	Piscatella, Joseph C. / Piscatella, Bernie.		
How to Make Healthy Lifestyle Changes : GN-36	Milner-Fenwick		
Kids' cookbook : All recipes made by real kids in real kitchens!	American Heart Association		
Low-calorie cookbook : more than 200 delicious recipes for healthy eating	American Heart Association.		
Low-Fat, Low Cholesterol Cookbook : Heart-healthy, easy-to-make recipes that taste great	American Heart Association		
Meal planning: the food pyramid in action	Milner-Fenwick		
The milk soy protein intolerance (MSPI) guidebook	Field, Tamara.		
**Mindless eating : why we eat more than we think	Wansink, Brian.		
Modern nutrition in health and disease	Shils, Maurice E. (Maurice Edward), 1914- / Shike, Moshe.		
**My Pyramid : Simple Steps to Healthy Living	Discovery Education		
The new American Heart Association cookbook	American Heart Association.		
The new American Heart Association cookbook	American Heart Association.		
New fears for food : Old foes, a new threat	Cambridge Education		
Nutricion: restaurantes, comidas rapidas y fiestas	Milner-Fenwick		
<b>Nutrition Class 1</b>			
<b>Nutrition Class 1</b>			
**Nutrition: restaurants, fast food and parties	Milner-Fenwick		
Nutrition: eat and be healthy	Milner-Fenwick		
<b>Obesity &amp; Nutrition (Discovery Health - Reality Matters)</b>			
Overweight & obesity	Time Life		
Overweight: who's in control?	Milner-Fenwick		
The parent's guide to food allergies : clear and complete advice from the experts on raising your food-allergic child	Barber, Marianne S. / Scott, Maryanne Bartoszek. / Greenberg, Elinor.		
The parent's guide to food allergies : clear and complete advice from the experts on raising your food-allergic child	Barber, Marianne S. / Scott, Maryanne Bartoszek. / Greenberg, Elinor.		
The Peanut allergy answerbook	Young, Michael C., M.D.		
Quick & healthy recipes and ideas : for people who say they don't have time to cook healthy meals	Ponichtera, Brenda J.		
Quick and easy cookbook	American Heart Association. / American Heart Association.		
Quick reference to food safety & sanitation	Rue, Nancy. / Williams, Anna Graf.		
Recovering from Bad Eating	Discovery Education		
Strong women eat well	Nelson, Miriam		
Sugar Surprise - Dieter's Dilemma	Films for the humanities and sciences		
Treating Obesity	FFH		
Understanding Obesity : School - Age	Discovery Education		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Nutrition</b>			
What's to eat : the milk-free, egg-free, nut-free food allergy cookbook	Coss, Linda Marienhoff.		
Young Children Eating Right : Nutrition - Ages 1-6	Milner-Fenwick		
<b>Category: Organ donation</b>			
Life line : how one night changed five lives : a true story	Schomaker, Mary Zimmeth.		
Organ transplants : making the most of your gift of life (Patient-centered guides)	Finn, Robert, 1955-		
The transplant patient : biological, psychiatric, and ethical issues in organ transplantation	Trzepacz, Paula T. / DiMartini, Andrea F.		
<b>Category: Parenting</b>			
14 Steps to Better Breastfeeding	Milner-Fenwick		
14 Steps to Better Breastfeeding	Milner-Fenwick		
365 things every new mom should know	Danis, Linda, 1962-		
50 wonderful ways to be a single-parent family	Ginsberg, Barry G., 1936-		
A Child with Special Needs	Parents Action for Children		
A Child with Special Needs	Parents Action for Children		
**A child's world - 3 DVD Set : Mind games, Independent thinker, Facts of life	TLC		
Active Parenting Now #2 : How to win cooperation with your child			
Active Parenting Now - #1 : What's your style and how does it influence your child?	Active Parenting		
Active Parenting Now - #3 : Effective discipline: how to raise a responsible child	Active Parenting		
Active Parenting Now - #4 : Sidestepping the power struggle: Redirecting your child's misbehavior	Active Parenting		
Active Parenting Now - #5 : Building character, courage, and self-esteem in your child	Active Parenting		
Active Parenting Now - #6 : The magic of family meetings: teaching problem-solving and positive values	Active Parenting		
Active parenting of teens : Video-based program for parents of teens	Popkin, Michael H.		
Active Parenting of Teens - video 1 of 6	Popkin, Michael H.		
Active Parenting of Teens - video 2 : Winning cooperation			
Active Parenting of Teens - video 3 : Responsibility and discipline			
Active Parenting of Teens - video 4 : Building courage, redirecting misbehavior			
Active Parenting of Teens - video 5 : Drugs, Sexuality, and Violence - part 1			
Active Parenting of Teens - Video 6 : Drugs, Sexuality, and Violence - part 2			
Adopting on your own : the complete guide to adopting as a single parent	Varon, Lee, 1950-		
Adoption is for always	Linda Walvoord Girard		
Adoption wisdom : a guide to the issues and feelings of adoption	Russell, Marlou.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Parenting</b>			
Adoption: Faces of Hope : A true adoption story			
Adoption: Families of Hope : True stories of families touched by adoption			
American Academy of Pediatrics guide to toilet training	Wolraich, Mark. / Tippins, Sherill. / American Academy of Pediatrics.		
American Academy of Pediatrics Guide to your child's sleep : Birth through adolescence	Cohen, George J.		
American Academy of Pediatrics new mother's guide to breastfeeding	Meek, Joan Younger. / Tippins, Sherill. / American Academy of Pediatrics.		
American Academy of Pediatrics' guide to your child's sleep birth through adolescence	Cohen, George J. / American Academy of Pediatrics.		
American Medical Association complete guide to your children	Kotulak, Donna. / Connaughton, Dennis. / Traisman, Edward S.		
Amy Spangler's breastfeeding : a parent's guide 7th, newly rev. ed.	Spangler, Amy.		
Angry kids, frustrated parents : practical ways to prevent and reduce aggression in your children	Hyland, Terry (Terry L.) / Davis, Jerry, 1947-		
**The answer is no : saying it and sticking to it 1st ed.	Whitham, Cynthia.		
The art of parenting twins : the unique joys and challenges of raising twins and other multiples	Malmstrom, Patricia Maxwell. / Poland, Janet.		
Attaching in adoption : practical tools for today's parents	Gray, Deborah D., 1951-		
Baby Einstein "Baby Wordsworth" : First Words-Around the House			
Baby Einstein "Baby's Favorite Places" : First Words-Around Town			
Baby see n' sign : Basic building blocks for beginning baby sign language			
Before it's too late : Children and severe anger	ABC News		
Blending families	Shimberg, Elaine Fantle, 1937-		
Building Relationships	Common Sense Parenting		
The bully, the bullied, and the bystander : from preschool to high school : how parents and teachers can help break the cycle of violence 1st ed.	Coloroso, Barbara.		
Bullying behavior : current issues, research, and interventions	Geffner, Robert. / Loring, Marti Tamm. / Young, Corinna.		
Caring for your baby and young child : birth to age 5	Shelov, Steven P. / American Academy of Pediatrics.		
Caring for your school-age child : ages 5 to 12	Schor, Edward L. / American Academy of Pediatrics.		
Chicken soup for father and daughter soul : stories to celebrate the love between dads and daughters through the years	Canfield, Jack, 1944-		
Chicken soup for the grandparent's soul : stories to open the hearts and rekindle the spirits of grandparents	Canfield, Jack, 1944-		
Chicken soup for the mother and daughter soul : stories to warm the heart and inspire the spirit	Canfield, Jack, 1944-		
Chicken soup for the mother's soul 2 : more stories to open the hearts and rekindle the spirits of mothers	Canfield, Jack, 1944-		

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Title	Author	Location	Order
<b>Category: Parenting</b>			
Chicken soup for the parents soul : stories of loving, learning, and parenting			
Chicken soup for the single parent's soul : stories of hope, healing, and humor	Canfield, Jack, 1944-		
Child abuse : How to see it....how to stop it			
Common sense parenting : a proven, step-by-step guide for raising responsible kids and building happy families	Burke, Raymond V. / Herron, Ronald W. / Father Flanagan's Boys' Home.		
Common sense parenting of toddlers and preschoolers	Barnes, Bridget A. / York, Steven M. / Father Flanagan's Boys' Home.		
Correcting Misbehavior : Common Sense Parenting Series			
day we met you, The (adoption)	Koehler, Phoebe.		
**Discipline : the Brazelton way	Brazelton, T. Berry, 1918- / Sparrow, Joshua D.		
The discipline book : everything you need to know to have a better-behaved child--from birth to age ten	Sears, William, M.D. / Sears, Martha.		
