The LGSONS Parent Library

The LGSONS Parent Library consists primarily of books and DVDs relating to parenting, child development, nature and the outdoors, cooking projects, and activities to do with your children. Many have been recommended by our teachers or our guest speakers. Our Amazon wishlist is listed at the end of this document. Please don’t hesitate to contact me if you have any questions or comments. Happy Reading!

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Parenting

1, 2, 3 ... the toddler years: a practical guide for parents & caregivers  Segal, Marilyn

Attachment parenting: instinctive care for your baby and young child  Granju, Katie

Becoming the parent you want to be: a source book of strategies for the first five years  Davis, Laura

Boys and girls: superheroes in the doll corner  Paley, Vivian

Children: the challenge  Dreikurs, Rudolf

Continuum concept, the  Liedloff, Jean

Emotional intelligence: 10th anniversary edition: why it can matter more than IQ  Goleman, Daniel

Fatherhood  Cosby, Bill

How much is enough? Everything you need to know to steer clear of overindulgence and raising likeable, responsible and respectful children  Clarke, Jean

How to father  Dodson, Fitzhugh

How to talk so kids will listen & listen so kids will talk  Faber, Adele

In their own way: discovering and encouraging your child’s multiple intelligences  Armstrong, Thomas

Kids can cooperate: a practical guide to teaching problem solving  Crary, Elizabeth

Kids, parents, and power struggles: winning for a lifetime  Kurcinka, Mary Sheedy

Love and anger: the parental dilemma  Samalin, Nancy

Love and logic magic for early childhood: practical parenting from birth to six years  Fay, Jim

Loving each one best: a caring and practical approach to raising siblings  Samalin, Nancy

Loving without spoiling: and 100 other timeless tips for raising terrific kids  Samalin, Nancy

Magic years: understanding and handling the problems of early childhood  Fraiberg, Selma

Measure of a man: becoming the father you wish your father had been, the  Shapiro, Jerrold Lee

Nurture by nature: how to raise happy, healthy, responsible children through the insights of personality type  Tietz, Paul D.

Parenting manual: heart hope for the family  Childre, Doc

Pick up your socks, and other skills growing children need!: a practical guide to raising responsible children  Crary, Elizabeth

Positive discipline: the first three years-laying the foundation for raising a capable, confident child  Nelson, Jane

Positive discipline A-Z, revised and expanded 2nd edition: from toddlers to teens, 1001 solutions to everyday parenting problems  Nelson, Jane

Positive discipline for preschoolers: for their early years-raising children who are responsible, respectful, and resourceful  Nelson, Jane

Raising your spirited child workbook  Kurcinka, Mary Sheedy

Raising your spirited child: a guide for parents whose child is more intense, dense, perceptive, persistent, and energetic  Kurcinka, Mary Sheedy

Siblings without rivalry: how to help your children live together so you can live too  Faber, Adele

Unconditional parenting: moving from rewards and punishment to love and reason  Kohn, Alfie

Whole child/whole parent  Berends, Polly Berrien

Child Development

Bad guys don’t have birthdays: fantasy play at four  Paley, Vivian Gussin

Child’s work: the importance of fantasy play, A  Vivian Gussin

Paley
First three years of life, revised edition, the White, Burton L.

Your child at play two to three years: growing up, language, and the imagination Segal, Marilyn

Your child's growing mind: a guide to learning and brain development from birth to adolescence Healy, Jane

Your child's self-esteem: the key to his life Briggs, Dorothy

Your five-year-old: sunny and serene Ames, Louise Bates

Your four-year-old: wild and wonderful Ames, Louise Bates

Your three-year-old: friend or enemy Ames, Louise Bates

Your two-year-old: terrible or tender Ames, Louise Bates

Families

7 habits of highly effective families: building a beautiful family culture in a turbulent world, the Covey, Stephen F.

