



The LGSONS Parent Library

The LGSONS Parent Library consists primarily of books and DVDs relating to parenting, child development, nature and the outdoors, cooking projects, and activities to do with your children. Many have been recommended by our teachers or our guest speakers. Our Amazon wishlist is listed at the end of this document. Please don't hesitate to contact me if you have any questions or comments. Happy Reading!

Librarian: Tara Sturtevant.3's taraannelizabeth@yahoo.com

Parenting

1, 2, 3 ... the toddler years: a practical guide for parents & caregivers Segal, Marilyn

Attachment parenting : instinctive care for your baby and young child Granju, Katie

Becoming the parent you want to be : a source book of strategies for the first five years Davis, Laura

Boys and girls : superheroes in the doll corner Paley, Vivian

Children : the challenge Dreikurs, Rudolf

Continuum concept, the Liedloff, Jean

Emotional intelligence : 10th anniversary edition : why it can matter more than IQ Goleman, Daniel

Fatherhood Cosby, Bill

How much is enough? Everything you need to know to steer clear of overindulgence and raising likeable, responsible and respectful children Clarke, Jean

How to father Dodson, Fitzhugh

How to talk so kids will listen & listen so kids will talk Faber, Adele

In their own way : discovering and encouraging your child's multiple intelligences Armstrong, Thomas

Kids can cooperate : a practical guide to teaching problem solving Crary, Elizabeth

Kids, parents, and power struggles : winning for a lifetime Kurcinka, Mary Sheedy

Love and anger : the parental dilemma Samalin, Nancy

Love and logic magic for early childhood : practical parenting from birth to six years Fay, Jim

Loving each one best : a caring and practical approach to raising siblings Samalin, Nancy

Loving without spoiling : and 100 other timeless tips for raising terrific kids Samalin, Nancy

Magic years: understanding and handling the problems of early childhood Fraiberg, Selma

Measure of a man: becoming the father you wish your father had been, the Shapiro, Jerrold Lee

Nurture by nature : how to raise happy, healthy, responsible children through the insights of personality type Tieger, Paul D.

Parenting manual : heart hope for the family, A Childre, Doc

Pick up your socks, and other skills growing children need! : a practical guide to raising responsible children Crary, Elizabeth

Positive discipline : the first three years--laying the foundation for

raising a capable, confident child Nelson, Jane

Positive discipline A-Z, revised and expanded 2nd edition: from toddlers to teens, 1001 solutions to everyday parenting problems Nelson, Jane

Positive discipline for preschoolers : for their early years--raising children who are responsible, respectful, and resourceful Nelson, Jane

Raising your spirited child workbook Kurcinka, Mary Sheedy

Raising your spirited child: a guide for parents whose child is more intense, sensitive, perceptive, persistent, and energetic Kurcinka, Mary Sheedy

Siblings without rivalry: how to help your children live together so you can live too Faber, Adele

Unconditional parenting: moving from rewards and punishment to love and reason Kohn, Alfie

Whole child/ whole parent Berends, Polly Berrien

Child Development

Bad guys don't have birthdays: fantasy play at four Paley, Vivian Gussin

Child's work : the importance of fantasy play, A Vivian Gussin Paley

First three years of life, revised edition, the White, Burton L.

Your child at play two to three years : growing up, language, and the imagination Segal, Marilyn

Your child's growing mind : a guide to learning and brain development from birth to adolescence Healy, Jane

Your child's self-esteem : the key to his life Briggs, Dorothy

Your five-year-old : sunny and serene Ames, Louise Bates

Your four-year-old : wild and wonderful Ames, Louise Bates

Your three-year-old : friend or enemy Ames, Louise Bates

Your two-year-old : terrible or tender Ames, Louise Bates

Families

7 habits of highly effective families: building a beautiful family culture in a turbulent world, the Covey, Stephen F.

Book of new family traditions: how to create great rituals for holidays and everyday, the Cox, Meg

Good divorce : keeping your family together when your marriage comes apart, the Ahrons, Constance

Helping your kids cope with divorce the Sandcastles way Neuman, M. Gary

Preschool years: family strategies that work Galinsky, Ellen

Seven principles for making marriage work : a practical guide from the country's foremost relationship expert Gottman, John M.

Activities, Singing, Reading, Art
Bake, make & do Silicon Valley Councils of Parent Participation Nursery Schools

First art : art experiences for toddlers and twos Kohl, MaryAnn F.

Mudworks : creative clay, dough, and modeling experiences Kohl, MaryAnn F.

Party Time Silicon Valley Councils of Parent Participation Nursery Schools Pamphlet

Preschool art : it's the process, not the product Kohl, MaryAnn F.

Read-aloud handbook, the Trelease, Jim Book

Reading magic : why reading aloud to our children will change their lives forever Fox, Mem

Storytelling and the art of the imagination Mellon, Nancy

Storytelling with children Mellon, Nancy

Things to do with toddlers & twos Miller, Karen
Toddlers and parents : a declaration of independence Brazelton, Terry

You can't say you can't play Paley, Vivian Gussin

Young at art : teaching toddlers self-expression, problem-solving skills, and an appreciation for art Striker, Susan

Food

Cooking on a stick : campfire recipes for kids White, Linda

Feed me, I'm yours Lansky, Vicki

Grandmother conspiracy exposed, the Coffin, Lewis

Kids cookbook : Yum! I eat it Nitty Gritty Publisher

Kids cooking : a very slightly messy manual Klutz Publishing

Kinder crunchies healthy snack recipes for children Jenkins, Karen S.