Discipline: : Teaching Limits with Love	Parents Action for Children		
**Discipline: Teaching Limits with Love	Parents Action for Children		
Do I have a daddy? : a story about a single-parent child with a special section for single mothers and fathers	Lindsay, Jeanne Warren. / Boeller, Cheryl, 1953- ill.		
**Doc Pop's 52 Weeks of Active Parenting	Popkin, Michael H.		
Don't give me that attitude! : 24 rude, selfish, insensitive things kids do and how to stop them	Borba, Michele.		
Everyone can be your friend (Schott, Sue)			
Fathers & babies : how babies grow and what they need from you from birth to 18 months	Marzollo, Jean. / Trivas, Irene.		
First Words-Around the House	Baby Video Library		
Food and Fitness Matter : Raising Healthy, Active Kids	Parents Action for Children		
Food and Fitness Matter: Raising Healthy, Active Kids	Parents Action for Children		
Food fights : winning the nutritional challenges of parenthood armed with insight, humor and a bottle of ketchup 1st ed.	Jana, Laura A.		
Getting to Know Your Baby	Milner-Fenwick		
Getting to Know Your Baby	Milner-Fenwick		
**Go to your room! : consequences that teach	Steelsmith, Shari.		
Grandparents as parents : a survival guide for raising a second family	De Toledo, Sylvie. / Brown, Deborah Edler.		
The Happiest baby on the block	Karp, Harvey		
The Happiest baby on the block	Karp, Harvey		
The Happiest Baby on the Block : The New Way to Calm Crying and Help Your Newborn Baby Sleep Longer	Karp, Harvey		
The Happiest Baby on the Block : The New Way to Calm Crying and Help Your Newborn Baby Sleep Longer	Karp, Harvey		
**The Happiest toddler on the block : Stop tantrums	Karp, Harvey		



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Library Materials by Category

Title	Author	Location	Order
<b>Category: Parenting</b>			
**The happiest toddler on the block : the new way to stop the daily battle of wills and raise a secure and well-behaved one- to	Karp, Harvey. / Spencer, Paula.		
The happiest toddler on the block : the new way to stop the daily battle of wills and raise a secure and well-behaved one- to four-year-old	Karp, Harvey. / Spencer, Paula.		
Happy Signs Day : Sign Language for Babies and Toddlers	Language Tree		
Heading home with your newborn : from birth to reality	Jana, Laura A. / Shu, Jennifer.		
Heading home with your newborn : from birth to reality	Jana, Laura A. / Shu, Jennifer.		
Healthy sleep habits, happy child : a step-by-step program for a good night's sleep	Weissbluth, Marc.		
How to behave so your children will too : A parenting workshop video	Severe, Sal		
How to raise multiple birth children : a parents' survival guide birth-age three	Laut, William. / Laut, Sheila. / Benit, Kristin.		
How to talk so kids can learn : at home and in school	Faber, Adele / Mazlish, Elaine		
**How to talk so kids will listen & listen so kids will talk	Faber, Adele. / Mazlish, Elaine.		
I have roots and branches : Personal reflections on adoption	MurLil Production		
It's Never Too Late: Stopping Teen Suicide	Human Relations Media		
Keep kids safe : A parent's guide to child safety	Aid association for lutherans		
Keys to parenting multiples (Barron's parenting keys)	Gromada, Karen Kerkhoff. / Hurlburt, Mary C. / Gromada, Karen Kerkhoff.		
Living in a step-family without getting stepped on	Leman, Kevin.		
Losing a parent : Practical help for you and other family members	Marshall, Fiona		
Love and Logic Magic for Early Childhood : Practical Parenting from Birth to Six Years	Fay, Jim.		
Making Peace in Your Stepfamily : Surviving and thriving as parents and stepparents	Bloomfield, Harold H., MD		
Mommy! I have to go potty! : a parent's guide to toilet training	Faull, Jan.		
Mommy! I have to go potty! : a parent's guide to toilet training	Faull, Jan.		
Mothering multiples : breastfeeding & caring for twins or more	Gromada, Karen Kerkhoff. / La Leche League International.		
New Mother's Guide to Breastfeeding	Meek, Joan Younger.		
<b>**Newborn Care</b>			
<b>Newborn Care</b>			
<b>Newborn Care (Spanish Version)</b>			
Night-night : settle-down activities for easy bedtimes	MacGregor, Cynthia.		
Padres! 1, 2, 3, 4 - volume 1 : Que necesita saber sobre su hijo de entre 1 y 4 anos	Active Parenting		
Padres! 1, 2, 3, 4 - volume 2 : Disciplina y Mas			

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Parenting</b>			
Padres! 1, 2, 3, 4 - Volume 3 : Formentando Un Major Comportamiento			
A parent's guide to childhood obesity : a road map to health	Hassink, Sandra Gibson.		
Parenting at the speed of teens : positive tips on everyday issues	Howard, Renie, 1955- When parents ask for help. / Search Institute (Minneapolis, Minn.)		
Parenting teens with love & logic : preparing adolescents for responsible adulthood	Cline, Foster. / Fay, Jim.		
Parenting the hurt child : helping adoptive families heal and grow	Keck, Gregory C. / Kupecky, Regina M. / Mansfield, Lynda Gianforte.		
Parenting the strong-willed child : the clinically proven five-week program for parents of two- to six-year-olds	Forehand, Rex L. (Rex Lloyd), 1945- / Long, Nicholas James, 1929-		
Parenting with love and logic : teaching children responsibility	Cline, Foster. / Fay, Jim.		
Parenting with love and logic : teaching children responsibility	Cline, Foster. / Fay, Jim.		
Parents 1, 2, 3, 4! - Session 2 DVD : Discipline and Beyond			
Parents 1, 2, 3, 4! - Session 3 DVD : Building Better Behavior	Popkin, Michael H.		
**Parents 1, 2, 3, 4! - Video Session 1 : What you need to know about your 1 to 4 year old	Popkin, Michael, PhD		
Parents do make a difference : how to raise kids with solid character, strong minds, and caring hearts (The Jossey-Bass psychology series)	Borba, Michele.		
Patient education for children, teens and parents. 2nd ed.	American Academy of Pediatrics.		
Portrait of Promise: Preventing shaken baby syndrome	Midwest Children's Resource Center		
Portrait of Promise: Preventing shaken baby syndrome	Midwest Children's Resource Center		
Positive discipline A-Z : from toddlers to teens--1001 solutions to everyday parenting problems	Nelsen, Jane. / Lott, Lynn. / Glenn, H. Stephen.		
Positive discipline for preschoolers : for their early years--raising children who are responsible, respectful, and resourceful Rev. 2nd ed.	Nelsen, Jane. / Erwin, Cheryl. / Duffy, Roslyn.		
<b>Postpartum Care</b>			
Postpartum Care (Spanish Version)			
The potty book for boys	Capucilli, Alyssa Satin, 1957- / Stott, Dorothy M., ill.		
The potty book for girls	Capucilli, Alyssa Satin, 1957- / Stott, Dorothy M., ill.		
Preemies : the essential guide for parents of premature babies	Linden, Dana Wechsler. / Paroli, Emma Trenti. / Doron, Mia Wechsler.		
The premature baby book : a parents' guide to coping and caring in the first years	Harrison, Helen, 1946- / Kositsky, Ann.		
Preparing for Parenthood	Parents Action for Children		
Preparing For Parenthood	Parents Action for Children		
Preventing Problem Behavior : Common Sense Parenting series	Girls & Boys Town		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
Category: <b>Parenting</b>			
Preventing Problem Behavior : Common Sense Parenting Series			
Problem child or quirky kid? : a commonsense guide for parents : how to help kids who don't fit in, can't get along, are too fearful, sad, anxious, or angry, and more ...	Sommers-Flanagan, Rita, 1953- / Sommers-Flanagan, John, 1957-		
Quality Child Care : Making the Right Choice for you and your Child	Parents Action for Children		
Quality Child Care: : Making the Right Choice for You and Your Children	Parents Action for Children		
Raising our Children's Children	Doucette-Dudman, Deborah / LaCure, Jeffrey R.		
Raising our Children's Children	Doucette-Dudman, Deborah		
Raising Twins : What parents want to know	Pearlman, Eileen M. / Ganon, Jill Alison		
Raising your spirited child : A guide for parents	Kurcinka, Mary Sheedy		
Read-Aloud Handbook	Trelease, Jim		
Ready to Learn	Parents Action for Children		
Ready to Learn	Parents Action for Children		
Rosie's Family : An Adoption story	Rosove, Lori		
The safe child book : a common sense approach to protecting children and teaching children to protect themselves	Kraizer, Sherryl Kerns.		
Safe from the Start	Parents Action for Children		
Safe from the Start	Parents Action for Children		
The Savvy mom's guide to medical care : Everything you need to know to get top-quality care for your child	Gallin, Pamela		
Siblings without rivalry : how to help your children live together so you can live too	Faber, Adele. / Mazlish, Elaine.		