Book of new family traditions: how to create great rituals for holidays and everyday, the Cox, Meg

Good divorce: keeping your family together when your marriage comes apart, the Ahrons, Constance

Helping your kids cope with divorce the Sandcastles way Neuman, M. Gary

Preschool years: family strategies that work Galinsky, Ellen

Seven principles for making marriage work: a practical guide from the country's foremost relationship expert Gottman, John M.

Activities, Singing, Reading, Art

Bake, make & do Silicon Valley Councils of Parent Participation Nursery Schools

First art: art experiences for toddlers and twos Kohl, MaryAnn F.

Mudworks: creative clay, dough, and modeling experiences Kohl, MaryAnn F.

Party Time Silicon Valley Councils of Parent Participation Nursery Schools Pamphlet

Preschool art: it's the process, not the product Kohl, MaryAnn F.

Read-aloud handbook, the Trelease, Jim Book

Reading magic: why reading aloud to our children will change their lives forever Fox, Mem

Storytelling and the art of the imagination Mellon, Nancy

Storytelling with children Mellon, Nancy

Things to do with toddlers & twos Miller, Karen

Toddlers and parents: a declaration of independence Brazelton, Terry

You can't say you can't play Paley, Vivian Gussin

Young at art: teaching toddlers self-expression, problem-solving skills, and an appreciation for art Striker, Susan

Food

Cooking on a stick: campfire recipes for kids White, Linda

Feed me, I'm yours Lansky, Vicki

Grandmother conspiracy exposed, the Coffin, Lewis

Kids cookbook: Yum! I eat it Nitty Gritty Publisher

Kids cooking: a very slightly messy manual Klutz Publishing

Kinder krunchies healthy snack recipes for children Jenkins, Karen S.

Learning through cooking

Let's have healthy children Davis, Adele

Look what we made LGSONS 3/4's Class

Making book, the Merina, Sarah

Mother-child cookbook, the

Pretend soup and other real recipes: a cookbook for preschoolers & up Katzen, Mollie

Rachael Ray 365: no repeats: a year of deliciously different dinners Ray, Rachael

Soups & sauces Modern Publishing

William-Sonoma: The kid's cookbook: a great book for kids who love to cook! Dodge, Abigail Johnson

DVs

Basic rules of developmental theories: how growth happens Mah, Ronald

Communication and positive discipline series Keyser, Janis

Developmental appropriate practice and growth: learning the rules of life Mah, Ronald

Developmental theories II: practical applications for you...and yours Mah, Ronald

Just playing is just great: articulating play's importance Mah, Ronald DVD


Parenting with a partner: putting it all together Keyser, Janis DVD

Positive limit setting, Part 3: cooperative problem-solving among children Keyser, Janis DVD

Positive limit setting, Part 3: cooperative problem-solving among children Keyser, Janis DVD

Positive limit setting: Parts 1 & 2 Keyser, Janis DVD

Teaching & sharing values with children. Self-reflection: teaching and parenting Keyser, Janis DVD

Temper tantrums!!! "The one-minute temper tantrum solution!!" Mah, Ronald DVD

Temperament and personality affecting behavior and relationships: What's with this kid? Mah, Ronald DVD

Unconditional parenting: moving from rewards and punishment to
Interested in donating or sharing new items to the Parent Library? Please see our Amazon wishlist for ways to help (or search at Amazon under “Jane Dodge.” The school’s tax ID number is listed in the shipping address for your tax-deductible gift. Thank you!

Library Wishlist: http://www.amazon.com/wishlist/16L4MW472Q43A
Teach Kids How to Evaluate the Problem. Kids who feel overwhelmed or hopeless often won't attempt to address a problem. But, when you give them a clear formula for solving problems, they'll feel more confident in their ability to try. Here are the steps to problem-solving:

1. Identify the problem. Just stating the problem out loud can make a big difference for kids who are feeling stuck. You can also use a problem-solving approach to help your child become more independent. If she forgot to pack her soccer cleats for practice, ask, “What can we do to make sure this doesn't happen again?” Let her try and develop some solutions on her own.