Learning through cooking

Let's have healthy children Davis, Adele

Look what we made LGSONS 3/4's Class

Making book, the Merina, Sarah

Mother-child cookbook, the

Pretend soup and other real recipes : a cookbook for preschoolers & up Katzen, Mollie

Rachael Ray 365 : no repeats : a year of deliciously different dinners Ray, Rachael

Soups & sauces Modern Publishing
William-Sonoma: The kid's cookbook: a great book for kids who love to cook! Dodge, Abigail Johnson

DVDs

Basic rules of developmental theories : how growth happens Mah, Ronald

Communication and positive discipline series Keyser, Janis

Developmental appropriate practice and growth : learning the rules of life Mah, Ronald

Developmental theories II : practical applications for you...and yours Mah, Ronald

Just playing is just great : articulating play's importance Mah, Ronald DVD

Me and You, Kid, Building Self-Esteem in the Adult-Child System, w/ "The 90 Second-A-Day Self-Esteem Prescription Plan" Mah, Ronald DVD

Parenting with a partner : putting it all together Keyser, Janis DVD

Positive limit setting, Part 3 : cooperative problem-solving among children Keyser, Janis DVD

Positive limit setting, Part 3 : cooperative problem-solving among children Keyser, Janis DVD

Positive limit setting: Parts 1 & 2 Keyser, Janis DVD

Teaching & sharing values with children. Self-reflection: teaching and parenting Keyser, Janis DVD

Temper tantrums!!! "The one-minute temper tantrum solution!!!" Mah, Ronald DVD

Temperament and personality affecting behavior and relationships: "What's with this kid?" Mah, Ronald DVD

Unconditional parenting: moving from rewards and punishment to

love and reason Kohn, Alfie
DVD

*Understanding children,
understanding behavior for more
effective discipline* Mah, Ronald
DVD

Miscellaneous

Children & their mothers Reich,
Hanss

*Do they ever grow up? The terrible
twos and beyond : 101 cartoons*
Johnston, Lynn

Family first aid Packard
Children's Hospital

*Family resource directory :
guidebook for kids (& parents) in
San Jose* Silicon Valley Charity
Ball, sponsor Pamphlet

Flight of the stork Bernstein,
Anna

*It's my body (children's safety &
abuse prevention)* Freeman,

*Lice-buster book: what to do when
your child comes home with lice, the*
Copeland, Lennie

Love you forever Munsch, Robert

*Other parent: the inside story of the
media's effect on our children, the*
Steyer, James P.

*Protecting the gift : keeping children
and teenagers safe (and parents
sane)* De Becker, Gavin

*Schools our children deserve :
moving beyond traditional
classrooms and "tougher
standards", the* Kohn, Alfie

*Toilet learning: the picture book
technique for children & parents*
Mack, Alison

*Youth guide to volunteer service
opportunities* Pamphlet

Nature, Outdoors, & Travel *Fun
with the family in Northern
California : hundreds of ideas for
day trips with the kids* Misuraca,
Karen

*Kid's gardening : a kid's guide to
messing around in the dirt* Klutz

*Kids in the wild : a family guide to
outdoor recreation* Ross, Cindy

*May I keep this clam, Mother? It
followed me home : the care and
feeding of wild pets* Rood,
Ronald

*Peninsula tales and trails:
commemorating the thirtieth
anniversary of the midpeninsula
Regional Open Space District*
Weintraub, David

*Roots, shoots, buckets & boots :
gardening together with children*
Lovejoy, Sharon

*Santa Cruz mountains trail book:
San Francisco to Santa Cruz, the*
Taber, Tom

*South bay trails: outdoor
adventures in & around Santa
Clara Valley : from the Diablo range
to the Pacific Ocean* Rusmore,
Jean

*Trouble-free travel with children :
helpful hints for parents on the go*
Lansky, Vicki

Missing Books – Have you seen
these?

*Childhood stress : how to build a
powerful child* Mah, Ronald
DVD

*Cooperative problem solving, part 2
: building siblings relationships*
Keyser, Janis DVD

Hurried child, the Elkind, David

Teaching your children values
Eyre, Richard

*Understanding children's
challenging behavior, part 1: the
good idea behind every challenging
behavior; and Part 2: four other
reasons behind children's
challenging behavior* Keyser,
Janis DVD

*Understanding children's feelings :
helping children with their fears*
Keyser, Janis DVD

Wonder of boys, the Gurian,
Michael Book

What is music for young children?
Jones, Betty

*Victims, abusers/bullies, &
survivors: the dynamics of self-
esteem in aggression and/or
violence* Mah, Ronald DVD

Listening to children : playlistening
Wipfler, Patty

Interested in donating or sharing new items to the Parent Library? Please see our Amazon wishlist for ways to help (or search at Amazon under "Jane Dodge." The school's tax ID number is listed in the shipping address for your tax-deductible gift. Thank you!

Library Wishlist: <http://www.amazon.com/wishlist/16LAMW472Q43A>

Teach Kids How to Evaluate the Problem. Kids who feel overwhelmed or hopeless often won't attempt to address a problem. But, when you give them a clear formula for solving problems, they'll feel more confident in their ability to try. Here are the steps to problem-solving: Identify the problem. Just stating the problem out loud can make a big difference for kids who are feeling stuck. You can also use a problem-solving approach to help your child become more independent. If she forgot to pack her soccer cleats for practice, ask, "What can we do to make sure this doesn't happen again?" Let her try and develop some solutions on her own.