Sign with your Baby : How to communicate with infants before they can speak - book/DVD set	White M.D., Burton		
Single mothers	Mattes, Jane, 1943-		
Single mothers	Mattes, Jane, 1943-		
The single parent resource	Noel, Brook. / Klein, Arthur C.		
The sleep fairy	Peterson, Janie. / Peterson, Macy. / Newlun, Shawn.		
Staying connected to your teenager : how to keep them talking to you and how to hear what they're really saying	Riera, Michael.		
Step-by step-parenting	Eckler, James D., 1944-		
**The stepparent's survival guide : a workbook for creating a happy blended family	Ziegahn, Suzen J.		
Stop Smoking Now: : Reasons Not to Smoke When You're Pregnant	Parents Action for Children		
Take care of your child : a parent's guide to complete medical care	Pantell, Robert H.		
Talking with Young Children About Adoption	Watkins, Mary / Fisher, Susan		
**Teaching Children Self-Control	Common Sense Parenting		
Teen fathers today	Gottfried, Ted.		
Teen fathers today	Gottfried, Ted.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Parenting</b>			
Teen fathers today	Gottfried, Ted.		
The Choking Game	Human Relations Media		
The essentials of discipline : The middle years: ages 5 to 12	Cambridge educational		
The essentials of discipline : The teen years: ages 13 to 18	Cambridge educational		
The essentials of discipline : The toddler and preschool years	Cambridge educational		
The First Years Last Forever	Parents Action for Children		
The First Years Last Forever	Parents Action for Children		
The Happiest Baby on the Block	Karp, Harvey		
**The Happiest Baby on the Block	Karp, Harvey		
The Happiest Baby on the Block	Karp, Harvey		
**The Happiest Toddler on the Block	Karp, Harvey		
**The Happiest Toddler on the Block	Karp, Harvey		
The Right Place - Choose Quality Childcare	Nebraska Health & Human Services		
The youngest parents	Coles, Robert		
To Be a Father	Parents Action for Children		
**To Be a Father	Parents Action for Children		
Toilet training : the Brazelton way	Brazelton, T. Berry, 1918- / Sparrow, Joshua D.		
**Touchpoints 3 to 6 : Your child's emotional and behavioral development	T. Berry Brazelton, M.D. / Joshua D. Sparrow, M.D.		
Touchpoints Birth to 3 : The essential reference for the early years	T. Berry Brazelton, M.D.		
Triplefun : From fertility to triplets	Shackelford, Lia		
Twin tales : the magic and the mystery of multiple birth	Jackson, Donna M., 1959-		
Two by Two : A day in the life of nine 2 year olds	Affinityfilms		
Waking up dry : a guide to help children overcome bedwetting 1st ed.	Bennett, Howard J. / American Academy of Pediatrics.		
What to Expect The First Year	Murkoff, heidi		
What to expect the toddler years	Eisenberg, Arlene. / Murkoff, Heidi Eisenberg. / Hathaway, Sandee Eisenberg.		
What's going on in there? : How the brain and mind develop in the first five years of life	liot, Lise		
**When Babies Cry (shaken baby) : The Shaken Baby Alliance			
When Babies Cry (shaken baby) : The Shaken Baby Alliance			
Why Early Childhood Matters	Parents Action for Children		
Why Early Childhood Matters	Parents Action for Children		
You're Mean! When Words Hurt Us	Human Relations Media		
Your child : Emotional, behavioral, and cognitive development from birth through preadolescence			
Your child's growing mind : a guide to learning and brain development from birth to adolescence New ed., completely rev. and u	Healy, Jane M.		
Your Healthy Baby	Parents Action for Children		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Parenting</b>			
Your Healthy Baby	Parents Action for Children		
<b>Category: Parkinson's Disease</b>			
100 questions & answers about Parkinson [sic] disease	Lieberman, A. N. (Abraham N.), 1938- / McCall, Marcia.		
Caring for the Parkinson patient : a practical guide	Hutton, J. Thomas. / Dippel, Raye Lynne.		
Caring for the Parkinson patient : a practical guide	Hutton, J. Thomas. / Dippel, Raye Lynne.		
Defending against the enemy : coping with Parkinson's disease	Morgan, Eric R.		
H-o-p-e : four keys to a better quality of life for Parkinson's people	Newsom, Hal.		
I'll Hold Your Hand So You Won't Fall : A child's guide to parkinson's disease	Ali, Rasheda		
A life shaken : my encounter with Parkinson's disease	Havemann, Joel.		
Parkinson's disease : a complete guide for patients and families (A Johns Hopkins Press health Book)	Weiner, William J. / Shulman, Lisa M. / Lang, Anthony E.		
Parkinson's disease : a self-help guide	Jahanshahi, Marjan. / Marsden, C. David.		
Parkinson's disease : An update	FFH		
Parkinson's disease and the family : a new guide (The Harvard University Press family health)	Sharma, Nutan. / Richman, Elaine.		
The Parkinson's disease treatment book : partnering with your doctor to get the most from your medications	Ahlskog, J. Eric.		
Understanding Parkinson's disease : [a self help guide]	Cram, David L. (David Lee), 1934-		
Understanding Parkinson's disease : [a self help guide]	Cram, David L. (David Lee), 1934-		
When Parkinson's strikes early : voices, choices, resources, and treatment	Blake-Krebs, Barbara. / Herman, Linda.		
<b>Category: Physician/staff res</b>			
2008 Nebraska State Government Directory			
All-in-one care planning resource : medical-surgical, pediatric, maternity, and psychiatric nursing care plans	Swearingen, Pamela L.		
Atlas of Sexually Transmitted Diseases and AIDS : 3rd edition	Morse, Stephen A.		
**Baum's textbook of pulmonary diseases.	Baum, Gerald L. / Crapo, James D.		
Botanical medicines : the desk reference for major herbal supplements	McKenna, Dennis J., 1950- / Jones, Kenneth, 1954- / Hughes, Kerry.		
Braunwald's Heart Disease - 8th edition - Volume 2 : A textbook of cardiovascular medicine	Libby / Bonow / Mann		
Braunwald's Heart Disease - 8th edition - Volume #1 : A textbook of cardiovascular medicine	Libby / Bonow / Mann		
Campbell's operative orthopaedics. : Volume 1 11th ed. / [edited by] S. Terr	Campbell, Willis C. (Willis Cohoon), 1880-1941. / Canale, S. T. (S. Terry) / Beaty, James H.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Physician/staff res</b>			
Campbell's operative orthopaedics. : volume 2 11th ed. / [edited by] S. Terr	Campbell, Willis C. (Willis Cohoon), 1880-1941. / Canale, S. T. (S. Terry) / Beaty, James H.		
Campbell's operative orthopaedics. : volume 3 11th ed. / [edited by] S. Terr	Campbell, Willis C. (Willis Cohoon), 1880-1941. / Canale, S. T. (S. Terry) / Beaty, James H.		
Campbell's operative orthopaedics. : Volume 4 11th ed. / [edited by] S. Terr	Campbell, Willis C. (Willis Cohoon), 1880-1941. / Canale, S. T. (S. Terry) / Beaty, James H.		
Campbell-Walsh urology : volume 1 9th ed.	Campbell, Meredith F. (Meredith Fairfax), 1894- / Wein, Alan J. / Kavoussi, Louis R.		
Campbell-Walsh urology : volume 2 9th ed.	Campbell, Meredith F. (Meredith Fairfax), 1894- / Wein, Alan J. / Kavoussi, Louis R.		
Campbell-Walsh urology : volume 3 9th ed.	Campbell, Meredith F. (Meredith Fairfax), 1894- / Wein, Alan J. / Kavoussi, Louis R.		
Campbell-Walsh urology : volume 4 9th ed.	Campbell, Meredith F. (Meredith Fairfax), 1894- / Wein, Alan J. / Kavoussi, Louis R.		
Cancer nursing : principles and practice	Yarbro, Connie Henke.		
Cancer treatment	Haskell, Charles M., 1939- / Berek, Jonathan S.		
Cancer: principles & practice of oncology : Volume 1 - 7th edition	LWW		
Cancer: principles & practice of oncology : Volume 2 - 7th edition			
Cardiovascular and Pulmonary Physical Therapy, 4th ed. : Evidence & Practice	Frownfelter, Donna / Dean, Elizabeth		
Cecil Medicine : 23rd Edition	Goldman, Lee, MD. / Ausiello, Dennis		
Code of ethics for nurses with interpretive statements.	American Nurses' Association.		
Coronary heart disease & risk factor management : a nursing perspective	Jairath, Nalini.		
Current diagnosis & treatment in orthopedics	Skinner, Harry B.		
Current diagnosis & treatment in psychiatry	Ebert, Michael H. / Loosen, Peter T. / Nurcombe, Barry, 1933-		
Danforth's obstetrics and gynecology.	Danforth, David N., 1912- / Scott, James R., 1937-		
Eosinophilic and Mast Cell Disorders : Acta haematologica medical journal			
Family medicine : principles and practice	Taylor, Robert B.		
Fitzpatrick's dermatology in general medicine. 7th ed. / Klaus Wolff ... [et	Fitzpatrick, Thomas B. (Thomas Bernard), 1919- / Wolff, Klaus, 1935-		
Fitzpatrick's dermatology in general medicine. 7th ed. / Klaus Wolff ... [et	Fitzpatrick, Thomas B. (Thomas Bernard), 1919- / Wolff, Klaus, 1935-		
The future of the public's health in the 21st century	Institute of Medicine (U.S.). Committee on / Assuring the Health of the Public in the 21st Century.		
Geriatric Medicine and Gerontology : 6th edition	Tallis, Raymond C		
The group therapy treatment planner (Practice planners series) 2nd ed.	Paleg, Kim. / Jongsma, Arthur E., 1943-		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Physician/staff res</b>			
Harrison's principles of internal medicine. 17th ed. / editors, Anthony S.	Fauci, Anthony S., 1940-		
Hurst's the heart	Fuster, Valentin. / Hurst, J. Willis (John Willis), 1920-		
Introduction to group therapy	Brabender, Virginia.		
Irwin and Rippe's intensive care medicine 6th ed.	Irwin, Richard S. / Rippe, James M.		
Kaplan & Sadock's comprehensive textbook of psychiatry : Volume 1	Sadock, Benjamin J., 1933- / Sadock, Virginia A. / Kaplan, Harold I., 1927-		
Kaplan & Sadock's comprehensive textbook of psychiatry : Volume 2	Sadock, Benjamin J., 1933- / Sadock, Virginia A. / Kaplan, Harold I., 1927-		
Mandell principles and practice of infectious diseases : Volume 1	Mandell, Gerald L. / Douglas, R. Gordon (Robert Gordon), 1934- / Bennett, John E. (John Eugene), 1933-		
Mandell, Douglas, and Bennett's principles and practice of i Volume 2	Mandell, Gerald L. / Douglas, R. Gordon (Robert Gordon), 1934- / Bennett, John E. (John Eugene), 1933-		
Maternal-fetal medicine	Creasy, Robert K. / Resnik, Robert. / Iams, Jay D.		
Medical-Surgical Nursing : Assessment and mgmt. of clinical problems The Merck Manual : 18th edition	Lewis / Heitkemper / Dirksen		
Merritt's neurology.	Rowland, Lewis P. / Merritt, H. Houston (Hiram Houston), 1902-197		
Nelson textbook of pediatrics. 18th ed. / [edited by] Robert	Kliegman, Robert. / Nelson, Waldo E. (Waldo Emerson), 1898-		
Nursing : scope and standards of practice	American Nurses Association.		
Nursing Theories and Nursing Practice : 2nd Edition	Parker, Marilyn E.		
Nursing's social policy statement	American Nurses Association.		
Physical Therapy for Children, 3rd Edition	Campbell, Suzann K. / Vander Linden, Darl W. / Palisano, Robert J.		
Principles and Direction of Air Medical Transport	Blumen, Ira J.		
Public health nursing : scope and standards of practice	American Nurses Association.		
Rosen's Emergency Medicine: Concepts & clinical practice : Volume 2			
Rosen's Emergency Medicine: concepts and clinical practice : Volume 1			
Rosen's Emergency Medicine: Concepts and clinical practice : Volume 3			
Self care theory in nursing : selected papers of Dorothea Orem	Orem, Dorothea E. (Dorothea Elizabeth), 1914- / Renpenning, Kathie McLaughlin. / Taylor, Susan G.		
Sleisenger & Fordtran's gastrointestinal and liver disease : pathophysiology, diagnosis, management	Feldman, Mark, 1947- / Friedman, Lawrence S. (Lawrence Samuel), 1953 / Sleisenger, Marvin H.		
Sleisenger & Fordtran's gastrointestinal and liver disease : pathophysiology, diagnosis, management	Feldman, Mark, 1947- / Friedman, Lawrence S. (Lawrence Samuel), 1953 / Sleisenger, Marvin H.		
The Human Body in Health & Disease : 4th edition	Patton, Thibodeau		

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Physician/staff res</b>			
Williams obstetrics	Cunningham, F. Gary. / Williams, J. Whitridge (John Whitridge), / 1866-1931.		
Women's health : a primary care clinical guide	Youngkin, Ellis Quinn. / Davis, Marcia Szmania.		
<b>Category: Pregnancy</b>			
Alcohol and pregnancy : Fetal alcohol syndrome & fetal alcohol effects	Milner-Fenwick		
American Academy of Pediatrics new mother's guide to breastf	Meek, Joan Younger. / Tippins, Sherill. / American Academy of Pediatrics.		
American Academy of Pediatrics new mother's guide to breastf	Meek, Joan Younger. / Tippins, Sherill. / American Academy of Pediatrics.		
Before your pregnancy : a 90-day guide for couples on how to prepare for a healthy conception	Ogle, Amy. / Mazzullo, Lisa.		
Bestfeeding : how to breastfeed your baby	Renfrew, Mary, 1955- / Fisher, Chloe, 1932- / Arms, Suzanne.		
Beyond the Blues : A Guide to Understanding and Treating Prenatal and Postpartum Depression	Bennett, Shoshana		
Blue's Big News - That Baby's Here!	Nick Jr.		
But I don't feel too old to be a mommy! : the complete sourcebook for starting (and restarting) motherhood beyond 35 and after 40	Nagle, Doreen.		
**Chicken soup for the expectant mother's soul : 101 stories to inspire and warm the hearts of soon-to-be mothers	Canfield, Jack, 1944-		
Chicken soup for the soul : twins and more	Canfield, Jack.		
A child is born	Nilsson, Lennart, 1922- / Hamberger, Lars.		
The complete book of breastfeeding	Eiger, Marvin S. / Olds, Sally Wendkos.		
The complete guide to pregnancy after 30	Winkelman, Carol.		
Conquering postpartum depression : A proven plan for recovery	Rosenberg, Ronald / Greening, Deborah / Windell, James		
Countdown to baby : answers to the 100 most asked questions about pregnancy & childbirth	Warhus, Susan P., 1955-		
The couple's guide to in vitro fertilization : everything you need to know to maximize your chances of success	Charlesworth, Liza.		
Days in waiting : A guide to pregnancy bedrest	McCann, Mary Ann		
Dear diary, I'm pregnant : Teenagers talk about their pregnancy	Englander, Anrenee		
Dear Diary, I'm Pregnant : Teenagers talk about their pregnancy			
Easing the discomforts of labor	Milner-Fenwick		
Eat well, lose weight, while breastfeeding : the complete nutrition book for nursing mothers Rev. and updated.	Behan, Eileen.		
**The everything pregnancy book : what every woman needs to know-month-by-month-to insure a worry-free pregnancy (The everything series)	Brinley, Maryann Bucknum. / Berk, Howard, M.D.		



## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Pregnancy</b>			
Everything you need to know to have a healthy twin pregnancy	Leiter, Gila. / Kranz, Rachel.		
Exercising through your pregnancy	Clapp, James F. III, M.D.		
Exercising Through Your Pregnancy	Clapp, James F. III, M.D.		
The expectant father : facts, tips, and advice for dads-to-be	Brott, Armin A. / Ash, Jennifer.		
Fetal Abuse: the effects of drugs and alcohol	Meridian education corporation		
Fetal Development: A Nine Month Journey			
Fetal development: a nine month journey	Milner-Fenwick		
Fit Mama : Prenatal workout	Hart, Leisa		
Fit Mama Postnatal Workout	Hart, Leslie		
From conception to birth : a life unfolds 1st ed.	Werth, Barry. / Tsiaras, Alexander.		
I'm a big brother	Cole, Joanna. / Chambliss, Maxie, ill.		
I'm a big sister	Cole, Joanna. / Chambliss, Maxie, ill.		
I'm pregnant-- now what?	Graham, Ruth, 1950- / Dormon, Sara R.		
I'm pregnant-- now what?	Graham, Ruth, 1950- / Dormon, Sara R.		
I'm pregnant-- now what?	Graham, Ruth, 1950- / Dormon, Sara R.		
In vitro fertilization : the A.R.T. of making babies	Sher, Geoffrey, 1943- / Davis, Virginia Marriage. / Stoess, Jean.		
Infertility : Treatments and techniques	Aquarius		
Introduction to Labor Medication	Milner-Fenwick		
Labor: What to Expect	Milner-Fenwick		
Labor: What to Expect	Milner-Fenwick		
**Labor: what to expect	Milner-Fenwick		
Life interrupted : the scoop on being a young mom	Goyer, Tricia.		
Life interrupted : the scoop on being a young mom	Goyer, Tricia.		
Life's greatest miracle	NOVA		
Life's greatest miracle	NOVA		
Managing your Gestational Diabetes : A guide for you and your baby's good health	Jovanovic-Peterson M.D., Lois		
Managing your gestational diabetes : a guide for you and your baby's good health	Jovanovic-Peterson, Lois. / Stone, Morton B.		
Midlife motherhood : a woman-to-woman guide to pregnancy and parenting	Blackstone-Ford, Jann.		
The Miracle of Birth 2 : Five Birth Stories	InJoy Videos		
Miracle of Life	Nova		
Mom, dad-- I'm pregnant : when your daughter or son faces an unplanned pregnancy	Schooler, Jayne E.		
More than Baby Blues : Unmasking postpartum depression	Nonacs, Dr. Ruta / Klein, Lauri		
Multiple blessings : surviving to thriving with twins and sextuplets	Gosselin, Jon. / Gosselin, Kate. / Carson, Beth.		
The multiple pregnancy sourcebook : pregnancy and the first days with twins, triplets, and more	Bowers, Nancy A.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Pregnancy</b>			
The new breastfeeding diet : breakthrough ways to reduce toxins & give your baby the best start in life	Rountree, Bob. / Block, Melissa.		
The official Lamaze guide : giving birth with confidence	Lothian, Judith. / DeVries, Charlotte.		
Overcoming Infertility	FFH		
Overcoming infertility : a Cleveland Clinic guide	Falcone, Tommaso. / Young, Davis, 1939- / Cleveland Clinic Foundation.		
Overcoming postpartum depression & anxiety	Sebastian, Linda, 1949-		
The post-adoption blues : overcoming the unforeseen challenges of adoption	Foli, Karen J. / Thompson, John R., M.D.		
The postpartum husband : practical solutions for living with postpartum depression	Kleiman, Karen R.		
Postpartum: Caring for Yourself After Delivery	Milner-Fenwick		
Pregnancy after a loss : a guide to pregnancy after a miscarriage, stillbirth, or infant death	Lanham, Carol Cirulli.		
Pregnancy and nutrition	Milner-Fenwick		
**The pregnancy bible : your complete guide to pregnancy and early parenthood	Stone, Joanne. / Eddleman, Keith.		
**Pregnancy childbirth and the newborn : the complete guide	Simkin, Penny, 1938- / Whalley, Janet, 1945- / Keppler, Ann, 1946-		
Pregnancy fitness	Graves, Ginny.		
Prenatal Care for Teens	Milner-Fenwick		
Preparation for birth : the complete guide to the Lamaze method	Savage, Beverly. / Simkin, Diana.		
Resolving infertility	Aronson, Diane. / RESOLVE (Organization : Somerville, Mass.)		
The Stages of Labor : A Visual Guide, 2nd Edition	InJoy Videos		
Stop Smoking Now : Reasons Not to Smoke When You're Pregnant	Parents Action for Children		
Taking charge of your fertility : the definitive guide to natural birth control, pregnancy achievement, and reproductive he	Weschler, Toni, 1955-		
Teen dads : rights, responsibilities, and joys	Lindsay, Jeanne Warren.		
Teen pregnancy : Reel stoies, real life	Cambridge educational		
The Third Trimester: Preparing for a Healthy Delivery	Milner-Fenwick		
The Unplanned Pregnancy Book for Teens & College Students	Williams-Wheeler, Dorrie		
The Youngest Parents	Coles, Robert		
This isn't what I expected : recognizing and recovering from depression and anxiety after childbirth	Kleiman, Karen R. / Raskin, Valerie D.		
Twin Sense	Scalise, Dagmara		
Understanding fertility and infertility : the sourcebook for reproductive problems, treatments, and issues	Turkington, Carol. / Alper, Michael M.		
What if I have a C-section? : how to prepare, how to decide, how to recover quickly	Rubin, Rita.		
What to expect when mommy's having an baby (What to expect kids)	Murkoff, Heidi Eisenberg. / Rader, Laura, ill.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Pregnancy</b>			
What to expect when the new baby comes home (What to expect kids)	Murkoff, Heidi Eisenberg. / Rader, Laura, ill.		
What to expect when you're expecting 4th ed.	Murkoff, Heidi Eisenberg. / Mazel, Sharon. / Lockwood, Charles J.		
**What to expect when you're expecting 4th ed.	Murkoff, Heidi Eisenberg. / Mazel, Sharon. / Lockwood, Charles J.		
When your Unborn Child is on Drugs, Alcohol or Tobacco	Milner-Fenwick		
While waiting	Verrilli, George E. / Mueser, Anne Marie.		
While waiting	Verrilli, George E. / Mueser, Anne Marie.		
You look too young to be a mom : teen moms speak out on love, learning, and success	Davis, Deborah.		
You look too young to be a mom : teen moms speak out on love, learning, and success	Davis, Deborah, 1957-		
Your developing baby, conception to birth	Doubilet, Peter M. / Benson, Carol B. / Weisman, Roanne, 1952-		
Your Pregnancy & Newborn Journey : A Guide for Pregnant Teens	Lindsay, Jeanne Warren. / Brunelli, Jean		
Your pregnancy week by week	Curtis, Glade B. / Schuler, Judith.		
Your premature baby : the first five years	Bradford, Nikki.		
Your premature baby and child : helpful answers and advice for parents	Tracy, Amy E.		
<b>Category: Prescription drugs</b>			
American Pharmaceutical Association practical guide to n, Th	Peirce, Andrea. / American Pharmaceutical Association.		
The antibiotic paradox : how the misuse of antibiotics destroys their curative power	Levy, Stuart B.		
The essential guide to prescription drugs 2004 : Everything you need to know for safe drug use	Rybacki, James J.		
Free (or almost free) prescription medications : where and how to get them	Johnson, David.		
Medicated Child : Frontline Documentary	PBS DVD Video		
<b>Multiple Meds</b>			
Prescription Medications : A patient's primer	FFH		
<b>Category: Rare Diseases</b>			
ALS - 6 part series booklets			
Bull's-eye : unraveling the medical mystery of Lyme disease	Edlow, Jonathan A.		
Coping with Lyme disease : a practical guide to dealing with diagnosis and treatment	Lang, Denise V. / Territo, Joseph.		
Cystic fibrosis : 1 in 20	FFH		
Cystic fibrosis : a guide for patient and family	Orenstein, David M., 1945-		
Cystic fibrosis : everything you need to know (Your personal health series)	Kepron, Wayne.		
Cystic fibrosis : everything you need to know (Your personal health series)	Kepron, Wayne.		
Dictionary of medical syndromes	Magalini, Sergio I. / Magalini, Sabina C.		
The encyclopedia of genetic disorders and birth defects (Facts on file library of health and living)	Wynbrandt, James. / Ludman, Mark D.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Rare Diseases</b>			
Eosinophilia : A 3-in-1 Medical Reference	ICON Group International, Inc.		
Everything you need to know about Lyme disease and other tic	Vanderhoof-Forschner, Karen.		
The Gale Encyclopedia of Genetic Disorders			
THE Gale Encyclopedia of Genetic Disorders			
Genetic disorders sourcebook : basic information about heritable diseases and disorders such as Down syndrome, PKU, hemo (Health reference series ; v. 13)	Bellenir, Karen.		
Hope and destiny : the patient's and parent's guide to sickle cell disease and sickle cell trait	Platt, Allan F. / Sacerdote, Alan.		
The new Sjogren's syndrome handbook 3rd ed., rev. and expanded	Wallace, Daniel J. (Daniel Jeffrey), 1949- / Bromet, Evelyn J. / Sjogren's Syndrome Foundation.		
NORD guide to rare disorders	National Organization for Rare Disorders.		
Orphan diseases : new hope for rare medical conditions	Murphy, Wendy B.		
Sickle cell anemia (Diseases and people)	Silverstein, Alvin. / Silverstein, Virginia B. / Nunn, Laura Silverstein.		
Sickle Cell: the forgotten disease	Discovery Channel		
The Sjögren's syndrome survival guide	Rumpf, Teri P. / Hammitt, Katherine Morland.		
The Sjögren's syndrome survival guide	Rumpf, Teri P. / Hammitt, Katherine Morland.		
TheChiariBook	Oro, John / Mueller, Diane		
Understanding cystic fibrosis (Understanding health and sickness series)	Hopkin, Karen.		
<b>Category: Reference</b>			
Emergency Newborn Care : The first moments of life	DeBoer, Scott L.		
The Gale encyclopedia of medicine : Volume 1 3rd ed.	Longe, Jacqueline L. / Gale Group.		
The Gale encyclopedia of medicine : Volume 2 3rd ed.	Longe, Jacqueline L. / Gale Group.		
The Gale encyclopedia of medicine : Volume 3 3rd ed.	Longe, Jacqueline L. / Gale Group.		
The Gale encyclopedia of medicine : Volume 4 3rd ed.	Longe, Jacqueline L. / Gale Group.		
The Gale encyclopedia of medicine : Volume 5 3rd ed.	Longe, Jacqueline L. / Gale Group.		
<b>Category: Relaxation</b>			
25 Piano Favorites : Golden Classics			
A Celtic Christmas : Peace on Earth			
Across and Ocean of Dreams			
**Angels : Windham Hill Classics			
Bach & Beethoven : 2 CD set			
Canyon Sanctuary			
Canyon Trilogy			
Celtic Twilight			

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Relaxation</b>			
Celtic Twilight 2			
**Celtic Twilight 7 : Sacred Spirit			
Chopin : For relaxation			
Classical			
Classical Guitar			
Classical Love : Over 75 minutes of timeless romantic favorites			
Cool Mountain Stream			
Cool Mountain Stream			
Country Hymns			
Deep Still Blue			
Earth Dance			
Earth Scapes			
Effortless Relaxation : Beautiful music plus subliminal suggestions			
Elements : Winter Crystals			
Guided Relaxation : Let go of stress and pressure	Howell, Kelly		
Hypnotherapy			
**Invocation			
Journey into deep Relaxation			
Meditation Classical Relaxation			
Moonlight Piano			
Music for Sound Healing			
National Forests of Utah			
Natural Solitude			
New Age From the Heart : The ultimate collection of ethereal romantic favorites			
Ocean Voyages : Relaxation & Meditation with Music & Nature			
Paradise Blue			
Rain's Musical Massage			
Relaxation : 3 Discs			
Relaxation Body Scan & Guided Imagry for Well-Being	McManus, Carolyn		
**Relaxing Classical : Calming Masterworks performed by String Quartet			
River of Stars			
**Romantic Classics : Melodies for special moments			
Romantic Piano			
Summer Sunset			
Summer Sunset			
The art of nature			
The Deep Woods			
The Emerald Way			
The Healing Garden Relaxation : A serene soundscape to calm mind, body and spirit			
The Rainforest			

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Relaxation</b>			
Together Forever			
Words for Healing : The Power of God's Word for Healing	Bronner, Nathaniel J.		
**Zen and the Art of Relaxation			
<b>Category: Respiratory</b>			
American Academy of Pediatrics guide to your child's allergi breathing easy and bringing up healthy active children	Welch, Michael J. / American Academy of Pediatrics.		
Asthma in children	Time Life		
The asthma sourcebook : everything you need to know	Adams, Francis V.		
The chronic bronchitis and emphysema handbook	Haas, François. / Haas, Sheila Sperber.		
The chronic bronchitis and emphysema handbook	Haas, François. / Haas, Sheila Sperber.		
Control your child's asthma : a breakthrough program for the treatment and management of childhood asthma	Farber, Harold J. / Boyette, Michael.		
COPD : The Struggle to Breathe	Films for the humanities and sciences		
Coping with chronic obstructive pulmonary disease	Shimberg, Elaine Fantle, 1937-		
The encyclopedia of asthma and respiratory disorders (Facts on File library of health and living)	Navarra, Tova.		
Free to Breath, Free to Live	FFH		
Free to breath, Free to live : Respiratory illness	FFH		
Harvard Medical School guide to taking control of asthma, Th a comprehensive prevention and treatment plan for you and your family	Fanta, Christopher H. / Cristiano, Lynda M. / Haver, Kenan E.		
Life and breath : preventing, treating, and reversing chronic obstructive pulmonary disease	Schachter, Neil.		
The lion who had asthma	London, Jonathan, 1947- / Westcott, Nadine Bernard, ill.		
Living with asthma	Milner-Fenwick		
Living with asthma : Valuable information for students, teachers and parents	Aquarius		
Living with chronic sinusitis	Kennedy, David W., 1948-		
Managing your Chronic Obstructive Pulmonary Disease	Milner-Fenwick		
Pneumonia : Diagnosis and Treatment			
Pneumonia : Recovery and Prevention			
**Pulmonary Fibrosis	Films for the humanities and sciences		
Shortness of breath : a guide to better living and breathing	Ries, Andrew L.		
Understanding and managing your allergies : American Academy of otolaryngology-head and neck surgery	Milner-Fenwick		
<b>Category: Seizure disorder</b>			
Epilepsy (American Academy of Neurology (AAN) quality of life guides)	Leppik, Ilo E.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Seizure disorder</b>			
Epilepsy : patient and family guide	Devinsky, Orrin. / Devinsky, Orrin. Guide to understanding and / living with epilepsy.		
Epilepsy and pregnancy : what every woman with epilepsy should know	Chillemi, Stacey. / Vazquez, Blanca.		
Epilepsy and seizures : everything you need to know (Your personal health series)	Weaver, Donald F., 1957-		
The ketogenic diet : a treatment for epilepsy	Freeman, John Mark. / Freeman, Jennifer B. / Kelly, Millicent T.		
Lee, the rabbit with epilepsy (The Special needs collection)	Moss, Deborah M. / Schwartz, Carol, 1954- ill.		
Partial seizure disorders : help for patients and families (Patient-centered guides)	Waltz, Mitzi.		
Taking seizure disorders to school : a story about epilepsy (Special kids in school ; Third book in our)	Gosselin, Kim.		
<b>Category: Skin disorders/dis</b>			
Color atlas and synopsis of clinical dermatology : common and serious diseases	Fitzpatrick, Thomas B. (Thomas Bernard), 1919 / Johnson, Richard Allen, 1940- / Wolff, Klaus, 1935-		
**Coping with psoriasis : a patient's guide to treatment	Cram, David L. (David Lee), 1934-		
The encyclopedia of skin and skin disorders (Facts on File library of health and living)	Turkington, Carol. / Dover, Jeffrey S. / Turkington, Carol. Skin deep.		
Pressure Ulcers	Films for the humanities and sciences		
Psoriasis: A patient's guide	Lowe, Nicholas		
Rosacea : Your Self-Help Guide	Brownstein, Arlen. / Shoemaker, Donna, C.N.		
The scleroderma book : a guide for patients and families	Mayes, Maureen D.		
<b>Category: Sleep Disorders</b>			
The everything dreams book : from fantasies to nightmares, what your dreams mean, how to remember them, and how they a (The everything series)	MacGregor, T. J. / MacGregor, Rob.		
Getting a good night's sleep	Foldvary-Schaefer, Nancy, 1963-		
Good Night with the Sleep Doctor : Better sleep and better health	PBS DVD Video		
Insomnia	Time Life		
Narcolepsy : a funny disorder that's no laughing matter	Utley, Marguerite J.		
Narcolepsy : FFH			
No more sleepless nights	Hauri, Peter. / Linde, Shirley Motter.		
The promise of sleep	Dement, William		
Restless leg syndrome : the RLS rebel's survival guide	Gunzel, Jill.		
Restless nights : understanding snoring and sleep apnea	Lavie, P. (Peretz), 1949-		
Say good night to insomnia	Jacobs, Gregg D.		
Sleep : Sleep disorders...their effects and treatments	Aquarius		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Sleep Disorders</b>			
Sleep Apnea		Films for the humanities and sciences	
Sleep Apnea			
Sleep Apnea : The phantom of the night	Johnson, Scott T. / Broughton, William A.		
Sleep deprivation : Get the sleep you need	Educational Video Network		
Sleep Disorders		Films for the humanities and sciences	
Sleep disorders sourcebook : basic consumer health information about sleep and its disorders including insomnia, sleep (Health reference series)	Swanson, Jenifer.		
The Sleep famine : The effects of sleep deprivation and chronic fatigue	FFH		
Sleep thief, restless legs syndrome	Wilson, Virginia N. / Buchholz, David. / Walters, Arthur S.		
Sleeping well : the sourcebook for sleep and sleep disorders	Thorpy, Michael J. / Yager, Jan, 1948-		
Snoring and Obstructive Sleep Apnea	American Adademy of Otolaryngology		
Snoring and sleep apnea : sleep well, feel better	Pascualy, Ralph A., 1951- / Soest, Sally Warren, 1942-		
**Snoring and sleep apnea : sleep well, feel better	Pascualy, Ralph A., 1951- / Soest, Sally Warren, 1942-		
<b>Category: Smoking</b>			
**American Lung Association 7 steps to a smoke-free life	Fisher, Edwin B., 1946- / Goldfarb, Toni L., 1945- / American Lung Association.		
How to Beat Cigarettes			
no-nag, no-guilt, do-it-your-own-way guide to quit smoking,T	Ferguson, Tom		
Out of the ashes : help for people who have stopped smoking	Holmes, Peter. / Holmes, Peggy.		
Quitting smoking for dummies(r)	Brizer, David.		
**Smoke Signals : Harmful effects of tobacco use	Discovery Channel		
Smokeless tobacco : A wad of trouble	Cambridge Educational		
Smoking	American Heart Association		
Smoking and human physiology	Milner-Fenwick		
**Smoking cessation : Improve your health	Aquarius		
Smoking cigarettes : the unfiltered truth : understanding why and how to quit	Benner, Janet.		
Smoking cigarettes : the unfiltered truth : understanding why and how to quit	Benner, Janet.		
**Smoking: Getting ready to quit	Milner-Fenwick		
Smoking: Getting ready to quit	Milner-Fenwick		
Smoking: The Toxic Truth : What your friends won't tell you about cigarettes	Aquarius		
The stop smoking workbook	Stevic-Rust, Lori. / Maximin, Anita.		
Teen Smoking: Smoke Now, Lung Cancer Later	Educational Video Network		
You Can Stop Smoking : The easy, smoker-friendly way to quit	Rogers, Jacquelyn		

**Category: Spanish resources**



## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
Category: <b>Spanish resources</b>			
Bebes con Sindrome De Down : Guia para padres	Stray-Gundersen, Karen.		
Cocina para diabeticos			
Cocina para diabeticos	Rueda, M.D., Olga		
Cocinando para Latinos con diabetes = Diabetic cooking for Latinos	Fuste, Olga V., 1953- / American Diabetes Association.		
coma y combata la diabetes	Webb, Robyn.		
Como convivir con su artritis	Living with Arthritis		
Comprendiendo la Insulina	Understanding Insulin		
Conceptos claves para el control del azucar en la sangre	Monitoring Diabetes		
Cuidado del Recien Nacido	Caring for Your Newborn, 2nd edition		
Cáncer de la próstata	Prostate Cancer		
Deteccion Temprana del Cancer del Sano: Conozca los Hechos.	Detecting Breast Cancer		
Diabetes Gestacional	Gestational Diabetes		
El Parto: Que Esperar	Labor: What to Expect		
El Virus del Papiloma Humano	HPV		
Esperando a mi bebe	Pregnancy - Expecting Baby		
Fumar: Preparandose papa dejar de fumar	Smoking: Preparing to Quit		
Guiándose por la intrincada senda de la educación especial : una guía para padres y maestros 3. ed.	Anderson, Winifred. / Chitwood, Stephen. / Hayden, Deidre.		
Haga feliz a su bebé-- pero no lo consienta!	Parenting - happy baby		
Introduccion a las Medicaciones para el Parto	Labor Medications - an introduction		
Jovenes, enamorados y en peligro	Abusive relationships in adolescents		
Mamá sana, bebé sano	Pregnancy - healthy mother, healthy baby		
Manejo del Dolor Tres Puritos Basicos	Pain Management		
Manejo del Dolor Tres Puritos Basicos	Pain Management		
New mother's guide to breastfeeding (Spanish)			
New mother's guide to breastfeeding (Spanish) 1st ed.			
Nuestros cuerpos, nuestras vidas	Healthy Lives - Latin women's guide to health		
Orientacion Para Ninos, Adolescentes y Padres (2nd edition)	American Academy of Pediatrics.		
Osteoporosis - Spanish	Osteoporosis - Spanish, 2nd edition		
Que se puede esperar cuando se esta esperando	Pregnancy - What to Expect When You're Expect / Hathaway, Sandee		
Que se puede esperar cuando se esta esperando	Pregnancy - What to Expect When You're Expect		
Qué hacer para la salud de las personas mayores : fácil de leer, fácil de usar	Barnett, Albert E. / Rushton, Nancy. / Mumaw, Lynne.		
Qué hacer para la salud de los adolescentes : fácil de leer, fácil de usar	Mayer, Gloria G. / Kuklierus, Ann.		
Salud!	A Latina's guide to total health		
Su Embarazo Semana a Semana	Your Pregnancy - Week by Week		
Su Embarazo Semana a Semana	Your Pregnancy - Week by Week		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Spanish resources</b>			
Tercer Trimestre: Preparandote Para un Parto Saludable	The Third Trimester: Preparing for Birth		
Una aventura de nueve meses : Fetal Development	Fetal Development - the nine months		
Vivir después de la pérdida	Deits, Bob, 1933-		
<b>Category: STD's and AIDS/HIV</b>			
AIDS in the twenty-first century : disease and globalization	Barnett, Tony. / Whiteside, Alan.		
AIDS Update: The latest facts about HIV and AIDS	Human Relations Media		
Chlamydia	Milner-Fenwick		
Facts about AIDS	Milner-Fenwick		
The first year--HIV : an essential guide for the newly diagnosed (The complete first year series)	Grodeck, Brett.		
HIV/AIDS 101	Discovery Education		
Human Papilloma Virus	Milner-Fenwick		
Living well with HIV and AIDS : Second edition	Gifford, Allen / Lorig, Kate / Laurent, Diana		
Pandemic: Facing AIDS	HBO Production		
Sex, Drugs and HIV	Discovery Education		
Sexually Transmitted Diseases	Milner-Fenwick		
Sexually transmitted diseases : a physician tells you what you need to know (A Johns Hopkins Press health book)	Marr, Lisa.		
Sexually Transmitted Diseases : The Silent Epidemic	Aquarius		
Sexually Transmitted Diseases : The silent epidemic	FFH		
STDs : what you don't know can hurt you (Twenty-first century medical library)	Yancey, Diane.		
Straight Talk : It's Worth Waiting For			
Straight Talk : It's Worth Waiting For			
Women at risk : the HPV epidemic and your cervical health	Henderson, Gregory S. / Yasgur, Batya Swift. / Warshowsky, Allan.		
<b>Category: Stress</b>			
Balancing the Stress of Life	Milner-Fenwick		
Coping with stress	FFH		
Living with Stress	Milner-Fenwick		
Living With Stress - 2nd edition	Milner-Fenwick		
Living with Stress, 2nd edition	Milner-Fenwick		
Meditation & Relaxation : De-stress body & mind	Renssen, Marielle		
The relaxation & stress reduction workbook	Davis, Martha, 1947- / Eshelman, Elizabeth Robbins. / McKay, Matthew.		
The relaxation & stress reduction workbook	Davis, Martha, 1947- / Eshelman, Elizabeth Robbins. / McKay, Matthew.		
The relaxation & stress reduction workbook	Davis, Martha, 1947- / Eshelman, Elizabeth Robbins. / McKay, Matthew.		
Short-Circuiting Stress	Milner-Fenwick		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Stress</b>			
Stress : Impacting the immune system	Aquarius		
Stress & Anxiety	Time Life		
Stress reduction for busy people : finding peace in a chronically anxious world	Groves, Dawn, 1955-		
Stress relief & relaxation techniques (Healing wisdom)	Lazarus, Judith.		
Transforming stress : the HeartMath solution for relieving worry, fatigue, and tension	Childre, Doc Lew, 1945- / Rozman, Deborah.		
When the body says no : understanding the stress-disease connection	Maté, Gabor.		
When the body says no : understanding the stress-disease connection	Maté, Gabor.		
<b>Category: Stroke</b>			
**After a stroke : 300 tips for making life easier	Hutton, Cleo, 1949-		
Brain Attack	Milner-Fenwick		
Brain Attack : Stroke	Discovery Channel		
The complete guide to stroke : National Stroke Association	National Stroke Association		
Coping with aphasia (Coping with aging series)	Lyon, Jon G.		
**Life after stroke : the guide to recovering your health and preventing another stroke (A Johns Hopkins Press health book)	Stein, Joel, M.D. / Silver, J. K. (Julie K.), 1965- / Frates, Elizabeth Pegg, 1967-		
Living with stroke : a guide for families : help and new hope for all those touched	Senelick, Richard C. / Rossi, Peter W. / Dougherty, Karla.		
November days : a love story	Ruth, Bonnie, 1942-		
Stroke	Time Life		
Stroke (American Academy of Neurology Press quality of life guides)	Caplan, Louis R.		
The stroke recovery book : [a guide for patients and families]	Burkman, Kip, 1953-		
The stroke recovery book : [a guide for patients and families]	Burkman, Kip, 1953-		
Stroke-free for life : the complete guide to stroke prevention and treatment	Wiebers, David O.		
Stroke: reducing the risk	Milner-Fenwick		
Treating stroke	FFH		
Treatment of acute ischemic stroke in rural & underserved America : UNMC dept. of neurological sciences grand rounds - 3/16/06	Hess M.D., David C.		
Understanding Stroke (Healthy Mind Healthy Body TV series)			
What is aphasia?	Milner-Fenwick		
<b>Category: Traumatic Brain Inj</b>			
Children with traumatic brain injury : a parent's guide (The special needs collection)	Schoenbrodt, Lisa, 1961-		
Confronting traumatic brain injury : devastation, hope, and healing	Winslade, William J.		
Coping with mild traumatic brain injury	Stoler, Diane Roberts. / Hill, Barbara Albers.		
Head injury : the facts : a guide for families and care-givers (Oxford medical publications)	Gronwall, D. M. A. / Wrightson, Philip. / Waddell, Peter.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Traumatic Brain Inj</b>			
Living with brain injury : A guide for families	Senelick, Richard / Dougherty, Karla		
Living with spinal cord injury : a wellness approach	Cristian, Adrian, 1964-		
<b>Category: Vision</b>			
Age-Related Macular Degeneration : An Essential Guide for the Newly Diagnosed	Roberts, Daniel L.		
All about your eyes	Fekrat, Sharon. / Weizer, Jennifer S.		
Cataracts	Time Life		
Cataracts : a patient's guide to treatment	Chang, David F., 1954- / Gimbel, Howard V., 1934-		
Cataracts: an introduction	Milner-Fenwick		
The eye book : a complete guide to eye disorders and health (A Johns Hopkins Press health book)	Cassel, Gary H., 1953- / Billig, Michael D., 1956- / Randall, Harry G., 1934-		
Lasik : a guide to laser vision correction	Kornmehl, Ernest W., 1959- / Davidorf, Jonathan M., 1965- / Maloney, Robert K., 1958-		
Macular degeneration	Milner-Fenwick		
Macular degeneration : the latest scientific discoveries and treatments for preserving your sight	D'Amato, Robert. / Snyder, Joan R.		
Macular degeneration : the latest scientific discoveries and treatments for preserving your sight	D'Amato, Robert. / Snyder, Joan R.		
Mayo Clinic on vision and eye health	Buettner, Helmut. / Mayo Clinic.		
Overcoming macular degeneration : a guide to seeing beyond the clouds	Solomon, Yale. / Solomon, Jonathan D.		
<b>Category: Women's health</b>			
Abnormal Pap smears : what every woman needs to know	Rushing, Lynda, 1957- / Joste, Nancy, 1955-		
Before the change : taking charge of your perimenopause	Gittleman, Ann Louise.		
Birth Control: Myths and Methods : 4th edition	Milner-Fenwick		
Breast Lumps	Time Life		
Breast self-exam and breast health	Milner-Fenwick		
Coping with endometriosis : sound, compassionate advice for alleviating the physical and emotional symptoms of this f	Phillips, Robert H. / Motta, Glenda.		
Dr. Susan Love's menopause and hormone book : making informed choices	Love, Susan M. / Lindsey, Karen, 1944-		
Dr. Susan Love's menopause and hormone book : making informed choices	Love, Susan M. / Lindsey, Karen, 1944-		
Endometriosis	Milner-Fenwick		
Endometriosis	Time Life		
The endometriosis sourcebook : the definitive guide to current treatment options, the latest research, common myths abou	Ballweg, Mary Lou. / Endometriosis Association.		
Faces of osteoporosis	Davis, Amelia.		
Fibroids : the complete guide to taking charge of your physical, emotional, and sexual well-being	Skilling, Johanna.		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Women's health</b>			
The first year--fibroids : an essential guide for the newly diagnosed	Skilling, Johanna. / Stringer, Nelson H.		
Healing fibroids : a doctor's guide to a natural cure	Warshowsky, Allan. / Oumano, Elena.		
Healthy women, healthy lives : a guide to preventing disease from the landmark Nurses' Health Study	Hankinson, Susan E.		
Hormone replacement therapy	Milner-Fenwick		
Hormone Replacement Therapy			
Hysterectomy : exploring your options (A Johns Hopkins Press health book)	Wallach, Edward E., 1933- / Eisenberg, Esther, 1952-		
Hysterectomy: Before & After : A comprehensive guide to preventing, preparing for, and maximizing health after hysterectomy	Cutler, Winnifred B.		
It's my ovaries, stupid! (The savvy woman's health guide series) Rev. and updated ed.	Vliet, Elizabeth Lee, 1946-		
Living with P.C.O.S. : polycystic ovary syndrome	Best-Boss, Angie. / Sterling, Evelina Weidman, 1970- / Legro, Richard S., 1957-		
Mayo clinic on osteoporosis : [keeping bones healthy and strong and reducing the risk of fracture]	Hodgson, Stephen. / Mayo Clinic.		
Menopause	Milner-Fenwick		
**Menopause : 3rd edition	Milner-Fenwick		
Menopause guidebook : Helping women make informed healthcare decisions through perimenopause and beyond	North American Menopause Society		
Menopause Maze : A simple guide for a complex journey	Vrbicky MD, Keith		
The new Harvard guide to women's health (Harvard University Press reference library)	Carlson, Karen J. / Eisenstat, Stephanie A. / Ziporyn, Terra Diane, 1958-		
The new Harvard guide to women's health (Harvard University Press reference library)	Carlson, Karen J. / Eisenstat, Stephanie A. / Ziporyn, Terra Diane, 1958-		
Osteoporosis	Milner-Fenwick		
Osteoporosis	Time-Life		
Outwitting osteoporosis : the smart woman's guide to bone health	Gates, Ronda. / Whipple, Beverly.		
PCOS : How to Regain Energy, Vitality and Hormone Balance	Vliet, Elizabeth Lee, 1946-		
Premenopause : Balance your hormones and your life from thirty to fifty	Lee, John R., M.D.		
Premenstrual syndrome	Milner-Fenwick		
Reversing osteopenia : the definitive guide to recognizing and treating early bone loss in women of all ages	McIlwain, Harris H. / Bruce, Debra Fulghum, 1951-		
Screaming To Be Heard : Hormone Connections Women Suspect...and Doctors still Ignore	Vliet, Elizabeth Lee, 1946-		
Speaking of women's health			
**Strong Women Live Well			
Strong Women Live Well	PBS DVD Video		

## Items by Category - with Location

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Library Materials by Category

Title	Author	Location	Order
<b>Category: Women's health</b>			
Strong Women Stay Slim	Nelson, Miriam		
Strong Women Stay Young	Nelson, Miriam		
**Strong Women Stay Young	Nelson, Miriam		
Strong Women, Strong Bones	Nelson, Miriam E.		
Strong women, strong bones : everything you need to know to prevent, treat, and beat osteoporosis	Nelson, Miriam E. / Wernick, Sarah.		
The Wisdom of Menopause : Creating Physical and Emotional Health During the Change	Northrup, Christiane.		
Urinary Incontinence in Women			
Uterine Fibroids: What you Should Know	Milner-Fenwick		
The wisdom of menopause : creating physical and emotional health and healing during the change	Northrup, Christiane.		
The woman's guide to hysterectomy : expectations & options	Haas, Adelaide. / Poretz, Susan L.		
Women and health	Goldman, Marlene B. / Hatch, Maureen.		
Women's health : your body, your hormones, your choices	Thacker, Holly.		
Women's health and wellness : an illustrated guide	Anatomical Chart Co.		
Women's health and wellness : an illustrated guide	Anatomical Chart Co.		
Women, weight, and hormones : a weight-loss plan for women over 35	Vliet, Elizabeth Lee, 1946-		
The Yale guide to women's reproductive health : from menarche to menopause	Minkin, Mary Jane. / Wright, Carol V.		

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Faith Regional Health Services in Norfolk, NE - Get directions, phone number, research physicians, and compare hospital ratings for Faith Regional Health Services on Healthgrades. These measures are based on the Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) survey data from the Centers for Medicare and Medicaid Services (CMS). Learn more about patient experience. 71%. Doctors at Faith Regional Health Services-Norfolk. The U.S. News Doctor Finder has compiled extensive information in each doctor's profile, including where he or she was educated and trained, which hospital he or she admits patients to, and in some cases which insurance plans he or she accepts. Dr. Timothy Babbitt MD. Rankings & Ratings at Faith Regional Health Services-Norfolk. To help patients decide where to receive care, U.S. News generates hospital rankings by evaluating data on nearly 5,000 hospitals in 16 adult medical specialties, 9 adult medical procedures or conditions and 10 pediatric specialties. To be nationally ranked in a specialty, a hospital must excel in caring for the sickest, most medically complex patients. Faith Regional Health Services - 2700 W. Norfolk Ave, Norfolk, Nebraska 68701 - Rated 2.6 based on 10 Reviews "The room we were stuck in is deplorable...." Faith Regional strives to create a special environment to meet all our patients' needs, even our smallest ones. <http://frhs.org/our-services/directory/obstetrics>. 23. See All. Posts. Faith Regional Health Services. 21 hrs . Help keep your kids safe by having your child's safety seat checked for free by a trained child passenger safety expert.